



JOB ROLE OVERVIEW

DIET ASSISTANT (HSS/Q5201)

Role Description	Some of the key responsibilities of the Diet Assistant include diet preparation, diet regulations, food handling, safety and sanitary standards and certain administrative functions
Version	1.0
NSQF Level	4
Minimum Educational Qualifications	Class X
Maximum Educational Qualifications	Not Applicable
Training (Suggested but not mandatory)	
Minimum Job Entry Age	18 years
Experience	Not Applicable

Applicable National Occupational Standards (NOS)

1. HSS/N5201: Maintain hygiene & food safety
2. HSS/N5202: Store food safely and prevent contamination
3. HSS/N5203: Handle food safely to avoid contamination
4. HSS/N5204: Select a therapeutic diet/ menu based on Diet prescription.
5. HSS/N5205: Prepare food safely to maintain nutritive value and avoid contamination.
6. HSS/N5206: Educate patient on dietary restrictions as per instructions from Diet
7. HSS/N9603: Act within the limits of your competence and authority
8. HSS/N9606: Maintain a safe, healthy and secure environment
9. HSS/N9607: Practice Code of conduct while performing duties
10. HSS/N9609: Follow biomedical waste disposal protocols
11. HSS/N9610: Follow infection control policies and procedures

Assessment Guidelines

1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC
2. The assessment for the theory part will be based on knowledge bank of questions created by the SSC
3. Individual assessment agencies will create unique question papers for theory part for each candidate at each examination/training-center (as per assessment criteria below)
4. Individual assessment agencies will create unique evaluations for skill practical for every student at each examination/training center based on this criteria
5. To pass the Qualification Pack, every trainee should score as per assessment grid.
6. In case of successfully passing only certain number of NOS's, the trainee is eligible to take subsequent assessment on the balance NOS's to pass the Qualification Pack