

National Occupational Standards

Alzheimer & Dementia Care- Fundamentals

Unit Code: HSS/N6017

Version: 1.0

NSQF Level: 4

Healthcare Sector Skill Council || 520, DLF Tower A, 5th Floor, Jasola District Centre
New Delhi - 110025

National Occupational Standards

Description

This OS unit is about assisting the geriatrics living with Alzheimer's and dementia with professional techniques in providing support in performing procedures as instructed in a care plan.

Scope

The scope covers the following :

- assist in Implementing special procedures as per Alzheimer's and dementia patient's care plan,
- providing physical, psychological, spiritual and social support,
- approaching to support patient with common symptoms,

Elements and Performance Criteria

Assist in Implementing special procedures as per Alzheimer's and dementia patient's care plan

To be competent, the user/individual on the job must be able to:

- PC1.** communicate to patient in a respectful, non-threatening, non-judgmental and empathetic manner
- PC2.** apply risk identification and minimization strategies to dementia care and services
- PC3.** ensure privacy while assisting for any task
- PC4.** follow scope of roles, responsibilities and limits of competence and authority while assisting for special procedure
- PC5.** contribute to effective working relationships
- PC6.** monitor own stress level in relation to working with people with dementia
- PC7.** use appropriate self-care strategies and seek support if required
- PC8.** participate in inter-disciplinary team working to support individuals
- PC9.** ensure personal fitness for work and seek assistance as required
- PC10.** report incidents according to organisation policies and procedures
- PC11.** providing care to patients suffering from Alzheimer's disease which is a leading cause of dementia
- PC12.** provide patient care that is compassionate, appropriate and effective related to dementia and alzheimer patients.
- PC13.** to communicate with patients and family caregivers in a culturally sensitive manner to enrich interactions
- PC14.** manage changes in communication and behavior of patients
- PC15.** providing support in maintaining activities of daily living for dementia patients.

Provide physical, psychological, spiritual and social support

To be competent, the user/individual on the job must be able to:

- PC16.** give importance to dementia care by providing a safe and supportive environment, stimulating activities, and ensuring adequate physical and emotional needs are met.
- PC17.** maintaining personal care and hygiene.
- PC18.** understand the fall prevention strategies for patients.
- PC19.** observe patient care suffering

National Occupational Standards

PC20. importance of monitoring the patient's condition and informing the other health care providers who are also involved in their care

Approaching to support patient with common symptoms

To be competent, the user/individual on the job must be able to:

PC21. understand the specialized memory care programs and environments to be adopted while providing Alzheimer's and dementia care

PC22. stimulating daily activities and routines to be followed for engaging Alzheimer's and dementia patient

PC23. respond to emergencies while providing care.

PC24. clean, dried and stored all the equipment (out of the reach of patients) and environment safely

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

KU1. important relevant protocols, good practices, standards, policies and procedures

KU2. basic structure and function of the healthcare system in the country

KU3. basic structure and function of healthcare facilities

KU4. understand about elderly, elderly care a growing challenge

KU5. ageing and ageing process, changes in elderly, rights of elderly (Constitutional Rights)

KU6. characteristics/traits/qualities of caregivers, roles & responsibilities of caregivers, scope/job opportunities, code of conduct

KU7. human body system

KU8. Alzheimer's disease as a leading cause of dementia and associated symptoms

KU9. support required to care for dementia affected individuals

Generic Skills (GS)

User/individual on the job needs to know how to:

GS1. use effective written communication protocols where necessary

GS2. read and correctly interpret work related documents

GS3. use effective communication with colleagues and other health professionals while maintaining a professional attitude

GS4. listen to colleagues and other health professionals

GS5. communicate with the concerned person if the information provided or the medical records are not complete

GS6. plan the activity and organize the same with other team members if they are needed

GS7. ensure that all patients care activities are performed keeping in consideration the patient's comfort and willingness

GS8. communicate patients concerns to appropriate authority

GS9. use the existing experience for improving the comfort during process

National Occupational Standards

Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Assist in Implementing special procedures as per Alzheimer's and dementia patient's care plan</i>	10	15	5	10
PC1. communicate to patient in a respectful, non-threatening, non-judgmental and empathetic manner	-	-	-	-
PC2. apply risk identification and minimization strategies to dementia care and services	-	-	-	-
PC3. ensure privacy while assisting for any task	-	-	-	-
PC4. follow scope of roles, responsibilities and limits of competence and authority while assisting for special procedure	-	-	-	-
PC5. contribute to effective working relationships	-	-	-	-
PC6. monitor own stress level in relation to working with people with dementia	-	-	-	-
PC7. use appropriate self-care strategies and seek support if required	-	-	-	-
PC8. participate in inter-disciplinary team working to support individuals	-	-	-	-
PC9. ensure personal fitness for work and seek assistance as required	-	-	-	-
PC10. report incidents according to organisation policies and procedures	-	-	-	-
PC11. providing care to patients suffering from Alzheimer's disease which is a leading cause of dementia	-	-	-	-
PC12. provide patient care that is compassionate, appropriate and effective related to dementia and alzheimer patients.	-	-	-	-
PC13. to communicate with patients and family caregivers in a culturally sensitive manner to enrich interactions	-	-	-	-

National Occupational Standards

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
PC14. manage changes in communication and behavior of patients	-	-	-	-
PC15. providing support in maintaining activities of daily living for dementia patients.	-	-	-	-
<i>Provide physical, psychological, spiritual and social support</i>	10	5	5	10
PC16. give importance to dementia care by providing a safe and supportive environment, stimulating activities, and ensuring adequate physical and emotional needs are met.	-	-	-	-
PC17. maintaining personal care and hygiene.	-	-	-	-
PC18. understand the fall prevention strategies for patients.	-	-	-	-
PC19. observe patient care suffering	-	-	-	-
PC20. importance of monitoring the patient's condition and informing the other health care providers who are also involved in their care	-	-	-	-
<i>Approaching to support patient with common symptoms</i>	10	5	5	10
PC21. understand the specialized memory care programs and environments to be adopted while providing Alzheimer's and dementia care	-	-	-	-
PC22. stimulating daily activities and routines to be followed for engaging Alzheimer's and dementia patient	-	-	-	-
PC23. respond to emergencies while providing care.	-	-	-	-
PC24. clean ,dried and stored all the equipment (out of the reach of patients) and environment safely	-	-	-	-
NOS Total	30	25	15	30

National Occupational Standards

National Occupational Standards (NOS) Parameters

NOS Code	HSS/N6017
NOS Name	Alzheimer & Dementia Care- Fundamentals
Sector	Healthcare
Sub-Sector	Allied Health & Paramedics
Occupation	Special Care Services
NSQF Level	4
Credits	4
Minimum Job Entry Age	18
Minimum Educational Qualification & Experience	Ability to read and write (Auxiliary Nursing Midwife (ANM)) with 2 Years of experience healthcare OR Certificate-NSQF (4-Geriatric Caregiver) with 1.5 years of experience healthcare sector OR Previous relevant Qualification of NSQF Level (3.5- Emergency Care Assistant) with 1.5 years of experience healthcare sector OR Certificate-NSQF (3- General Duty Assistant, Home Health Aide, Dresser (Medical), Multiskilled Health Assistant ,Frontline Healthcare giving assistant) with 3 Years of experience healthcare sector
Version	1.0
Last Reviewed Date	07/10/2025
Next Review Date	07/10/2028
NSQF Clearance Date	07/10/2025
Reference code on NQR	NG-04-HE-045252025-V1-HSSC
NQR Version	1
CCN Category	2