



## QUALIFICATION PACK - OCCUPATIONAL STANDARDS FOR HEALTH CARE

## What are Occupational Standards(OS)?

- OS describe what individuals need to do, know and understand in order to carry out a particular job role or function
- OS are performance standards that individuals must achieve when carrying out functions in the workplace, together with specifications of the underpinning knowledge and understanding

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## Introduction

## **Qualification Pack- General Duty Assistant**

**SECTOR/S:** HEALTHCARE

**SUB-SECTOR:** Allied Health & Paramedics

**OCCUPATION:** Non-Direct Care

**REFERENCE ID:** HSS/Q5101

**ALIGNED TO:** NCO-2015/5329.0101

**Brief Job Description:** Individuals in this job provide patient care and assist in preparing patient's unit. Some of the key responsibilities of a General Duty Assistant are to provide personal care, comfort and assistance in fulfilling the nutritional and

elimination needs of the patient while ensuring their safety

**Personal Attributes:** The job requires the candidate to be empathetic, mature, compassionate, patient centric. The candidate must be polite and should show respect to the patients belonging to diverse cultural backgrounds. The individual should have good communication and interpersonal skills.





Job Details

Qualifications Pack Code		HSS/Q5101	
Job Role	General Duty Assistant		
Credits	TBD	Version number	2.0
Sector	Healthcare	Drafted on	12/05/2013
Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024
NSQC Clearance on	NA		

Job Role	General Duty Assistant	
Role Description	Individuals in this job provide patient care and assist in preparing patient's unit. Some of the key responsibilities of a General Duty Assistant are to provide personal care, comfort and assistance in fulfilling the nutritional and elimination needs of the patient while ensuring their safety	
NSQF Level	4	
Minimum Educational Qualifications	10 <sup>th</sup> Pass	
Maximum Educational Qualifications	Not Applicable	
Prerequisite License or Training	Not Applicable	
Minimum Job Entry Age	18 Years	
Experience	Not Applicable	
Applicable National Occupational Standards (NOS)	<ol> <li>Compulsory:         <ol> <li>HSS/N5133: Assist patient in bathing, dressing up and grooming</li> <li>HSS/N5104: Support individuals to eat and drink</li> <li>HSS/N5105: Assist the patient in maintaining normal elimination</li> <li>HSS/N5134: Transferring patients and their samples, drugs, documents within the hospital</li> <li>HSS/N5135: Provide support in routine activities of inpatient department</li> <li>HSS/N5115: Carry out last office (death care)</li> <li>HSS/N9617: Maintain a safe, healthy and secure working environment</li> </ol> </li> <li>HSS/N9618: Follow infection control policies &amp; procedures including biomedical waste disposal protocols</li> </ol>	
Performance Criteria	As described in the relevant OS units	





Keywords/ Terms	Description
Sector	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/ related set of functions in an industry.
Job role	Job role defines a unique set of functions that together form a unique employment opportunity in an organisation.
Occupational Standards (OS)	OS specify the standards of performance an individual must achieve when carrying out a function in the workplace, together with the knowledge and understanding they need to meet that standard consistently. Occupational Standards are applicable both in the Indian and global contexts.
Performance Criteria	Performance criteria are statements that together specify the standard of performance required when carrying out a task.
National Occupational Standards (NOS)	NOS are occupational standards which apply uniquely in the Indian context.
Qualifications Pack (QP)	QP comprises the set of OSs, together with the educational, training and other criteria required to perform a job role. A QP is assigned a unique qualifications pack code.
Electives	Electives are NOS/set of NOS that are identified by the sector as contributive to specialization in a job role. There may be multiple electives within a QP for each specialized job role. Trainees must select at least one elective for the successful completion of a QP with Electives.
Options	Options are NOS/set of NOS that are identified by the sector as additional skills. There may be multiple options within a QP. It is not mandatory to select any of the options to complete a QP with Options.
Unit Code	Unit code is a unique identifier for an Occupational Standard, which is denoted by an 'N'
Unit Title	Unit title gives a clear overall statement about what the incumbent should be able to do.
Description	Description gives a short summary of the unit content. This would be helpful to anyone searching on a database to verify that this is the appropriate OS they are looking for.
Scope	Scope is a set of statements specifying the range of variables that an individual may have to deal with in carrying out the function which have a critical impact on quality of performance required.
Knowledge and Understanding	Knowledge and understanding are statements which together specify the technical, generic, professional and organizational specific knowledge that an individual need to perform to the required standard.
Organisational Context	Organisational context includes the way the organisation is structured and how it operates, including the extent of operative knowledge managers have of their relevant areas of responsibility.
Technical Knowledge	Technical knowledge is the specific knowledge needed to accomplish specific designated responsibilities.







Acronyms

Core Skills/Generic Skills	Core skills or generic skills are a group of skills that are the key to learning a working in today's world. These skills are typically needed in any we environment in today's world. In the context of the OS, these inclu communication related skills that are applicable to most job roles.		
Keywords/ Terms	Description		
HIV	Human Immunodeficiency Virus		
MLC	Medico Legal Case		
MTP Medical Termination of Pregnancy			
NOS	National Occupational Standard(S)		
OS	Occupational Standard(S)		
QP	Qualification Pack		



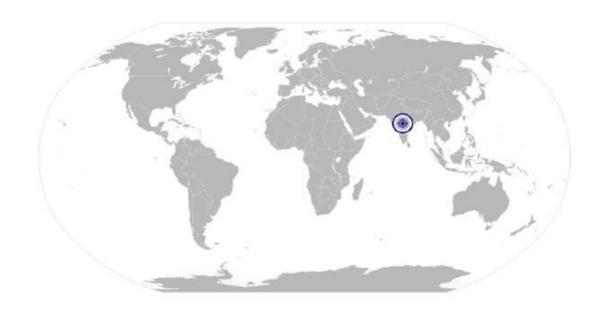




Assist patient in bathing, dressing up and grooming

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## National Occupational Standard



## **Overview**

This OS unit is about assisting the patient in bathing, dressing up and grooming to cleanse the patient's body, stimulate blood circulation and improve self-image.







## Assist patient in bathing, dressing up and grooming

Unit Code	HSS/N5133		
Unit Title	Assist patient in bathing, dressing up and grooming		
(Task)			
Description	This OS unit is about assisting the patient in bathing, dressing up and		
	grooming to cleanse the patient's body, stimulate blood circulation and improve self-image.		
Scope			
Зсоре	This unit/ task covers the following:  • Maintain patient's privacy		
	Assist the patient in bathing		
	Assist the patient in dressing up		
	Assist the patient in grooming		
Performance Criteria (P	C) w.r.t. the Scope		
Element	Performance Criteria		
Maintain patient's	To be competent, the user/individual on the job must be able to:		
privacy	PC1. ensure patient's privacy using various means like screens, curtains,		
	locking the door, etc.		
	PC2. drape the patient once the procedures (such as back care, dressing up,		
	perineal care) are completed		
Assist the patient in	PC3. identify the type of bath that is best suited as per the guidelines,		
bathing	based on the patient's condition and comfort.		
	PC4. dry patient's skin with a towel and offer back rub after bathing or at		
	bed time to stimulate circulation while ensuring patient's safety		
	PC5. clean and store bathing articles (like tub, shower, chair, sponge tray,		
	bucket, etc.) before and after each use		
	PC6. check the water temperature before patient checks in for bathing		
	PC7. clean the body part starting from the cleanest to the dirtiest region		
	while performing various procedures such as perineal care, eye care or		
	when bathing a patient with skin lesions and rashes		
	PC8. report to the concerned authority about any unusual observation such		
	as cyanosis, rashes, broken, dry, reddened or bruised skin, abnormal		
	body temperature, bleeding, tenderness etc		
Assist the patient in	PC9. use standard procedure and protocols for dressing-up a patient		
dressing up	PC10. select appropriate clothing for patient keeping in mind the gender,		
	age, preferences of the patient, size, weather and		
	hospitals/procedural protocols		
	PC11. ensure clothes and the footwear fit the patient correctly		
	PC12. ensure the clothing is fastened with elastic fasteners		
	PC13. remove all the accessories like belts, jewellery and scarfs and hand		
	over to the patient's family with proper documentation		







## Assist patient in bathing, dressing up and grooming

Assist the patient in grooming	<ul> <li>PC14. follow standard procedure and protocols in providing oral care, hair care and nail care keeping patient's comfort and condition in mind</li> <li>PC15. perform care activities cautiously to avoid injuries to the skin and membranes</li> <li>PC16. store dentures as per latest guidelines/manufacturer's recommendations with patient's identification details to avoid confusion</li> <li>PC17. do part preparation for operative procedure under guidance as per directives from concerned authority</li> <li>PC18. report unusual findings to the concerned authority</li> <li>PC19. encourage patient to do as much as possible to promote independence in carrying out activities of daily living</li> </ul>	
Knowledge and Unders		
A. Organizational Context (Knowledge of the company / organization and its processes)	The user/individual on the job needs to know and understand:  KA1. important relevant protocols, good practices, standards, policies and procedures  KA2. basic structure and function of the healthcare system in the country  KA3. basic structure and function of healthcare facilities available at various levels, hospice care, clinics  KA4. the nature, aims, objectives, values, policies and systems of the organization  KA5. how to engage with medical team or concerned authority for support in	
B. Technical Knowledge	Case of requirement  The user/individual on the job needs to know and understand:  KB1. how to assist patients during complete bed bath, partial bed bath or tub bath  KB2. how to give a back rub to the patient  KB3. how to clean dentures and store them  KB4. how to perform oral care in unconscious patients or patients with altered sensorium  KB5. how to prepare patient for hair care  KB6. how to prepare patient before cutting the nails  KB7. how to prepare patient before providing oral care  KB8. how to dress and undress patient without causing discomfort  KB9. dressing procedure to prevent spread of infection  KB10. appropriate clothing depending upon the patient's condition and the general environment  KB11. how to manage additional equipment like catheter or IV lines (intravenous) while performing the dressing task	
Skills (S)		
A. Core Skills / Writing Skills		
Generic Skill	The user/ individual on the job needs to know and understand how to:	







## Assist patient in bathing, dressing up and grooming

SA1. use effective written communication protocols				
	Reading Skills			
	The user/ individual on the job needs to know and understand how to:			
	SA2. read and correctly interpret work related documents			
	Oral Communication (Listening and Speaking Skills)			
	The user/individual on the job needs to know and understand how to:			
	SA3. use effective communication with colleagues and other health			
	professionals			
B. Professional Skills	Decision Making			
	The user/individual on the job needs to know and understand how to:			
	Not Applicable			
	Plan and Organize			
	The user/individual on the job needs to know and understand how to:			
	SB1. develop specific goals and plans to prioritize, organize, and accomplish			
	work			
	Customer Centricity			
	The user/individual on the job needs to know and understand:			
	SB2. ensure that all activities of patient care are performed keeping in			
	consideration the patient's health benefits			
	Problem Solving			
	The user/individual on the job needs to:			
	SB3. how to seek the help of nurse for solving the problem if there is an			
	unusual finding			
	Analytical Thinking			
	The user/individual on the job needs to know and understand how to:			
	SB4. use the existing experience for improving the comfort during process			
	Critical Thinking			
	The user/individual on the job needs to know and understand how to:			
	Not Applicable			



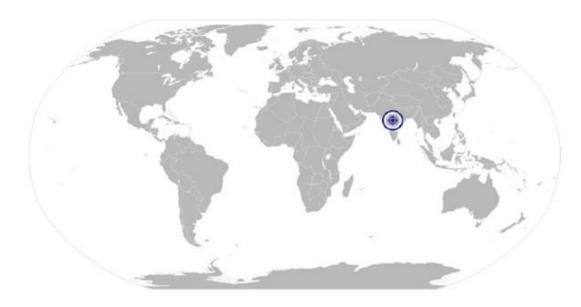




## Assist patient in bathing, dressing up and grooming

## **NOS Version Control**

NOS Code	HSS/N5133		
Credits	TBD	Version number	1.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









Support individuals to eat and drink

# National Occupational Standard



## **Overview**

This OS unit is about assisting the patient in maintaining overall nutrition for physical and mental wellbeing, increasing energy levels, enhancing immunity and hastening the healing process.







## HSS/N5104 Support individuals to eat and drink

Unit Code	HSS/N5104		
Unit Title	Support individuals to eat and drink		
(Task)			
Description	This OS unit is about assisting the patient in maintaining overall nutrition for physical and mental wellbeing, increasing energy levels, enhancing immunity and hastening the healing process.		
Scope	This unit/ task covers the following:		
	<ul> <li>Provide adequate support to the patient during drinking and eating</li> </ul>		
Performance Criteria (P	C) w.r.t. the Scope		
Element	Performance Criteria		
Provide adequate	To be competent, the user/individual on the job must be able to:		
support to the patient	PC1. wash one's hands and the patient to maintain hygiene and to prevent		
during drinking and	spread of infections		
eating	PC2. make the patient comfortable and encourage them to eat and drink		
	independently as much as possible		
	PC3. use appropriate cutlery while feeding the patient, keeping in view the		
	food temperature		
	PC4. ensure the food provided is according to the dietary prescription of the		
	attending physician or dietician		
	PC5. assist the patient in the event of symptoms of distress like coughing and regurgitation while feeding and drinking and report accordingly		
	PC6. assist the patient to maintain elimination needs and oral care prior to		
	feeding		
	PC7. wipe the patients' hands and mouth and clean their dress after the procedure		
	PC8. maintain self-cleanliness and hygiene after feeding		
	PC9. provide water or liquid diet to the patient according to the prescribed instruction		
	PC10. ensure that the patient is upright or in high Fowler's position during eating and drinking in order to prevent aspiration		
	PC11. report dehydration as evidenced by dry skin and take proper steps for		
	fluid replenishment under guidance		
	PC12. measure the details of the intake and record them appropriately		
Knowledge and Unders			
A. Organizational	The user/individual on the job needs to know and understand:		
Context			







HSS/N5104		Support individuals to eat and drink		
	(Knowledge of the	KA1. important relevant protocols, good practices, standards, policies		
	company /	procedures		
	organization and	KA2. basic structure and function of the healthcare system in the country		
	processes)	KA3. basic structure and function of healthcare facilities available at various		
		levels, hospice care, clinics		
		KA4. how to work with individuals to promote physical approaches to optimize		
		health, well-being and illness prevention, through the delivery of high- quality, innovative services		
		KA5. the nature, aims, objectives, values, policies and systems of the		
		organization		
		KA6. how to engage with medical team or concerned authority for support in		
		case of requirement		
В.	Technical	The user/individual on the job needs to know and understand:		
	Knowledge	KB1. basic structure and function of the body system and associated		
	_	component		
		KB2. the importance of balanced and healthy diet as prescribed by the		
		physician/ dietician		
		KB3. appropriate diet for different medical conditions		
		KB4. symptoms like choking or uneasiness while feeding KB5. how to differentiate between types of diet including solid, semi-solid and		
		liquid		
		KB6. body regulation mechanisms including maintenance of body temperature,		
		fluid & electrolyte balance, elimination of body wastes, maintenance of		
		blood pressure		
		KB7. measures for protection from infection		
Ski	lls (S)			
Α.	Core Skills /	Writing Skills		
	Generic Skills	The user/ individual on the job needs to know and understand how to:		
		SA1. use effective written communication protocols		
		Reading Skills		
		The user/ individual on the job needs to know and understand how to:		
		SA2. read and correctly interpret work related documents		
		, '		
		Oral Communication (Listening and Speaking Skills)		
	The user/individual on the job needs to know and understand how to			
		SA3. use effective communication with colleagues and other health		
		professionals		
В.	Professional Skills	Decision Making		
		The user/individual on the job needs to know and understand how to:		
		Not Applicable		
Plan and Organize				
		The user/individual on the job needs to know and understand how to:		
		The doct, marriadar on the job needs to know and anderstand now to.		







## HSS/N5104 Support individuals to eat and drink

- SB1. arrange the file management area for easy access and efficiency
- SB2. develop specific goals and plans to prioritize, organize, and accomplish work

### **Customer Centricity**

The user/individual on the job needs to know and understand how to:

SB3. ensure that all activities of patient care are performed keeping in consideration the patient's health benefits

#### **Problem Solving**

The user/individual on the job needs to know and understand how to:

SB4. seek the help of nurse for solving the problem if there is an unusual finding

### **Analytical Thinking**

The user/individual on the job needs to know and understand how to:

SB5. use the existing experience for improving the comfort during the process

#### **Critical Thinking**

The user/individual on the job needs to know and understand how to:

Not Applicable



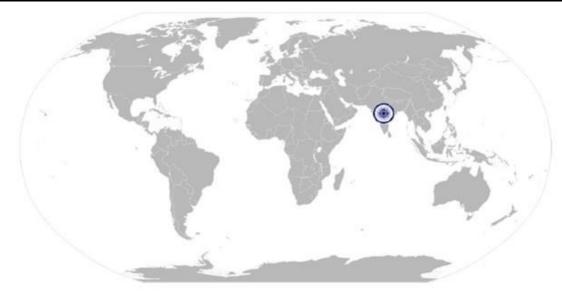




## Support individuals to eat and drink

## **NOS Version Control**

NOS Code	HSS/N5104		
Credits	TBD	Version number	2.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









Assist the patient in maintaining normal elimination

# National Occupational Standard



## **Overview**

This OS unit is about assisting the patient in urination and defecation and maintaining hygiene during the process.







HSS/N5105 Assist the patient in maintaining normal elimination			
Unit Code HSS/N5105			
Unit Title	Assist the patient in maintaining normal elimination		
(Task)			
Description	This OS unit is about assisting the patient in urination and defecation and		
	maintaining hygiene during the process.		
Scope	This unit/task covers the following:		
	Support the patient during elimination needs		
Performance Criteria (	PC) w.r.t. the Scope		
Element	Performance Criteria		
Support the patient	To be competent, the user/ individual on the job must be able to:		
during elimination	PC1. respond promptly to patients' elimination needs as per		
needs	hospitals/procedural protocols		
	PC2. assist a mobile patient in going to the toilet and provide support like		
	giving toilet paper if required or stabilize the commode		
	PC3. wash the patient's and one's hands to prevent infection		
	PC4. ensure hygiene and cleanliness of patient and surroundings		
	especially in the event of spillage		
	PC5. use bed pan, urinal, uro-bag and other elimination equipment as per		
	procedures and guidelines based on patient's comfort and condition		
	PC6. empty the uro bag frequently as per standard procedures and record		
	the output under supervision		
	PC7. clean and disinfect the equipment after use		
	PC8. record changes in color or texture of the faeces and report unusual		
	findings immediately		
	PC9. measure output and record them		
Knowledge and Under	standing (K)		
A. Organizational	The user/ individual on the job needs to know and understand:		
Context	KA1. important relevant protocols, good practices, standards, policies and		
(Knowledge of the	procedures		
company /	KA2. basic structure and function of the healthcare system in the country		
organization and	KA3. basic structure and function of healthcare facilities available at various		
its processes)	levels, hospice care, clinics		
·	KA4. the nature, aims, objectives, values, policies and systems of the		
	organization		
	KA5. how to engage with medical team or concerned authority for support in		
	case of requirement		
B. Technical	The user/ individual on the job needs to know and understand:		
Knowledge	the aser, marriadar on the job needs to know and anderstand.		
Kilowicuge	KB1. how to assist immobile patient in using a bed pan		
	·		
	KB2. how to assist a mobile patient to use the commode		







HSS/N5105	Assist the patient in maintaining normal elimination			
	KB3. how to check for kinks and obstruction in an indwelling catheter			
	KB4. the process of cleaning and wiping the patient after elimination to			
	prevent infections			
	KB5. how to identify change in colour, odour or texture of the faeces			
	KB6. basic structure and function of the body system			
	KB7. process, condition & resources required by the body to support healthy			
	functioning			
	KB8. common medical terminologies and abbreviations used			
Skills (S)				
A. Core Skills /	Writing Skills			
Generic Skills	The user/ individual on the job needs to know and understand how to:			
	SA1. use effective written communication protocols where necessary			
	Reading Skills			
	The user/ individual on the job needs to know and understand how to:			
	SA2. read and correctly interpret work related documents			
	Oral Communication (Listening and Speaking Skills)			
	The user/individual on the job needs to know and understand how to:			
	SA3. use effective communication with colleagues and other health			
	professionals while maintaining a professional attitude			
	SA4. listen to colleagues and other health professionals			
	SA5. communicate with the concerned person if the information provided or			
	the medical records are not complete			
B. Professional Skills	Decision Making			
	The user/ individual on the job needs to know and understand how to:			
	Not Applicable			
	Plan and Organize			
	The user/individual on the job needs to know and understand how to:			
	SB1. plan the activity and organize the same with other team members if they			
	are needed			
	Customer Centricity			
	The user/ individual on the job needs to know and understand how to:			
	SB2. ensure that all patient's care activities are performed keeping in			
	consideration the patient's comfort and willingness			
	Problem Solving			
	The user/ individual on the job needs to know and understand how to:			
	SB3. communicate patient's concerns to appropriate authority			
	Analytical Thinking			
	The user/individual on the job needs to know and understand how to:			







HSS/N5105	Assist the patient in maintaining normal elimination
	Critical Thinking
	The user/individual on the job needs to know and understand how to:
	Not Applicable









## Assist the patient in maintaining normal elimination

## **NOS Version Control**

NOS Code	HSS/N5105		
Credits	TBD	Version number	2.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024







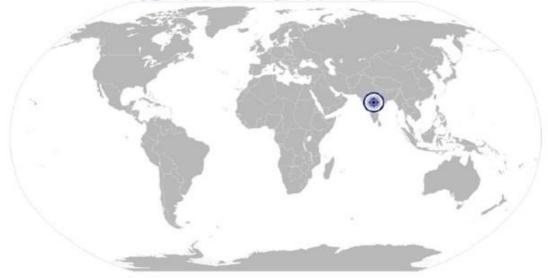


HSS/N5134: hospital

Transferring patients and their samples, drugs, documents within the

## hospital

# National Occupational Standard



## **Overview**

This unit is about transferring a patient using proper body mechanics and mobility equipment. This unit also entails transferring patient samples, drugs, patient documentation (patient files, discharge summary etc.) within the hospital.







## HSS/N5134: Transferring patients and their samples, drugs, documents within the hospital

_	hospital			
	Unit Code HSS/N5134			
Unit Titl	e	Transferring patients and their samples, drugs, documents within the		
(Task)		hospital		
Descript	tion	This unit is about transferring a patient using proper body mechanics and mobility equipment. This unit also entails transferring patient samples, drugs, patient documentation (patient files, discharge summary etc.) within the hospital.		
Scope		This unit/task covers the following:		
		<ul> <li>Transfer the patient</li> <li>Transfer patient's paraphernalia such as samples, drugs and documents within hospital</li> </ul>		
Perform	iance Criteria (P	C) w.r.t. the Scope		
Elemen	it	Performance Criteria		
Transfer	r the patient	To be competent, the user/individual on the job must be able to:		
paraphe such as drugs ar docume hospital	samples, nd ents within	PC1. check patient's medical condition before transfer and estimate if additional help is required based on his/her weight and ability  PC2. ensure that the correct patient is being transferred  PC3. ensure the patient has comfortable clothing during transfer process  PC4. maintain patient's privacy during the transfer process  PC5. use the correct equipment and techniques for transferring the patients to avoid falls or injuries  PC6. use proper body mechanics for transferring the patient  PC7. ensure that tubings attached to patient are intact while transferring  PC8. hand over the patient's documents, samples and drugs to the concerned authority carefully  PC9. check if patient's identity on the document and samples are coherent		
Knowled	dge and Unders	tanding (K)		
Con (Kno com orga	anizational text owledge of the apany / anization and processes)	<ul> <li>The user/individual on the job needs to know and understand:</li> <li>KA1. how to and whom to inform in case of observing something which is clinically important</li> <li>KA2. relevant protocols, good practices, standards, policies and procedures</li> <li>KA3. basic structure and function of the healthcare system in the country</li> <li>KA4. basic structure and function of healthcare facilities available at various levels, hospice care, clinics</li> <li>KA5. professional standards and codes of practice for the area of work</li> <li>KA6. how to balance responsibilities as a professional with organizational and contractual requirements</li> </ul>		







HSS/N5134: Transferring patients and their samples, drugs, documents within the hospital

hospital			
	KA7. the nature, aims, objectives, values, policies and systems of the organization		
	KA8. relevant legislation, standards, policies, procedure, human rights perspective for patients		
	KA9. how to engage with medical team or concerned authority for support in		
	case of requirement		
B. Technical	The user/individual on the job needs to know and understand:		
Knowledge	KB1. follow relevant protocols, good practices, standards, policies and procedures while transferring the patient		
	KB2. use equipment and techniques correctly to avoid injury or inconvenience to the patient		
	KB3. how to use the equipment like wheelchairs and stretchers		
	KB4. how to maneuver smaller equipment like catheters while transferring the patient		
	KB5. how to use body mechanics while transferring the patient to prevent		
	injury or fall		
	KB6. how to determine patients' general medical condition before mobility		
	KB7. use of correct equipment and how to follow proper procedures		
	KB8. how and when to use the brakes on the transferring equipment during		
	the transfer process		
	KB9. ensure that all the required equipment is available for transfer		
	(B10. how to assess the patient's size and understand if one needs help to transfer the patient safely		
	KB11. how to protect special attachments like drainage tubings, catheters during transfer		
	KB12. how to move the patient/equipment on ramps, slopes, ladder, lift, rough surfaces, etc.		
	KB13. how to handover the document and drugs and receive the acknowledgment		
	KB14. the hazards and risks associated with handling medical samples,		
	precautions to be taken and appropriate handling and reporting in case of emergency.		
	KB15. basic structure and function of the body system		
	KB16. process, condition & resources required by the body to support healthy functioning		
	KB17. how to communicate with the patient and count till three so that the patient knows when to move		
	KB18. significance of asking the patient if he is comfortable during the		
	transferring process.		
	KB19. when to check and make request for assistance if required		
	KB20. how to assist the patient in moving from the bed to the		
	stretcher/wheelchair or vice versa by using correct body mechanics		
	KB21. how to check all equipment before moving the patient and ensure safety		
	of additional equipment like catheter while moving the patient		
	KB22. when to set brakes at destination only to prevent falls and injuries		







HSS/N5134: Transferring patients and their samples, drugs, documents within the hospital

hospita	nospital				
		KB23. the location where the patient needs to be transferred to			
Skills (S	5)				
A. Coi	re Skills /	Writing Skills			
Ge	neric Skills	The user/ individual on the job needs to know and understand how to:			
		SA1. record when and where the patient is being moved as per the protocols			
		Reading Skills			
		The user/individual on the job needs to: SA2. read and correctly interpret work related documents			
		Oral Communication (Listening and Speaking Skills)			
		The user/individual on the job needs to know and understand how to:  SA3. use effective communication with colleagues and other health professionals			
A. Pro	ofessional Skills	Decision Making			
		The user/individual on the job needs to know and understand how to:			
		Not Applicable			
		Plan and Organize			
		The user/individual on the job needs to know and understand how to:			
		SB5. develop specific goals and plans to prioritize, organize, and accomplish work			
		Customer Centricity			
		The user/individual on the job needs to know and understand:			
		SB6. ensure that all activities of patient care are performed keeping in			
		consideration the patient's health benefits			
		Problem Solving			
		The user/individual on the job needs to:			
		SB7. how to seek the help of nurse for solving the problem if there is an			
		unusual finding			
		Analytical Thinking			
		The user/individual on the job needs to know and understand how to:			
		SB8. use the existing experience for improving the comfort during proce			
		Critical Thinking			
The user/individual on the job needs to know and understand how t					
		Not Applicable			
		Not Applicable			



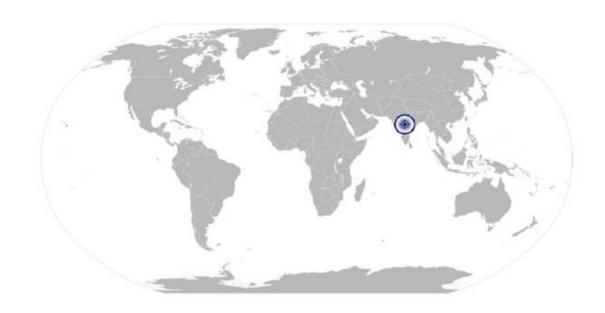




HSS/N5134: Transferring patients and their samples, drugs, documents within the hospital

## **NOS Version Control**

NOS Code	HSS/N5134		
Credits	TBD	Version number	1.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









HSS/N5135 Provide support in routine activities of in-patient department

# National Occupational Standard



## **Overview**

This OS unit is about assisting the nurse in making observations and reporting changes in patient's condition; taking appropriate measurements and cleaning basic clinical equipment, changing/transferring/managing laundry/linen on the floor.







## HSS/N5135 Provide support in routine activities of in-patient department

Unit Code	HSS/N5135			
Unit Title	Provide support in routine activities of in-patient department			
(Task)	Provide support in routine activities of in-patient department			
Description	This OS unit is about assisting the nurse in making observations and reporting changes			
	in patient's condition; taking appropriate measurements and cleaning basic clinical			
	equipment, changing/ transferring/ managing laundry/ linen on the floor.			
Scope	This unit/task covers the following:			
	respond to call promptly      shown a and report showness in patient/a quarell condition			
	observe and report changes in patient's overall condition     support the healthcare team in measurement of patient's parameters.			
	<ul> <li>support the healthcare team in measurement of patient's parameters</li> <li>decontaminate commonly used basic patient care equipment</li> </ul>			
	manage changing and transporting laundry/ linen on the floor			
Performance Criteria (				
(	, , , , , , , , , , , , , , , , , , , ,			
Element	Performance Criteria			
respond to call	To be competent, the user/individual on the job must be able to:			
promptly				
	PC1. respond to call bell and identify if the call is for a medical need or a non-			
	medical need and communicate it to the nurse accordingly and appropriately			
	PC2. meet patient's needs whenever required, courteously and sensitively			
	PC3. observe and ensure the call bell is turned off after the purpose is served			
	PC4. survey the patients' surrounding and take appropriate action like checking if			
	drinking water is available in the room.			
Observe and report	PC5. report color changes like bluish or yellowish discoloration of the skin			
changes in patient's	PC6. report changes in odour or consistency of urine and stools			
overall condition	PC7. communicate the observations in an appropriate language			
	PC8. differentiate between immediate and routine reporting requirements			
support the	PC9. assist the nurse in measuring patient's height and weight using different			
healthcare team in	types of scales including manual and digital			
measurement of	PC10. ensure that patient is comfortable and positioned correctly while taking			
patient's parameters	measurements PC11. ensure patient's safety to prevent a fall or an injury			
Decontaminate	PC12. identify best method of decontamination and assemble required material for			
commonly used basic				
patient care	PC13. follow standard operating procedures for decontamination as per manufacturer's instructions/ organizational policies			
equipment	PC14. handle equipment safely or seek the help of nurse while decontamination			
	PC15. use appropriate protective clothing and equipment while decontamination			
	PC16. report to concerned authority about the equipment that are unsuitable for			
	use			
	PC17. dispose off any waste safely and according to organization protocol			
	PC18. maintain proper documentation and records			







## HSS/N5135 Provide support in routine activities of in-patient department Manage changing PC19. prepare bed as per the type and protocols in line with organizational policy

Manage changing and transporting laundry/ linen on the floor with care to prevent the spread of infection	<ul> <li>PC19. prepare bed as per the type and protocols in line with organizational policy</li> <li>PC20. ensure linen receptacles that have not been filled or secured correctly in line with local policy are not collected or transported</li> <li>PC21. ensure that trolleys or vehicles are cleaned, with or without disinfection, and check that they are in working condition before use.</li> <li>PC22. isolate the unclean or infected trolley or vehicle and report the same.</li> <li>PC23. collect and transport clean linen avoiding cross contamination with used linen</li> <li>PC24. use a trolley or vehicle specifically designated for the delivery of clean linen</li> <li>PC25. transport the used linen to the designated department as per hospital policy keeping log of the daily records</li> <li>PC26. segregate the blood-stained linen separately and disinfect before transport</li> <li>PC27. apply personal protective equipment &amp; personal hygiene practices while handling linen</li> </ul>
Knowledge and Unders	
A. Organizational Context (Knowledge of the company/ organization and its processes)	The user/individual on the job needs to know and understand:  KA1. how to and whom to inform in case of observing something which is clinically important  KA2. relevant protocols, good practices, standards, policies and procedures  KA3. basic structure and function of the healthcare system in the country  KA4. basic structure and function of healthcare facilities available at various levels, hospice care, clinics  KA5. how to work with individuals to promote physical approaches to optimizing health, well-being and illness prevention, through the delivery of high-quality, innovative services  KA6. professional standards and codes of practice for the area of work  KA7. how to balance responsibilities as a professional with organizational and contractual requirements  KA8. the nature, aims, objectives, values, policies and systems of the organization relevant legislation, standards, policies, procedure, human rights perspective for patients  KA10. how to engage with both medical team or concerned authority for support in case of requirement
B. Technical Knowledge	<ul> <li>The user/individual on the job needs to know and understand:</li> <li>KB1. procedures and codes to be followed in case of call bell in operating call bell</li> <li>KB2. the emergency protocols to be followed in case of call bell being pressed to urgent needs</li> <li>KB3. how response time is linked with patient's satisfaction</li> <li>KB4. common reasons for call bells like elimination, need for drinking water or turning off the light.</li> <li>KB5. the critical reasons for call bells and communicate them promptly to the senior healthcare team</li> <li>KB6. how to operate patient's bed for different bed positions like propping up.</li> <li>KB7. how to place the call button within reach and encourage them to call when in need</li> <li>KB8. how to use different types of scales including digital, manual, standard, chair and bed scales under the guidance of nurse</li> </ul>







HSS/N5135 Provide	support in routine activities of in-patient department	
	KB9. how to read the scales correctly and avoid errors	
	KB10. the standard procedure while measuring weights like empty bladder, empty	
	bowel and light clothing	
	KB11. safety and security of the patient	
	KB12. different types of observations and how they can impact patient's health	
	KB13. different changes in skin colour and their implications	
	KB14. different changes such as odour, consistency of urine and faeces and their	
	implication KB15. skin abrasions or injuries	
	KB16. subjective patient's complaints like dizziness, disorientation	
	KB17. infection control policies such as using PPE and washing hands frequently	
	KB18. how to calibrate the different types of scales	
	KB19. how to make adjustments in measurements to ensure correct recordings	
	KB20. how to place/position the patient on the scales to avoid faulty recordings	
	KB21. how to measure the urine output	
	KB22. how to report unusual findings	
	KB23. how to clean the equipment	
	KB24. how to dispose off waste safely	
	KB25. the hazards and risks associated with handling medical samples, precautions	
	to be taken and appropriate handling and reporting in case of emergency.	
	KB26. how to clean the linen trolleys	
	KB27. how to use personal protective equipment	
	KB28. to report an incident of exposure while transporting clean linen	
Skills (S)	KB29. document the incident following organizational policies	
	Writing Chille	
A. Core Skills /	Writing Skills	
Generic Skill	The user/ individual on the job needs to know and understand how to:	
	SA4. write clearly and concisely and in a proper format	
	SA5. use effective written communication protocols	
	Reading Skills	
	The user/ individual on the job needs to know and understand how to:	
	SA6. read and correctly interpret work related documents	
	Oral Communication (Listening and Speaking Skills)	
	The user/individual on the job needs to know and understand how to:	
	SA7. use effective communication with colleagues and other health professionals	
	SA8. listen to colleagues and other health professionals	
B. Professional Skills	Decision Making	
	The user/individual on the job needs to know and understand how to:	
	Not Applicable	
	Plan and Organize	
	The user/individual on the job needs to know and understand how to:	
	SB9. develop specific goals and plans to prioritize, organize, and accomplish work	
	Customer Centricity	







HSS/N5135 Provide support in routine activities of in-patient department

The user/individual on the job needs to know and understand:

SB10. ensure that all activities of patient care are performed keeping in consideration the patient's health benefits

## **Problem Solving**

The user/individual on the job needs to:

SB11. how to seek the help of nurse for solving the problem if there is an unusual finding

## **Analytical Thinking**

The user/individual on the job needs to know and understand how to:

SB12. use the existing experience for improving the comfort during process

### **Critical Thinking**

The user/individual on the job needs to know and understand how to: Not Applicable









## HSS/N5135 Provide support in routine activities of in-patient department NOS Version Control

NOS Code	HSS/N5135		
Credits	TBD	Version number	1.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









**Carry out last office (death care)** 

# National Occupational Standard



## **Overview**

This OS unit is about carrying out the last office i.e. providing death care to the deceased person.







## **Carry out last office (death care)**

Unit Code	HSS/N5115				
Unit Title (Task)	Carry out last office (death care)				
Description	This OS unit is about providing basic care and transferring a patient's body post death.				
Scope	This unit/task covers the following:  Providing death care while preserving privacy and dignity of the deceased				
Performance Criteria (PC) w.r.t. the Scope					
Element	Performance Criteria				
Providing death care while preserving privacy and dignity of the deceased	To be competent, the user/individual on the job must be able to:  PC1. attend to hygiene needs specially hair care, nail care and oral hygiene PC2. close all orifices of the dead body as per organizational policy PC3. attempt to close the eyes, using a small piece of clinical tape if required PC4. attach identification labels/wrist bands according to local guidelines and organizational policy PC5. dress the body in a gown/shroud or own clothes, as required PC6. place an incontinence pad underneath to contain any soiling PC7. respect the cultural/religious beliefs and personal wishes of family wherever possible PC8. remove jewelry and any personal items, unless requested or advised otherwise. PC9. place the body in the sheet, securing it with an adhesive tape as per organizational instructions, post completing any necessary documentation by nurse/physician PC10. ensure that appropriate records are made of any personal items left on the body or otherwise. PC11. use personal protective equipment while handling the body PC12. follow personal hygiene practices and protocols while providing death care				
Knowledge and Underst					
A. Organizational Context (Knowledge of the company / organization and its processes)	The user/individual on the job needs to know and understand:  KA1. relevant protocols, good practices, standards, policies and procedures  KA2. basic structure and function of the healthcare system in the country  KA3. sensitization to the mortuary and its related operational aspects  KA4. basic structure and function of healthcare facilities available at various levels, hospice care, clinics  KA5. professional standards and codes of practice for the area of work  KA6. how to balance responsibilities as a professional with organizational and contractual requirements  KA7. the nature, aims, objectives, values, policies and systems of the organization  KA8. relevant legislation, standards, policies, procedure, human rights perspective for patients				







HSS/N5115		Carry out last office (death care)				
		KA9. how to engage with medical team or concerned authority for support in case				
_		of requirement				
В.	Technical	The user/individual on the job needs to know and understand:				
	Knowledge	KB1. the correct use of equipment and techniques to avoid inconvenience during death care				
		KB2. the use of personal protective equipment (PPE) i.e. gloves, plastic apror surgical mask if required				
		KB3. the Standard Operating Procedures of packing the body				
		KB4. the correct method of labelling the body				
		KB5. basic structure and function of the body systems and associated structures				
		KB6. the hazards and risks associated with handling medical samples, precautions to				
Cla	:u- (c)	be taken during transfer				
	ills (S)					
A.	Core Skills /	Writing Skills				
	Generic Skill	The user/ individual on the job needs to know and understand how to:				
		SA9. write clearly and concisely and in a proper format				
		SA10. use effective written communication protocols				
		Reading Skills				
		The user/ individual on the job needs to know and understand how to:				
		SA11. read and correctly interpret work related documents				
		Oral Communication (Listening and Speaking Skills)				
		The user/individual on the job needs to know and understand how to:				
		SA12. use effective communication with colleagues and other health professionals				
		SA13. listen to colleagues and other health professionals				
В.	Professional Skills	Decision Making				
		The user/individual on the job needs to know and understand how to:				
		Not Applicable				
		Plan and Organize				
		The user/individual on the job needs to know and understand how to:				
		SB1. develop specific goals and plans to prioritize, organize, and accomplish work				
		Customer Centricity				
		The user/individual on the job needs to know and understand how to:				
		SB2. ensure that all activities of patient care are performed keeping in				
		consideration the patient's health benefits				
		SB3. communicate effectively with patients and their family, physicians, and				
		other members of the health care team				
		SB4. be responsive and listen empathetically to establish rapport in a way that				
		promotes openness on issues of concern				
		SB5. be sensitive to potential cultural differences				
		SB6. maintain confidentiality				
		SB7. respect the rights of the patient(s)				

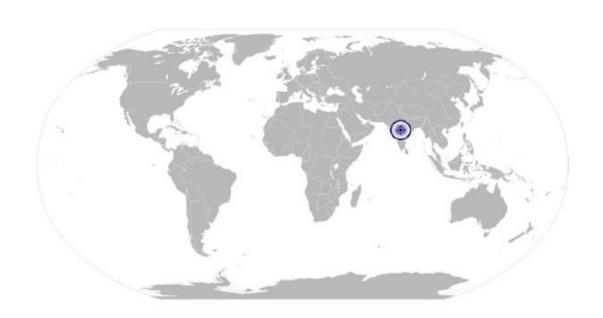






HSS/N5115	Carry out last office (death care)

1100/113113	carry out last office (death care)				
	Problem Solving				
	The user/ individual on the job needs to know and understand how to:				
	SB8. seek the help of nurse for solving the problem if there is an unusual finding				
	Analytical Thinking				
	The user/individual on the job needs to know and understand how to:				
	SB9. use the existing experience for improving the comfort during process				
	Critical Thinking				
	The user/individual on the job needs to know and understand how to:				
	Not Applicable				





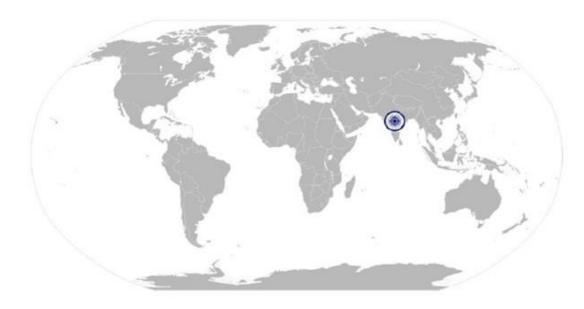




**Carry out last office (death care)** 

## **NOS Version Control**

NOS Code	HSS/N5115		
Credits	TBD	Version number	2.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024



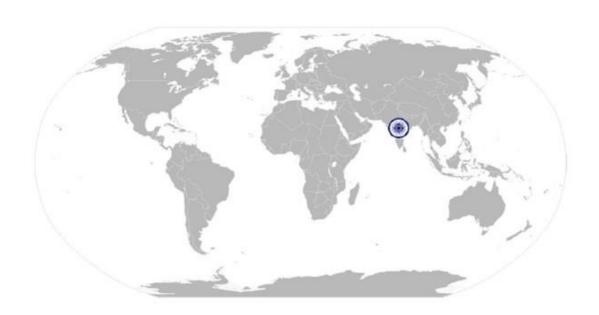






HSS/N9617 Maintain a safe, healthy and secure working environment

## National Occupational Standard



## **Overview**

This OS unit is about monitoring the working environment and ensuring safe, healthy, secure and effective working conditions.







HSS/N9617	Maintain a safe, healthy and secure	working environment
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1135/149017 Waintain a safe, healthy and secure working environment			
Unit Code	HSS/N9617		
Unit Title	Maintain a safe, healthy and secure working environment		
(Task)			
Description	This OS unit is about monitoring the working environment and ensuring safe, healthy,		
	secure and effective working conditions.		
Scope	This unit/task covers the following:		
	Comply the health, safety and security requirements and procedures for		
	workplace		
	<ul> <li>Handle any hazardous situation with safely, competently and within the limits of authority</li> </ul>		
	<ul> <li>Report any hazardous situation and breach in procedures to ensure a safe,</li> </ul>		
	healthy, secure working environment		
	The dientify seed in a train of the leaf o		
Performance Criteria (F	PC) w.r.t. the Scope		
Element	Performance Criteria		
Comply the health,	To be competent, the user/ individual on the job must be able to:		
safety and security	PC1. identify individual responsibilities in relation to maintaining workplace		
requirements and	health safety and security requirements		
•			
procedures for	PC2. comply with health, safety and security procedures for the workplace		
workplace	PC3. comply with health, safety and security procedures and protocols for		
	environmental safety		
Handle any hazardous	To be competent, the user/individual on the job must be able to:		
situation with safely,	PC4. identify potential hazards and breaches of safe work practices		
competently and	PC5. identify and interpret various hospital codes for emergency situations		
within the limits of	PC6. correct any hazards that individual can deal with safely, competently and		
authority	within the limits of authority		
	PC7. provide basic life support (BLS) and first aid in emergency situations,		
	whenever applicable		
	PC8. follow the organization's emergency procedures promptly, calmly, and		
	efficiently		
	PC9. identify and recommend opportunities for improving health, safety, and		
	security to the designated person		
	PC10. complete any health and safety records legibly and accurately		
Report any hazardous	To be competent, the user/ individual on the job must be able to:		
situation and breach	PC11. report any identified breaches in health, safety, and security procedures to		
in procedures to	the designated person		
ensure a safe, healthy,	PC12. report the hazards that individual is not allowed to deal with to the relevant		
secure working	person and warn other people who may get affected promptly and		
environment	accurately		
	·		
Knowledge and Unders	tanding (K)		







HSS/N9617	Maintain a safe	, healthy	y and s	secure work	king envi	ironment
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	and a safe, nearthy and secure working environment
A. Organizational	The user/individual on the job needs to know and understand:
Context	KA1. importance of health, safety, and security in the workplace
(Knowledge of the	KA2. basic requirements of the health and safety and other legislations and
company /	regulations that apply to the workplace
organization and	KA3. person(s) responsible for maintaining healthy, safe and secure workplace
its processes)	KA4. the relevant up-to-date information on health, safety, and security that
	applies to the workplace
	KA5. responsibilities of individual to maintain safe, healthy and secure workplace
	KA6. how to report the hazard
B. Technical	The user/individual on the job needs to know and understand:
Knowledge	KB1. requirements of health, safety and security in workplace
	KB2. how to create safety records and maintaining them
	KB3. importance of being alert to health, safety, and security hazards in the work
	environment
	KB4. common health, safety, and security hazards that affect people working in
	an administrative role
	KB5. how to identify health, safety, and security hazards
	KB6. importance of warning others about hazards and how to do so until the
	hazard is dealt with
Skills (S)	
	Writing Skills
A. Core Skills/ Generic Skills	Writing Skills  The user/ individual on the job needs to know and understand how to:
A. Core Skills/	The user/ individual on the job needs to know and understand how to:
A. Core Skills/	The user/ individual on the job needs to know and understand how to:  SA1. report and record incidents
A. Core Skills/	The user/ individual on the job needs to know and understand how to:  SA1. report and record incidents  Reading Skills
A. Core Skills/	The user/ individual on the job needs to know and understand how to:  SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to:
A. Core Skills/	The user/ individual on the job needs to know and understand how to:  SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to:  SA2. read and understand company policies and procedures
A. Core Skills/	The user/ individual on the job needs to know and understand how to:  SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to:  SA2. read and understand company policies and procedures  Oral Communication (Listening and Speaking skills)
A. Core Skills/	The user/ individual on the job needs to know and understand how to:  SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to:  SA2. read and understand company policies and procedures  Oral Communication (Listening and Speaking skills)  The user/individual on the job needs to know and understand how to:
A. Core Skills/ Generic Skills	The user/ individual on the job needs to know and understand how to: SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to: SA2. read and understand company policies and procedures  Oral Communication (Listening and Speaking skills)  The user/individual on the job needs to know and understand how to: SA3. report hazards and incidents with the appropriate level of urgency clearly
A. Core Skills/ Generic Skills	The user/ individual on the job needs to know and understand how to: SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to: SA2. read and understand company policies and procedures  Oral Communication (Listening and Speaking skills)  The user/individual on the job needs to know and understand how to: SA3. report hazards and incidents with the appropriate level of urgency clearly  Decision Making
A. Core Skills/ Generic Skills	The user/ individual on the job needs to know and understand how to:  SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to:  SA2. read and understand company policies and procedures  Oral Communication (Listening and Speaking skills)  The user/individual on the job needs to know and understand how to:  SA3. report hazards and incidents with the appropriate level of urgency clearly  Decision Making  The user/individual on the job needs to know and understand how to:
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A. Core Skills/ Generic Skills	The user/ individual on the job needs to know and understand how to:  SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to:  SA2. read and understand company policies and procedures  Oral Communication (Listening and Speaking skills)  The user/individual on the job needs to know and understand how to:  SA3. report hazards and incidents with the appropriate level of urgency clearly  Decision Making  The user/individual on the job needs to know and understand how to:  SB1. make decisions pertaining to the area of work  Plan and Organize
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A. Core Skills/ Generic Skills	The user/ individual on the job needs to know and understand how to: SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to: SA2. read and understand company policies and procedures  Oral Communication (Listening and Speaking skills)  The user/individual on the job needs to know and understand how to: SA3. report hazards and incidents with the appropriate level of urgency clearly  Decision Making  The user/individual on the job needs to know and understand how to: SB1. make decisions pertaining to the area of work  Plan and Organize  The user/individual on the job needs to know and understand how to: SB2. plan for safety of the work environment  Customer Centricity
A. Core Skills/ Generic Skills	The user/ individual on the job needs to know and understand how to: SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to: SA2. read and understand company policies and procedures  Oral Communication (Listening and Speaking skills)  The user/individual on the job needs to know and understand how to: SA3. report hazards and incidents with the appropriate level of urgency clearly  Decision Making  The user/individual on the job needs to know and understand how to: SB1. make decisions pertaining to the area of work  Plan and Organize  The user/individual on the job needs to know and understand how to: SB2. plan for safety of the work environment  Customer Centricity  The user/individual on the job needs to know and understand how to:
A. Core Skills/ Generic Skills	The user/ individual on the job needs to know and understand how to: SA1. report and record incidents  Reading Skills  The user/individual on the job needs to know and understand how to: SA2. read and understand company policies and procedures  Oral Communication (Listening and Speaking skills)  The user/individual on the job needs to know and understand how to: SA3. report hazards and incidents with the appropriate level of urgency clearly  Decision Making  The user/individual on the job needs to know and understand how to: SB1. make decisions pertaining to the area of work  Plan and Organize  The user/individual on the job needs to know and understand how to: SB2. plan for safety of the work environment  Customer Centricity



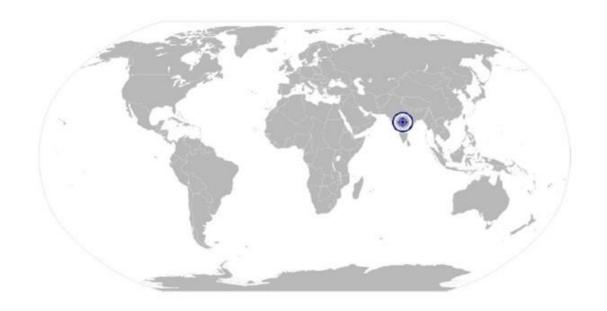




HCC/N0617	Maintain a safe, healthy and secure working environment	. +
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SB4. be capable of being responsive, listen empathetically to establish rapport in a		
way that promotes openness on issues of concern		
Problem Solving		
The user/individual on the job needs to know and understand how to:		
SB5. identify hazards, evaluate possible solutions and suggest effective solutions		
Analytical Thinking		
The user/individual on the job needs to know and understand how to:		
SB6. analyze the seriousness of hazards		
Critical Thinking		
The user/individual on the job needs to know and understand how to:		
SB7. analyze, evaluate and apply the information gathered from observation,		

experience, reasoning, or communication to act efficiently





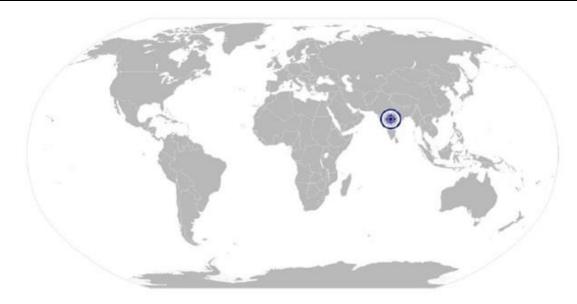




# HSS/N9617 Maintain a safe, healthy and secure working environment

# **NOS Version Control**

NOS Code	HSS/N9617		
Credits	TBD	Version number	1.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Generic	Next review date	16/12/2024





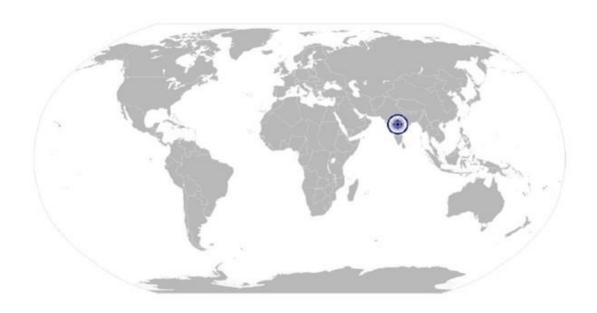




HSS/N9618 Follow infection control policies & procedures including biomedical waste disposal protocols

disposai protocois ------

# National Occupational Standard



# **Overview**

This OS unit is about the safe handling and management of health care waste and following the infection control polices.







# HSS/N9618 Follow infection control policies & procedures including biomedical waste disposal protocols

Unit Code	HSS/N9618		
Unit Title (Task)	Follow infection control policies & procedures including biomedical waste		
	disposal protocols		
Description	This OS unit is about the safe handling and management of health care waste and		
Scono	following the infection control polices.  This unit/ task covers the following:		
Scope			
	Classification of the waste generated, segregation of biomedical waste,		
	proper collection and storage of waste		
	Comply with effective infection control protocols that ensures the safety		
	of the patient(or end-user of health-related products/ services)		
	Maintain personal protection and preventing the transmission of infection		
	from person to person		
Performance Criteria (P	C) w.r.t. the Scope		
Element	Performance Criteria		
Classification of	To be competent, the user/ individual on the job must be able to:		
the waste	PC1. handle, package, label, store, transport and dispose of waste		
generated,	appropriately to minimize potential for contact with the waste and to		
segregation of	reduce the risk to the environment from accidental release		
biomedical	PC2. store clinical or related waste in an area that is accessible only to		
waste, proper	authorized persons		
collection and	PC3. minimize contamination of materials, equipment and instruments by		
storage of waste	aerosols and splatter		
Comply with effective	To be competent, the user/ individual on the job must be able to:		
infection control	PC4. apply appropriate health and safety measures following appropriate		
protocols that ensures	personal clothing & protective equipment for infection prevention and		
the safety of the	control		
patient(or end-user of	PC5. identify infection risks and implement an appropriate response within		
health-related	own role and responsibility in accordance with the policies and		
products/ services)	procedures of the organization		
,	PC6. follow procedures for risk control and risk containment for specific risks.		
	Use signs when and where appropriate		
	PC7. follow protocols for care following exposure to blood or other body		
	fluids as required		
	PC8. remove spills in accordance with the policies and procedures of the		
	organization		
	PC9. clean and dry all work surfaces with a neutral detergent and warm water		
	solution before and after each session or when visibly soiled		
	PC10. demarcate and maintain clean and contaminated zones in all aspects of		
	health care work		







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	disposal protocols
	PC11. confine records, materials and medicaments to a well-designated clean
	zone
	PC12. confine contaminated instruments and equipment to a well-designated
	contaminated zone
	PC13. decontaminate equipment requiring special processing in accordance
	with quality management systems to ensure full compliance with
	cleaning, disinfection and sterilization protocols
	PC14. replace surface covers where applicable
	PC15. maintain and store cleaning equipment
	PC16. report and deal with spillages and contamination in accordance with
	current legislation and procedures
Maintain personal	To be competent, the user/ individual on the job must be able to:
protection and	PC17. maintain hand hygiene following hand washing procedures before and
preventing the	after patient contact and/or after any activity likely to cause
transmission of	contamination
infection from person	PC18. cover cuts and abrasions with water-proof dressings and change as
to person	necessary
	PC19. change protective clothing and gowns/aprons daily, more frequently if
	soiled and where appropriate, after each patient contact
	PC20. perform additional precautions when standard precautions alone may
	not be sufficient to prevent transmission of infection
Knowledge and Unders	tanding (K)
A. Organizational	The user/ individual on the job needs to know and understand:
Context	KA1. relevant up-to-date information on health, safety, and security that applies
(Knowledge of the	to the organization
company /	KA2. organization's emergency procedures and responsibilities for handling
organization and	hazardous situations
its processes)	KA3. person(s) responsible for health, safety, and security in the organization
	KA4. good personal hygiene practice including hand care
	KA5. the current national legislation, guidelines, local policies and protocols
	which affect work practice
B. Technical	The user / individual on the job needs to know and understand:
Knowledge	KB1. importance of and how to handle, package, label, store, transport and
	dispose of waste appropriately to minimize potential for contact with
	the waste and to reduce the risk to the environment from accidental
	release
	KB2. the importance to adhere to the organizational and national waste
	management principles and procedures
	KB3. the hazards and risks associated with the disposal and the importance of







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		disposal protocols
		risk assessments and how to provide these
		KB4. the required actions and reporting procedures for any accidents,
		spillages and contamination involving waste
		KB5. the requirements of the relevant external agencies involved in the
		transport and receipt of your waste
		KB6. the importance of organizing, monitoring and obtaining an assessment
		of the impact the waste may have on the environment
		KB7. identification and management of infectious risks in the workplace
		KB8. aspects of infectious diseases including opportunistic organisms,
		pathogens
		KB9. basic microbiology including bacteria and bacterial spores, fungi, viruses
		KB10. the path of disease transmission including direct contact and
		penetrating injuries, risk of acquisition
		KB11. susceptible hosts including persons who are immune suppressed, have
		chronic diseases such as diabetes and infants or elderlies
		KB12. routine surface cleaning procedures at the start and end of the day,
		managing a blood or body fluid spill
		KB13. sharps handling and disposal techniques
		KB14. effective hand hygiene including hand wash, surgical hand wash, when
		hands must be washed
		KB15. how to use personal protective equipment
		KB16. the personal clothing and protective equipment required to manage the
		different types of waste generated by different work activities
Skill	s (S)	
Α.	Core Skills /	Writing Skills
(	Generic Skills	The user/ individual on the job needs to know and understand how to:
		SA1. report and record incidents
		Reading Skills
		The user/ individual on the job needs to know and understand how to:
		SA2. read and understand company policies and procedures pertaining to
		managing biomedical waste and infection control and prevention
		Oral Communication (Listening and Speaking Skills)
		The user/ individual on the job needs to know and understand how to:
		SA3. listen patiently
		SA4. clearly report hazards and incidents with the appropriate level of urgency
В.	Professional Skills	Decision Making
		The user/ individual on the job needs to know and understand how to:
		SB1. take into account opportunities to address waste minimization,
		environmental responsibility and sustainable practice issues
		, , ,







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SB2.	apply additional precautions when standard precautions are not sufficient

#### **Plan and Organize**

The user/individual on the job needs to know and understand how to:

SB3. consistently follow the procedure for washing and drying hands

SB4. consistently maintain clean surfaces and limit contamination

#### **Customer Centricity**

The user/individual on the job needs to know and understand how to:

SB5. make exceptional effort to keep the environment and work place clean

#### **Problem Solving**

The user/individual on the job needs to know and understand how to:

SB6. identify hazards and suggest effective solutions to identified problems pertaining to hospital waste and related infections

#### **Analytical Thinking**

The user/individual on the job needs to know and understand how to:

SB7. analyze the seriousness of hazards pertaining to hospital waste and related infections

#### **Critical Thinking**

The user/individual on the job needs to know and understand how to:

SB8. apply, analyze, and evaluate the information gathered from observation, experience, reasoning, or communication, as a guide to act

SB9. take into account opportunities to address waste minimization, prevent infection, environmental responsibility and sustainable practice issues



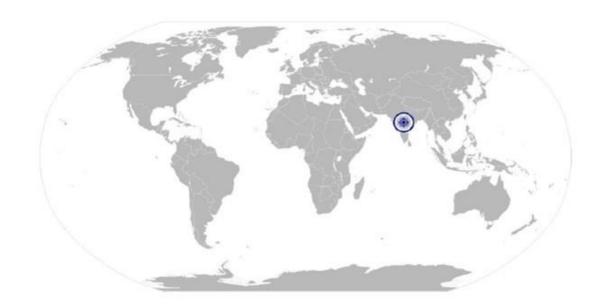




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# **NOS Version Control**

NOS Code	HSS/N9618		
Credits	TBD	Version number	1.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Generic	Next review date	16/12/2024



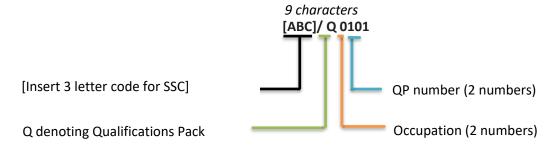




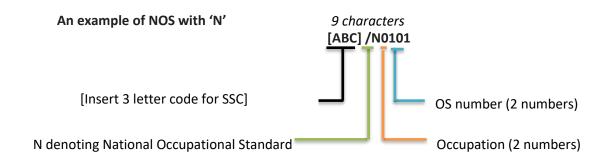
#### **Annexure**

#### Nomenclature for QP and NOS

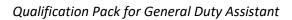
#### **Qualifications Pack**



## **Occupational Standard**



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The following acronyms/codes have been used in the nomenclature above:

Sub-sector	Range of Occupation numbers
Diagnostic	01-20
Curative Services	21-50
Non-direct Care	51-75
Community Related	76-85
Generic/ General Health	96-99

Sequence	Description	Example
Three letters	Industry Name	HSS
Slash	/	/
Next letter	Whether <b>Q</b> P or <b>N</b> OS	Q
Next two numbers	Occupation code	01
Next two numbers	OS number	01





#### Job Role General Duty Assistant

#### **Qualification Pack HSS/Q5101**

#### Sector Skill Council Healthcare Sector Skill Council

#### **Guidelines for Assessment**

- 1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC.
- 2. The assessment for the theory part will be based on knowledge bank of questions created by the SSC.
- 3. Assessment will be conducted for all compulsory NOS, and where applicable, on the selected elective/option NOS/set of NOS.
- 4. Individual assessment agencies will create unique question papers for theory part for each candidate at each examination/training center (as per assessment criteria below).
- 5. Individual assessment agencies will create unique evaluations for skill practical for every student at each examination/training center based on this criterion.
- 6. To pass the Qualification Pack, every trainee should score a minimum of 70% of aggregate marks to successfully clear the assessment.
- 7. In case of unsuccessful completion, the trainee may seek reassessment on the Qualification Pack.

Assessment outcomes	Element	Assessment Criteria for outcomes	Total Marks per NOS	Theory	Viva	TLO	Skills Practical
HSS/N5133 : Assist patient in bathing, dressing up and grooming	Maintain patient's privacy	PC1. ensure patient's privacy using various means like screens, curtains, locking the door, etc.  PC2. drape the patient once the procedures (such as back care, dressing up, perineal care) are completed	316	10	5	10	
	Assist the patient in bathing	PC3. identify the type of bath that is best suited as per the guidelines, based on the patient's condition and comfort.  PC4. dry patient's skin with a towel and offer back rub after bathing or at		30	10	10	5





	belts, jewellery and scarfs and hand				
	PC13. remove all the accessories like				5
	PC12. ensure the clothing is fastened with elastic fasteners				5
	footwear fit the patient correctly				
	PC11. ensure clothes and the				5
	protocols				
	weather and hospitals/procedural				
	age, preferences of the patient, size,				
up	patient keeping in mind the gender,				
dressing	PC10. select appropriate clothing for				10
patient in	protocols for dressing-up a patient				
Assist the	PC9. use standard procedure and	30	10	10	10
	bleeding, tenderness etc				
	skin, abnormal body temperature,				
	broken, dry, reddened or bruised				
	observation such as cyanosis, rashes,				
	authority about any unusual				
	PC8. report to the concerned				5
	with skin lesions and rashes				
	eye care or when bathing a patient				
	procedures such as perineal care,				
	region while performing various				
	from the cleanest to the dirtiest				
	PC7. clean the body part starting				5
	before patient checks in for bathing				
	PC6. check the water temperature				10
	use				
	bucket, etc.) before and after each				
	(like tub, shower, chair, sponge tray,				5
	PC5. clean and store bathing articles				5
	while ensuring patient's safety				
	bed time to stimulate circulation				





		over to the patient's family with proper documentation					
	Assist the patient in grooming	PC14. follow standard procedure and protocols in providing oral care, hair care and nail care keeping patient's comfort and condition in mind		30	10	10	10
		PC15. perform care activities cautiously to avoid injuries to the skin and membranes					5
		PC16. store dentures as per latest guidelines/manufacturer's recommendations with patient's identification details to avoid confusion					5
		PC17. do part preparation for operative procedure under guidance as per directives from concerned authority					6
		PC18. report unusual findings to the concerned authority					6
HSS/N5104 Support individuals to eat and	Provide adequate support to the	PC1. wash one's hands and the patient to maintain hygiene and to prevent spread of infections	78	30	10	10	2
drink	patient during drinking	PC2. make the patient comfortable and encourage them to eat and drink independently as much as possible					2
	and eating	PC3. use appropriate cutlery while feeding the patient, keeping in view the food temperature					2
		PC4. ensure the food provided is according to the dietary prescription of the attending physician or dietician					2





		PC5. assist the patient in the event of symptoms of distress like coughing and regurgitation while feeding and drinking and report accordingly					2
		PC6. assist the patient to maintain elimination needs and oral care prior to feeding					2
		PC7. wipe the patients' hands and mouth and clean their dress after the procedure					3
		PC8. maintain self-cleanliness and hygiene after feeding					2
		PC9. provide water or liquid diet to the patient according to the prescribed instruction					3
		PC10. ensure that the patient is upright or in high Fowler's position during eating and drinking in order to prevent aspiration					3
		PC11. report dehydration as evidenced by dry skin and take proper steps for fluid replenishment under guidance					3
		PC12. measure the details of the intake and record them appropriately					4
HSS/N5105 Assist patient in maintainin	Support the patient during	PC1. respond promptly to patients' elimination needs as per hospitals/procedural protocols	89	30	10	10	2
g normal elimination	eliminatio n needs	PC2. assist a mobile patient in going to the toilet and provide support like giving toilet paper if required or stabilize the commode					5





		PC3. wash the patient's and one's					5
		hands to prevent infection					
		PC4. ensure hygiene and cleanliness					2
		of patient and surroundings					
		especially in the event of spillage					
		PC5. use bed pan, urinal, uro-bag					10
		and other elimination equipment as					
		per procedures and guidelines based					
		on patient's comfort and condition					
		PC6. empty the uro bag frequently as					5
		per standard procedures and record					
		the output under supervision					
		PC7. clean and disinfect the					8
		equipment after use					
		PC8. record changes in color or					8
		texture of the faeces and report					
		unusual findings immediately					
		PC9. measure output and record					5
		them					
HSS/N5134	Transfer	PC1. check patient's medical	116	35	10	10	2
:Transferrin	the	condition before transfer and					
g patients	patient	estimate if additional help is					
and their		required based on his/her weight					
samples,		and ability					
drugs,		PC2. ensure that the correct patient					2
documents within the		is being transferred					
hospital		PC3. ensure the patient has					2
		comfortable clothing during transfer					-
		process					
		·					
		PC4. maintain patient's privacy					2
		during the transfer process					
	1	1	I	I	1	1	1





		PC5. use the correct equipment and techniques for transferring the patients to avoid falls or injuries					2
		PC6. use proper body mechanics for transferring the patient					2
		PC7. ensure that tubings attached to patient are intact while transferring					2
	Transfer patient's parapher nalia such	PC8. hand over the patient's documents, samples and drugs to the concerned authority carefully		23	10	8	3
	as samples, drugs and document s within hospital	PC9. check if patient's identity on the document and samples are coherent					3
HSS/N5135 Provide support in routine activities of in-patient	respond to call promptly	PC1. respond to call bell and identify if the call is for a medical need or a non-medical need and communicate it to the nurse accordingly and appropriately	215	18	10	5	2
departmen		PC2. meet patient's needs whenever required, courteously and sensitively					1
		PC3. observe and ensure the call bell is turned off after the purpose is served					1
		PC4. survey the patients' surrounding and take appropriate action like checking if drinking water is available in the room.					2
	Observe and	PC5. report color changes like bluish or yellowish discoloration of the skin		15	10	5	2





	DCC managed also seems to				
report	PC6. report changes in odour or				2
changes	consistency of urine and stools				
in					
patient's	PC7. communicate the observations				2
overall	in an appropriate language				
condition	PC8. differentiate between				3
					3
	immediate and routine reporting requirements				
	requirements				
support	PC9. assist the nurse in measuring	13	10	10	2
the	patient's height and weight using				
healthcar	different types of scales including				
e team in	manual and digital				
measure					_
ment of	PC10. ensure that patient is				2
patient's	comfortable and positioned correctly				
paramete	while taking measurements				
rs	PC11. ensure patient's safety to				2
	prevent a fall or an injury				
	, ,				
Deconta	PC12. identify best method of	17	10	10	3
minate	decontamination and assemble				
commonl	required material for the purpose in				
y used	consultation with concerned				
basic	authority				
patient	PC13. follow standard operating				3
care	procedures for decontamination as				
equipmen	per manufacturer's instructions/				
t	organizational policies				
	S. Ga Lational policies				
	PC14. handle equipment safely or				3
	seek the help of nurse while				
	decontamination				
	DC15 use appropriate protective				3
	PC15. use appropriate protective				3
	clothing and equipment while decontamination				
	decontainination				
 1		l	1		





	PC16. report to concerned authority about the equipment that are unsuitable for use					2
	PC17. dispose off any waste safely and according to organization protocol					1
	PC18. maintain proper documentation and records					3
Manage changing and transport	PC19. prepare bed as per the type and protocols in line with organizational policy		14	10	10	3
ng laundry/ linen on the floor	PC20. ensure linen receptacles that have not been filled or secured correctly in line with local policy are not collected or transported					3
with care to prevent the spread of	PC21. ensure that trolleys or vehicles are cleaned, with or without disinfection, and check that they are in working condition before use.					2
infection	PC22. isolate the unclean or infected trolley or vehicle and report the same.					3
	PC23. collect and transport clean linen avoiding cross contamination with used linen	_				3
	PC24. use a trolley or vehicle specifically designated for the delivery of clean linen					3
	PC25. transport the used linen to the designated department as per hospital policy keeping log of the daily records					2





		PC26. segregate the blood-stained linen separately and disinfect before transport					3
		PC27. apply personal protective equipment & personal hygiene practices while handling linen					2
HSS/N5115 Carry out last office (death	Providing death care while	PC1. attend to hygiene needs specially hair care, nail care and oral hygiene	63	14	15	10	4
care)	g privacy and	PC2. close all orifices of the dead body as per organizational policy					3
	dignity of the deceased	PC3. attempt to close the eyes, using a small piece of clinical tape if required					3
		PC4. attach identification labels/wrist bands according to local guidelines and organizational policy					3
		PC5. dress the body in a gown/shroud or own clothes, as required					3
		PC6. place an incontinence pad underneath to contain any soiling					3
		PC7. respect the cultural/religious beliefs and personal wishes of family wherever possible					3
		PC8. remove jewelry and any personal items, unless requested or advised otherwise.					3
		PC9. place the body in the sheet, securing it with an adhesive tape as per organizational instructions, post completing any necessary documentation by nurse/physician					3





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		PC10. ensure that appropriate					3
		records are made of any personal					
		items left on the body or otherwise.					
		PC11. use personal protective					3
		equipment while handling the body					
		PC12. follow personal hygiene					1
		practices and protocols while					
		providing death care					
HSS/N9617	Complyin	PC1. identify individual	59	7	10	2	
Maintain a	g the	responsibilities in relation to					
safe,	health,	maintaining workplace, health safety					
healthy and secure working	safety	and security requirements					
	and security	PC2. comply with health, safety and					
environme	requirem	security procedures for the					
nt	ents and	workplace					
	procedur	PC3. comply with health, safety and					
	es for	security procedures and protocols					
	workplac	for environmental safety					
	е						
	Handling	PC4. identify potential hazards and		8	10	5	
	hazardou	breaches of safe work practices					
	s situation	PC5. identify and interpret various					
	0.000.00.0	hospital codes for emergency					
		situations					
		PC6. correct any hazards that an					
		individual can deal with safely,					
		competently and within the limits of					
		authority					
		PC7. provide basic life support (BLS)					
		and first aid in emergency situations,					
		whenever applicable					
		PC8. follow the organization's					
		emergency procedures promptly,					
		calmly, and efficiently					
				<u> </u>			





	Reporting any hazardou s situation	PC9. identify and recommend opportunities for improving health, safety, and security to the designated person  PC10. complete any health and safety records legibly and accurately  PC11. report any identified breaches in health, safety, and security procedures to the designated person  PC12. report the hazards that individual is not allowed to deal with to the relevant person and warn other people who may get affected		5	10	2	
HSS/N9618 Follow infection control policies & procedures including biomedical waste disposal protocols	Classificat ion of the Waste Generate d, Segregati on of Biomedic al Waste ,Proper collection and storage of Waste	PC1. handle, package, label, store, transport and dispose of waste appropriately to minimize potential for contact with the waste and to reduce the risk to the environment from accidental release  PC2. store clinical or related waste in an area that is accessible only to authorized persons  PC3. minimize contamination of materials, equipment and instruments by aerosols and splatter	64	5	10	3	
	Complyin g with effective infection control protocols	PC4. apply appropriate health and safety measures following appropriate personal clothing & protective equipment for infection prevention and control  PC5. identify infection risks and implement an appropriate response within own role and responsibility in accordance with the policies and procedures of the organization		8	10	5	





PC6. follow procedures for risk					
control and risk containment for					
specific risks. Use signs when and					
where appropriate					
where appropriate					
PC7. follow protocols for care	1				
following exposure to blood or other					
body fluids as required					
PC8. remove spills in accordance					
with the policies and procedures of					
the organization					
PC9. clean and dry all work surfaces					
with a neutral detergent and warm					
water solution before and after each					
session or when visibly soiled					
PC10. demarcate and maintain clean					
and contaminated zones in all					
aspects of health care work					
PC11. confine records, materials and					
medicaments to a well-designated					
clean zone					
PC12. confine contaminated					
instruments and equipment to a					
well-designated contaminated zone					
PC13. decontaminate equipment					
requiring special processing in					
accordance with quality					
management systems to ensure full					
compliance with cleaning,					
disinfection and sterilization					
protocols					
PC14. replace surface covers where					
applicable					
PC15. maintain and store cleaning					
equipment					





Maintaini	PC16. report and deal with spillages and contamination in accordance with current legislation and procedures	8	10	5	
personal protection and preventing the transmission of	PC17. maintain hand hygiene following hand washing procedures before and after patient contact /or after any activity likely to cause contamination  PC18. cover cuts and abrasions with water-proof dressings and change as necessary	8	10	3	
infections from person to person	PC19. change protective clothing and gowns/aprons daily, more frequently if soiled and where appropriate, after each patient contact  PC20. perform additional precautions when standard precautions alone may not be sufficient to prevent transmission of infection				