

## Qualification Pack



# Ayurveda Masseur

QP Code: HSS/Q3605

Version: 2.0

NSQF Level: 3

Healthcare Sector Skill Council || 520, DLF Tower A, 5th Floor, Jasola District Centre  
New Delhi - 110025

## Qualification Pack

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## Qualification Pack

### HSS/Q3605: Ayurveda Masseur

#### Brief Job Description

The individuals in this job are trained to practice safe and competent Ayurveda Massage

#### Personal Attributes

The role holder should exhibit co-ordination skills, self-discipline, empathy, dedication, patience, persistence and ethical behavior. It is also important for the individual to be well groomed and have good communication skills in English/Hindi/local language

#### Applicable National Occupational Standards (NOS)

##### Compulsory NOS:

1. [HSS/N9624: Maintain a safe and secure working environment](#)
2. [HSS/N9625: Maintain interpersonal relationships and professional conduct](#)
3. [DGT/VSQ/N0101: Employability Skills \(30 Hours\)](#)
4. [HSS/N3613: Pre Procedural requirements of Ayurveda Massage](#)
5. [HSS/N3614: Carry out Ayurvedic Massage](#)
6. [HSS/N3608: Assist in post procedure compliances of panchakarma session](#)

#### Qualification Pack (QP) Parameters

<b>Sector</b>	Healthcare
<b>Sub-Sector</b>	AYUSH
<b>Occupation</b>	Ayurveda Therapy
<b>Country</b>	India
<b>NSQF Level</b>	3
<b>Credits</b>	12
<b>Aligned to NCO/ISCO/ISIC Code</b>	NCO-2015/224

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<b>Minimum Educational Qualification &amp; Experience</b>	<p>9th grade pass with NA of experience OR 8th grade pass with 1 year of (NTC/ NAC) after 8th OR 8th grade pass and pursuing continuous schooling in regular school with vocational subject OR 8th grade pass with 1 Year of experience experience</p>
<b>Minimum Level of Education for Training in School</b>	
<b>Pre-Requisite License or Training</b>	NA
<b>Minimum Job Entry Age</b>	16 Years
<b>Last Reviewed On</b>	NA
<b>Next Review Date</b>	17/11/2027
<b>NSQC Approval Date</b>	17/11/2022
<b>Version</b>	2.0
<b>Reference code on NQR</b>	2022/HLT/HSSC/06757
<b>NQR Version</b>	2.0

## Qualification Pack

### HSS/N9624: Maintain a safe and secure working environment

#### Description

This OS unit is about the ensuring a safe and secure working environment

#### Scope

The scope covers the following :

- Workplace safety and security

#### Elements and Performance Criteria

##### *Workplace safety and security*

To be competent, the user/individual on the job must be able to:

- PC1.** identify potential hazards of safe work practices
- PC2.** use various hospital codes for emergency situations
- PC3.** comply with safety, and security procedures within the defined scope of competence and authority
- PC4.** provide Basic Life Support (BLS) and first aid whenever applicable under defined scope of work
- PC5.** follow organizations' procedures related to any emergency efficiently
- PC6.** report any identified breaches in health, safety, and security procedures to the designated person
- PC7.** complete any health and safety records accurately

#### Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

- KU1.** the importance of health, safety, and security in the workplace
- KU2.** how to identify safety and security hazards
- KU3.** the importance of identifying individual responsibilities in relation to maintaining workplace safety and security requirements
- KU4.** the relevant up-to-date information on safety, and security that applies to the workplace
- KU5.** how to report any emergency
- KU6.** various hospital codes for emergency situations
- KU7.** how to create safety records and maintain them
- KU8.** concept of first aid and BLS
- KU9.** the importance of raising alarm about hazards for safety of others

#### Generic Skills (GS)

User/individual on the job needs to know how to:

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- GS1.** read and understand organization policies and procedures
- GS2.** prepare status and progress reports
- GS3.** • communicate information (for example, facts, ideas, or messages) in a brief, clear, and  
• organized manner
- GS4.** make decisions pertaining to the area of work
- GS5.** plan for safety of the work environment
- GS6.** identify hazards, evaluate possible solutions and suggest effective solutions
- GS7.** analyze the seriousness of hazards

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### Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Workplace safety and security</i>	10	10	-	10
<b>PC1.</b> identify potential hazards of safe work practices	-	-	-	-
<b>PC2.</b> use various hospital codes for emergency situations	-	-	-	-
<b>PC3.</b> comply with safety, and security procedures within the defined scope of competence and authority	-	-	-	-
<b>PC4.</b> provide Basic Life Support (BLS) and first aid whenever applicable under defined scope of work	-	-	-	-
<b>PC5.</b> follow organizations' procedures related to any emergency efficiently	-	-	-	-
<b>PC6.</b> report any identified breaches in health, safety, and security procedures to the designated person	-	-	-	-
<b>PC7.</b> complete any health and safety records accurately	-	-	-	-
<b>NOS Total</b>	<b>10</b>	<b>10</b>	<b>-</b>	<b>10</b>

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### National Occupational Standards (NOS) Parameters

<b>NOS Code</b>	HSS/N9624
<b>NOS Name</b>	Maintain a safe and secure working environment
<b>Sector</b>	Healthcare
<b>Sub-Sector</b>	Generic
<b>Occupation</b>	Generic
<b>NSQF Level</b>	4
<b>Credits</b>	1
<b>Version</b>	2.0
<b>Last Reviewed Date</b>	NA
<b>Next Review Date</b>	17/11/2027
<b>NSQC Clearance Date</b>	17/11/2022



## Qualification Pack

### HSS/N9625: Maintain interpersonal relationships and professional conduct

#### Description

This OS unit is about effective communication and exhibiting professional behaviour with co workers, patients/clients and their families.

#### Scope

The scope covers the following :

- Maintain professional behaviour

#### Elements and Performance Criteria

##### *Maintain professional behaviour*

To be competent, the user/individual on the job must be able to:

- PC1.** wear appropriate attire
- PC2.** communicate effectively with all individuals regardless of age, caste etc.
- PC3.** adopt a gender neutral behaviour while communicating with the patient and others as per organizational policy
- PC4.** use appropriate IEC material as and when necessary
- PC5.** respond to queries as per defined scope of competence and authority
- PC6.** maintain any records required at the end of the interaction
- PC7.** work collaboratively with other team members
- PC8.** ensure that the privacy of the individual is not intruded
- PC9.** work in a way that shows respect to others

#### Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

- KU1.** guidelines on communicating with patients and other individuals
- KU2.** guidelines on maintaining confidentiality and respecting need for privacy
- KU3.** vision and mission of the organization
- KU4.** importance of recognizing the boundary of one's role and responsibility
- KU5.** importance of establishing and managing requirements, planning and organizing work
- KU6.** how to maintain an environment that is conducive to the provision of medico-legal acts
- KU7.** procedures in the organization to deal with conflict and poor working relationships
- KU8.** how to handle stressful or risky situations when communicating with patients and/or other individuals
- KU9.** importance of asking for assistance when situations are beyond one's competence and authority

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**KU10.** how to ensure that all information provided to individuals is from reliable sources

**KU11.** the importance of integrating one's work effectively with others

**KU12.** the detrimental effects of non adherence to organizational protocols

## Generic Skills (GS)

User/individual on the job needs to know how to:

**GS1.** read protocol updates and policy changes

**GS2.** be updated with the latest knowledge

**GS3.** build customer relationships and use customer centric approach

**GS4.**

- review the information gathered from observation, experience, reasoning, or communication
- to act efficiently

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### Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Maintain professional behaviour</i>	<b>15</b>	<b>20</b>	-	<b>17</b>
<b>PC1.</b> wear appropriate attire	-	-	-	-
<b>PC2.</b> communicate effectively with all individuals regardless of age, caste etc.	-	-	-	-
<b>PC3.</b> adopt a gender neutral behaviour while communicating with the patient and others as per organizational policy	-	-	-	-
<b>PC4.</b> use appropriate IEC material as and when necessary	-	-	-	-
<b>PC5.</b> respond to queries as per defined scope of competence and authority	-	-	-	-
<b>PC6.</b> maintain any records required at the end of the interaction	-	-	-	-
<b>PC7.</b> work collaboratively with other team members	-	-	-	-
<b>PC8.</b> ensure that the privacy of the individual is not intruded	-	-	-	-
<b>PC9.</b> work in a way that shows respect to others	-	-	-	-
<b>NOS Total</b>	<b>15</b>	<b>20</b>	-	<b>17</b>

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### National Occupational Standards (NOS) Parameters

<b>NOS Code</b>	HSS/N9625
<b>NOS Name</b>	Maintain interpersonal relationships and professional conduct
<b>Sector</b>	Healthcare
<b>Sub-Sector</b>	Generic
<b>Occupation</b>	Generic
<b>NSQF Level</b>	4
<b>Credits</b>	1.5
<b>Version</b>	2.0
<b>Last Reviewed Date</b>	NA
<b>Next Review Date</b>	17/11/2027
<b>NSQC Clearance Date</b>	17/11/2022

## Qualification Pack

### DGT/VSQ/N0101: Employability Skills (30 Hours)

#### Description

This unit is about employability skills, Constitutional values, becoming a professional in the 21st Century, digital, financial, and legal literacy, diversity and Inclusion, English and communication skills, customer service, entrepreneurship, and apprenticeship, getting ready for jobs and career development.

#### Scope

The scope covers the following :

- Introduction to Employability Skills
- Constitutional values - Citizenship
- Becoming a Professional in the 21st Century
- Basic English Skills
- Communication Skills
- Diversity & Inclusion
- Financial and Legal Literacy
- Essential Digital Skills
- Entrepreneurship
- Customer Service
- Getting ready for Apprenticeship & Jobs

#### Elements and Performance Criteria

##### *Introduction to Employability Skills*

To be competent, the user/individual on the job must be able to:

**PC1.** understand the significance of employability skills in meeting the job requirements

##### *Constitutional values – Citizenship*

To be competent, the user/individual on the job must be able to:

**PC2.** identify constitutional values, civic rights, duties, personal values and ethics and environmentally sustainable practices

##### *Becoming a Professional in the 21st Century*

To be competent, the user/individual on the job must be able to:

**PC3.** explain 21st Century Skills such as Self-Awareness, Behavior Skills, Positive attitude, self-motivation, problem-solving, creative thinking, time management, social and cultural awareness, emotional awareness, continuous learning mindset etc.

##### *Basic English Skills*

To be competent, the user/individual on the job must be able to:

**PC4.** speak with others using some basic English phrases or sentences

##### *Communication Skills*

To be competent, the user/individual on the job must be able to:

**PC5.** follow good manners while communicating with others

**PC6.** work with others in a team

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### *Diversity & Inclusion*

To be competent, the user/individual on the job must be able to:

**PC7.** communicate and behave appropriately with all genders and PwD

**PC8.** report any issues related to sexual harassment

### *Financial and Legal Literacy*

To be competent, the user/individual on the job must be able to:

**PC9.** use various financial products and services safely and securely

**PC10.** calculate income, expenses, savings etc.

**PC11.** approach the concerned authorities for any exploitation as per legal rights and laws

### *Essential Digital Skills*

To be competent, the user/individual on the job must be able to:

**PC12.** operate digital devices and use its features and applications securely and safely

**PC13.** use internet and social media platforms securely and safely

### *Entrepreneurship*

To be competent, the user/individual on the job must be able to:

**PC14.** identify and assess opportunities for potential business

**PC15.** identify sources for arranging money and associated financial and legal challenges

### *Customer Service*

To be competent, the user/individual on the job must be able to:

**PC16.** identify different types of customers

**PC17.** identify customer needs and address them appropriately

**PC18.** follow appropriate hygiene and grooming standards

### *Getting ready for apprenticeship & Jobs*

To be competent, the user/individual on the job must be able to:

**PC19.** create a basic biodata

**PC20.** search for suitable jobs and apply

**PC21.** identify and register apprenticeship opportunities as per requirement

## Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

**KU1.** need for employability skills

**KU2.** various constitutional and personal values

**KU3.** different environmentally sustainable practices and their importance

**KU4.** Twenty first (21st) century skills and their importance

**KU5.** how to use basic spoken English language

**KU6.** Do and dont of effective communication

**KU7.** inclusivity and its importance

**KU8.** different types of disabilities and appropriate communication and behaviour towards PwD

**KU9.** different types of financial products and services

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- KU10.** how to compute income and expenses
- KU11.** importance of maintaining safety and security in financial transactions
- KU12.** different legal rights and laws
- KU13.** how to operate digital devices and applications safely and securely
- KU14.** ways to identify business opportunities
- KU15.** types of customers and their needs
- KU16.** how to apply for a job and prepare for an interview
- KU17.** apprenticeship scheme and the process of registering on apprenticeship portal

## Generic Skills (GS)

User/individual on the job needs to know how to:

- GS1.** communicate effectively using appropriate language
- GS2.** behave politely and appropriately with all
- GS3.** perform basic calculations
- GS4.** solve problems effectively
- GS5.** be careful and attentive at work
- GS6.** use time effectively
- GS7.** maintain hygiene and sanitisation to avoid infection

## Qualification Pack

### Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Introduction to Employability Skills</i>	<b>1</b>	<b>1</b>	-	-
<b>PC1.</b> understand the significance of employability skills in meeting the job requirements	-	-	-	-
<i>Constitutional values – Citizenship</i>	<b>1</b>	<b>1</b>	-	-
<b>PC2.</b> identify constitutional values, civic rights, duties, personal values and ethics and environmentally sustainable practices	-	-	-	-
<i>Becoming a Professional in the 21st Century</i>	<b>1</b>	<b>3</b>	-	-
<b>PC3.</b> explain 21st Century Skills such as Self-Awareness, Behavior Skills, Positive attitude, self-motivation, problem-solving, creative thinking, time management, social and cultural awareness, emotional awareness, continuous learning mindset etc.	-	-	-	-
<i>Basic English Skills</i>	<b>2</b>	<b>3</b>	-	-
<b>PC4.</b> speak with others using some basic English phrases or sentences	-	-	-	-
<i>Communication Skills</i>	<b>1</b>	<b>1</b>	-	-
<b>PC5.</b> follow good manners while communicating with others	-	-	-	-
<b>PC6.</b> work with others in a team	-	-	-	-
<i>Diversity &amp; Inclusion</i>	<b>1</b>	<b>1</b>	-	-
<b>PC7.</b> communicate and behave appropriately with all genders and PwD	-	-	-	-
<b>PC8.</b> report any issues related to sexual harassment	-	-	-	-
<i>Financial and Legal Literacy</i>	<b>3</b>	<b>4</b>	-	-
<b>PC9.</b> use various financial products and services safely and securely	-	-	-	-



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Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<b>PC10.</b> calculate income, expenses, savings etc.	-	-	-	-
<b>PC11.</b> approach the concerned authorities for any exploitation as per legal rights and laws	-	-	-	-
<i>Essential Digital Skills</i>	<b>4</b>	<b>6</b>	-	-
<b>PC12.</b> operate digital devices and use its features and applications securely and safely	-	-	-	-
<b>PC13.</b> use internet and social media platforms securely and safely	-	-	-	-
<i>Entrepreneurship</i>	<b>3</b>	<b>5</b>	-	-
<b>PC14.</b> identify and assess opportunities for potential business	-	-	-	-
<b>PC15.</b> identify sources for arranging money and associated financial and legal challenges	-	-	-	-
<i>Customer Service</i>	<b>2</b>	<b>2</b>	-	-
<b>PC16.</b> identify different types of customers	-	-	-	-
<b>PC17.</b> identify customer needs and address them appropriately	-	-	-	-
<b>PC18.</b> follow appropriate hygiene and grooming standards	-	-	-	-
<i>Getting ready for apprenticeship &amp; Jobs</i>	<b>1</b>	<b>3</b>	-	-
<b>PC19.</b> create a basic biodata	-	-	-	-
<b>PC20.</b> search for suitable jobs and apply	-	-	-	-
<b>PC21.</b> identify and register apprenticeship opportunities as per requirement	-	-	-	-
<b>NOS Total</b>	<b>20</b>	<b>30</b>	-	-

## Qualification Pack

### National Occupational Standards (NOS) Parameters

<b>NOS Code</b>	DGT/VSQ/N0101
<b>NOS Name</b>	Employability Skills (30 Hours)
<b>Sector</b>	Cross Sectoral
<b>Sub-Sector</b>	Professional Skills
<b>Occupation</b>	Employability
<b>NSQF Level</b>	2
<b>Credits</b>	1
<b>Version</b>	1.0
<b>Last Reviewed Date</b>	NA
<b>Next Review Date</b>	28/02/2026
<b>NSQC Clearance Date</b>	28/02/2023

## Qualification Pack

### HSS/N3613: Pre Procedural requirements of Ayurveda Massage

#### Description

This Occupational Standard describes the knowledge, understanding and skills required by an individual to meet pre procedural requirements of Ayurveda Massage

#### Scope

The scope covers the following :

- Pre-Procedural requirements

#### Elements and Performance Criteria

##### *Pre-Procedural requirements*

To be competent, the user/individual on the job must be able to:

- PC1.** wear Personal Protective Equipment (PPE)
- PC2.** maintain conducive ambience, environment and cleanliness in the set up
- PC3.** introduce oneself to the client and communicate in a way to reflect gender sensitivity
- PC4.** empathize with Persons with Disability (PwD)
- PC5.** encourage the client to ask questions, seek advice and express any concerns
- PC6.** maintain client's privacy
- PC7.** assist client in maintaining position for massage and draping as per the instructions
- PC8.** collect equipment and materials required for conducting massage and are suitable for use
- PC9.** ensure that personal articles of the individual are taken and kept secured as per organizational policies

#### Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

- KU1.** procedures for safe practice
- KU2.** relevant Workplace Health and Safety (WHS) legislation
- KU3.** own role, expectations and responsibilities
- KU4.** professional standards and codes of practice for the area of work
- KU5.** PwD laws/schemes/Acts/Provisions
- KU6.** the history, principles and development of Ayurveda massage
- KU7.** types of Ayurvedic massage
- KU8.** the effect of ayurvedic massage as per mechanical, physiological, psychological and reflex effects
- KU9.** basic structure and function of human body

#### Generic Skills (GS)

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User/individual on the job needs to know how to:

- GS1.** write messages, notes and short descriptive text with reasonable accuracy for easy interpretation of the information
- GS2.** read documents and information displayed at the workplace
- GS3.** communicate effectively with co-workers and others
- GS4.** plan day to day tasks related to massage for optimum productivity

## Qualification Pack

### Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Pre-Procedural requirements</i>	<b>150</b>	<b>209</b>	-	<b>83</b>
<b>PC1.</b> wear Personal Protective Equipment (PPE)	-	-	-	-
<b>PC2.</b> maintain conducive ambience, environment and cleanliness in the set up	-	-	-	-
<b>PC3.</b> introduce oneself to the client and communicate in a way to reflect gender sensitivity	-	-	-	-
<b>PC4.</b> empathize with Persons with Disability (PwD)	-	-	-	-
<b>PC5.</b> encourage the client to ask questions, seek advice and express any concerns	-	-	-	-
<b>PC6.</b> maintain client's privacy	-	-	-	-
<b>PC7.</b> assist client in maintaining position for massage and draping as per the instructions	-	-	-	-
<b>PC8.</b> collect equipment and materials required for conducting massage and are suitable for use	-	-	-	-
<b>PC9.</b> ensure that personal articles of the individual are taken and kept secured as per organizational policies	-	-	-	-
<b>NOS Total</b>	<b>150</b>	<b>209</b>	-	<b>83</b>

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### National Occupational Standards (NOS) Parameters

<b>NOS Code</b>	HSS/N3613
<b>NOS Name</b>	Pre Procedural requirements of Ayurveda Massage
<b>Sector</b>	Healthcare
<b>Sub-Sector</b>	AYUSH
<b>Occupation</b>	Ayurveda Therapy
<b>NSQF Level</b>	3
<b>Credits</b>	1
<b>Version</b>	3.0
<b>Last Reviewed Date</b>	NA
<b>Next Review Date</b>	17/11/2027
<b>NSQC Clearance Date</b>	17/11/2022

## Qualification Pack

### HSS/N3614: Carry out Ayurvedic Massage

#### Description

This Occupational Standard describes the knowledge, understanding and skills required by an individual to conduct ayurvedic massage and meet the post procedural requirements

#### Scope

The scope covers the following :

- Procedural requirements
- Post procedural requirements

#### Elements and Performance Criteria

##### *Procedural requirements*

To be competent, the user/individual on the job must be able to:

- PC1.** drape client to expose only the part of the body being worked on
- PC2.** apply massage techniques according to orders and prescriptions
- PC3.** make appropriate adjustments during massage to meet any changing needs.
- PC4.** appropriately utilize massage mediums, coverings and supports as and when required
- PC5.** respect client boundaries at all times
- PC6.** seek client feedback on comfort levels
- PC7.** check the client's well-being throughout and give reassurance where needed.
- PC8.** seek help and support from other colleagues in case needed
- PC9.** inform to appropriate authority/professionals in case of any concern arise during massage

##### *Post procedural requirements*

To be competent, the user/individual on the job must be able to:

- PC10.** maintain client privacy
- PC11.** clean the client after massage of any excess oil etc
- PC12.** provide clean clothes to the client as per organizational policies
- PC13.** handover personal belongings to the client as per organizational policies and procedures
- PC14.** provide clear and accurate information with regard to any relevant aftercare and self-care
- PC15.** complete and maintain records in accordance with professional and legal requirements

#### Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

- KU1.** procedures for safe practice
- KU2.** relevant Workplace Health and Safety (WHS) legislation
- KU3.** own role, expectations and responsibilities

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- KU4.** professional standards and codes of practice for the area of work
- KU5.** PwD laws/schemes/Acts/Provisions
- KU6.** types of presenting conditions including emotional/stress related conditions, muscular over/under use, muscular spasm, muscular imbalance, long-term illness, terminal illness
- KU7.** the importance of maintaining correct posture
- KU8.** massage techniques, pressures and rhythms
- KU9.** benefits of massage, including: relaxation/invigoration, relieve tension, improved range of movement and flexibility, improved skin condition, improved systemic function, improved sleep patterns, pain reduction, injury prevention, improved circulation
- KU10.** how to work with clients to determine the appropriate actions
- KU11.** how to evaluate the effectiveness of the massage
- KU12.** the procedures for record keeping in accordance with legal and professional requirements
- KU13.** how the psychological and emotional balance, as well as diet and lifestyle of the individual, can affect their health and well being
- KU14.** importance of maintaining records and documentation

## Generic Skills (GS)

User/individual on the job needs to know how to:

- GS1.** write messages, notes and short descriptive text with reasonable accuracy for easy interpretation of the information
- GS2.** read documents and information displayed at the workplace
- GS3.** communicate effectively with co-workers and others
- GS4.** plan day to day tasks related to ayurvedic massage for optimum productivity



## Qualification Pack

### Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Procedural requirements</i>	<b>100</b>	<b>111</b>	<b>-</b>	<b>50</b>
<b>PC1.</b> drape client to expose only the part of the body being worked on	-	-	-	-
<b>PC2.</b> apply massage techniques according to orders and prescriptions	-	-	-	-
<b>PC3.</b> make appropriate adjustments during massage to meet any changing needs.	-	-	-	-
<b>PC4.</b> appropriately utilize massage mediums, coverings and supports as and when required	-	-	-	-
<b>PC5.</b> respect client boundaries at all times	-	-	-	-
<b>PC6.</b> seek client feedback on comfort levels	-	-	-	-
<b>PC7.</b> check the client's well-being throughout and give reassurance where needed.	-	-	-	-
<b>PC8.</b> seek help and support from other colleagues in case needed	-	-	-	-
<b>PC9.</b> inform to appropriate authority/professionals in case of any concern arise during massage	-	-	-	-
<i>Post procedural requirements</i>	<b>75</b>	<b>100</b>	<b>-</b>	<b>40</b>
<b>PC10.</b> maintain client privacy	-	-	-	-
<b>PC11.</b> clean the client after massage of any excess oil etc	-	-	-	-
<b>PC12.</b> provide clean clothes to the client as per organizational policies	-	-	-	-
<b>PC13.</b> handover personal belongings to the client as per organizational policies and procedures	-	-	-	-
<b>PC14.</b> provide clear and accurate information with regard to any relevant aftercare and self-care	-	-	-	-

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Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<b>PC15.</b> complete and maintain records in accordance with professional and legal requirements	-	-	-	-
<b>NOS Total</b>	<b>175</b>	<b>211</b>	<b>-</b>	<b>90</b>

## Qualification Pack

### National Occupational Standards (NOS) Parameters

<b>NOS Code</b>	HSS/N3614
<b>NOS Name</b>	Carry out Ayurvedic Massage
<b>Sector</b>	Healthcare
<b>Sub-Sector</b>	AYUSH
<b>Occupation</b>	Ayurveda Therapy
<b>NSQF Level</b>	3
<b>Credits</b>	5
<b>Version</b>	3.0
<b>Last Reviewed Date</b>	NA
<b>Next Review Date</b>	17/11/2027
<b>NSQC Clearance Date</b>	17/11/2022

## Qualification Pack

### HSS/N3608: Assist in post procedure compliances of panchakarma session

#### Description

This Occupational Standard describes the knowledge, understanding and skills required by an individual to carry out post procedure requirement such as cleaning of client/set up/equipment and re-setting up of unit for next session

#### Scope

The scope covers the following :

- Post procedure requirement of client
- Post procedure requirement of unit

#### Elements and Performance Criteria

##### *Post procedure requirement of client*

To be competent, the user/individual on the job must be able to:

- PC1.** maintain client's privacy
- PC2.** clean the client's body as per organizational policies
- PC3.** handover client's articles such as jewelry, clothes and other valuables to client or relatives as per organizational policies
- PC4.** orient client about do's and don'ts of related panchakarma session as per prescriptions/orders
- PC5.** maintain records and reports of the session

##### *Post procedure requirement of unit*

To be competent, the user/individual on the job must be able to:

- PC6.** clean/ disinfect/ sterilize panchakarma set up and equipments as per the organization policies and procedures
- PC7.** pack and store equipments, materials and consumables used as per organizational policies and SOPs
- PC8.** check linen for grease, stains, damage and maintain record as per organizational policy
- PC9.** segregate rejected linen for wash or condemning as per organizational policy
- PC10.** organize documents, stationery, equipment and accessories as per work flow
- PC11.** check that all equipment and accessories are in working condition and safe to operate for next session
- PC12.** report any malfunction, damage, shortage of stock, missing item or sub-optimal performance to appropriate authority as per standard procedure

#### Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

## Qualification Pack

- KU1.** procedures for safe practice
- KU2.** relevant Workplace Health and Safety (WHS) legislation
- KU3.** norms set by accreditation agencies for panchakarma units
- KU4.** relevant Indian hospital standards, regulations and guidelines
- KU5.** standard operating procedures for cleaning panchakarma unit
- KU6.** suitable cleaning agents and methods of cleaning
- KU7.** after care or cleaning procedure of client
- KU8.** safe practices while handling/cleaning articles and linen
- KU9.** escalation protocols in case of non-compliances
- KU10.** donning and doffing of Personal Protective Equipment (PPE)

## Generic Skills (GS)

User/individual on the job needs to know how to:

- GS1.** write messages, notes and short descriptive text with reasonable accuracy for easy interpretation of the information
- GS2.** read documents and information displayed at the workplace
- GS3.** communicate effectively with co-workers and others
- GS4.** plan day to day tasks related to Panchkarma procedures for optimum productivity

## Qualification Pack

### Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Post procedure requirement of client</i>	<b>50</b>	<b>30</b>	-	<b>13</b>
<b>PC1.</b> maintain client's privacy	-	-	-	-
<b>PC2.</b> clean the client's body as per organizational policies	-	-	-	-
<b>PC3.</b> handover client's articles such as jewelry, clothes and other valuables to client or relatives as per organizational policies	-	-	-	-
<b>PC4.</b> orient client about do's and don'ts of related panchakarma session as per prescriptions/orders	-	-	-	-
<b>PC5.</b> maintain records and reports of the session	-	-	-	-
<i>Post procedure requirement of unit</i>	<b>50</b>	<b>37</b>	-	<b>10</b>
<b>PC6.</b> clean/ disinfect/ sterilize panchakarma set up and equipments as per the organization policies and procedures	-	-	-	-
<b>PC7.</b> pack and store equipments, materials and consumables used as per organizational policies and SOPs	-	-	-	-
<b>PC8.</b> check linen for grease, stains, damage and maintain record as per organizational policy	-	-	-	-
<b>PC9.</b> segregate rejected linen for wash or condemning as per organizational policy	-	-	-	-
<b>PC10.</b> organize documents, stationery, equipment and accessories as per work flow	-	-	-	-
<b>PC11.</b> check that all equipment and accessories are in working condition and safe to operate for next session	-	-	-	-
<b>PC12.</b> report any malfunction, damage, shortage of stock, missing item or sub-optimal performance to appropriate authority as per standard procedure	-	-	-	-
<b>NOS Total</b>	<b>100</b>	<b>67</b>	-	<b>23</b>

## Qualification Pack

### National Occupational Standards (NOS) Parameters

<b>NOS Code</b>	HSS/N3608
<b>NOS Name</b>	Assist in post procedure compliances of panchakarma session
<b>Sector</b>	Healthcare
<b>Sub-Sector</b>	AYUSH
<b>Occupation</b>	Ayurveda Therapy
<b>NSQF Level</b>	3
<b>Credits</b>	3
<b>Version</b>	3.0
<b>Last Reviewed Date</b>	NA
<b>Next Review Date</b>	17/11/2027
<b>NSQC Clearance Date</b>	17/11/2022

## Assessment Guidelines and Assessment Weightage

### Assessment Guidelines

1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC.
2. The assessment for the theory part will be based on knowledge bank of questions created by the SSC.
3. Individual assessment agencies will create unique question papers for theory part for each candidate at each examination/training center (as per assessment criteria below).
4. Individual assessment agencies will create unique evaluations for skill practical for every student at each examination/ training center based on these criteria.
5. In case of successfully passing only certain number of NOSs, the trainee is eligible to take subsequent assessment on the balance NOS's to pass the Qualification Pack.

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6. In case of unsuccessful completion, the trainee may seek reassessment on the Qualification Pack

### Minimum Aggregate Passing % at QP Level : 70

(**Please note:** Every Trainee should score a minimum aggregate passing percentage as specified above, to successfully clear the Qualification Pack assessment.)

## Assessment Weightage

Compulsory NOS

National Occupational Standards	Theory Marks	Practical Marks	Project Marks	Viva Marks	Total Marks	Weightage
HSS/N9624.Maintain a safe and secure working environment	10	10	-	10	30	10
HSS/N9625.Maintain interpersonal relationships and professional conduct	15	20	-	17	52	10
DGT/VSQ/N0101.Employability Skills (30 Hours)	20	30	0	0	50	10
HSS/N3613.Pre Procedural requirements of Ayurveda Massage	150	209	-	83	442	20
HSS/N3614.Carry out Ayurvedic Massage	175	211	-	90	476	30
HSS/N3608.Assist in post procedure compliances of panchakarma session	100	67	-	23	190	20
<b>Total</b>	<b>470</b>	<b>547</b>	<b>0</b>	<b>0</b>	<b>1240</b>	<b>100</b>



## Qualification Pack

### Acronyms

<b>NOS</b>	National Occupational Standard(s)
<b>NSQF</b>	National Skills Qualifications Framework
<b>QP</b>	Qualifications Pack
<b>TVET</b>	Technical and Vocational Education and Training

## Qualification Pack

### Glossary

<b>Sector</b>	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
<b>Sub-sector</b>	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
<b>Occupation</b>	Occupation is a set of job roles, which perform similar/ related set of functions in an industry.
<b>Job role</b>	Job role defines a unique set of functions that together form a unique employment opportunity in an organisation.
<b>Occupational Standards (OS)</b>	OS specify the standards of performance an individual must achieve when carrying out a function in the workplace, together with the Knowledge and Understanding (KU) they need to meet that standard consistently. Occupational Standards are applicable both in the Indian and global contexts.
<b>Performance Criteria (PC)</b>	Performance Criteria (PC) are statements that together specify the standard of performance required when carrying out a task.
<b>National Occupational Standards (NOS)</b>	NOS are occupational standards which apply uniquely in the Indian context.
<b>Qualifications Pack (QP)</b>	QP comprises the set of OS, together with the educational, training and other criteria required to perform a job role. A QP is assigned a unique qualifications pack code.
<b>Unit Code</b>	Unit code is a unique identifier for an Occupational Standard, which is denoted by an 'N'
<b>Unit Title</b>	Unit title gives a clear overall statement about what the incumbent should be able to do.
<b>Description</b>	Description gives a short summary of the unit content. This would be helpful to anyone searching on a database to verify that this is the appropriate OS they are looking for.
<b>Scope</b>	Scope is a set of statements specifying the range of variables that an individual may have to deal with in carrying out the function which have a critical impact on quality of performance required.

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<b>Knowledge and Understanding (KU)</b>	Knowledge and Understanding (KU) are statements which together specify the technical, generic, professional and organisational specific knowledge that an individual needs in order to perform to the required standard.
<b>Organisational Context</b>	Organisational context includes the way the organisation is structured and how it operates, including the extent of operative knowledge managers have of their relevant areas of responsibility.
<b>Technical Knowledge</b>	Technical knowledge is the specific knowledge needed to accomplish specific designated responsibilities.
<b>Core Skills/ Generic Skills (GS)</b>	Core skills or Generic Skills (GS) are a group of skills that are the key to learning and working in today's world. These skills are typically needed in any work environment in today's world. These skills are typically needed in any work environment. In the context of the OS, these include communication related skills that are applicable to most job roles.
<b>Electives</b>	Electives are NOS/set of NOS that are identified by the sector as contributive to specialization in a job role. There may be multiple electives within a QP for each specialized job role. Trainees must select at least one elective for the successful completion of a QP with Electives.
<b>Options</b>	Options are NOS/set of NOS that are identified by the sector as additional skills. There may be multiple options within a QP. It is not mandatory to select any of the options to complete a QP with Options.