



Model Curriculum

QP Name: Naturopathy Assistant

QP Code: HSS/Q3606

QP Version: 1.0

NSQF Level: 3

Model Curriculum Version: 1.0

Healthcare Sector Skill Council || Healthcare Sector Skill Council, 520, DLF Tower A, 5th Floor, Jasola District Centre,
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Training Parameters

Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Naturopathy
Country	India
NSQF Level	3
Aligned to NCO/ISCO/ISIC Code	NCO/2015/2269.0100
Minimum Educational Qualification and Experience	<ul style="list-style-type: none"> • 10th grade pass with NA of experience OR • 8th grade pass with 2 Years of experience relevant experience OR • 8th grade pass and pursuing continuous schooling (in regular school with vocational subject) with NA of experience OR • Previous relevant Qualification of NSQF Level (2.5) with 1-2 Years of experience with 1.5 years of relevant experience
Pre-Requisite License or Training	
Minimum Job Entry Age	18 Years
Last Reviewed On	29/09/2023
Next Review Date	29/09/2026
NSQC Approval Date	29/09/2023
QP Version	1.0
Model Curriculum Creation Date	29/09/2023
Model Curriculum Valid Up to Date	29/09/2026
Model Curriculum Version	1.0
Minimum Duration of the Course	480 Hrs
Maximum Duration of the Course	480 Hrs

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner should have acquired the listed knowledge and skills.

- Explain the concept and fundamental principles of Ayush and Naturopathy
- Discuss the significance of naturopathy practices for healthy living.
- Explain the concept of Massage therapy, Hydrotherapy, Mud therapy, Magneto therapy.
- Explain the concept of Chromotherapy, Acupressure, Diet and Nutrition.
- Explain the concept of Yoga and Meditation in Naturopathy
- Explain the benefits of naturopathy in prevention and management of lifestyle disorders.
- Prepare the work area to ensure the efficiency and effectiveness of the outcome.
- Maintain personal hygiene, grooming and personal behaviour in accordance with organization's standards.
- Demonstrate the process of maintaining relevant records.
- Maintain a safe, healthy, and secure working environment.
- Follow biomedical waste disposal and infection control policies and procedures.
- Maintain interpersonal relationships with others.
- Maintain professional and medico-legal conduct in accordance with legislation, protocols and guidelines set up by the relevant authorities.

Compulsory Modules

The table lists the modules and their duration corresponding to the Compulsory NOS of the QP.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
Bridge Module	15:00	15:00	00:00	00:00	30:00
Module 1: Introduction to AYUSH delivery systems	05:00	05:00	00:00	00:00	10:00
Module 2 : Roles and Responsibility of Naturopathy Assistant.	05:00	05:00	00:00	00:00	10:00
Module 3 : Basic structure and function of human body(Sharira and Kriya Sharira)	05:00	05:00	00:00	00:00	10:00

HSS/N3615: Carry out Pre procedural requirements of Naturopathic procedures	30:00	30:00	30:00	00:00	90:00
Module 4 : Basic of Diet and Nutrition	05:00	10:00	10:00	00:00	25:00
Module 5 : Concept of Yoga and Meditation in Naturopathy	10:00	10:00	10:00	00:00	30:00
Module 6 : Preparation of participant and work area for Naturopathy Sessions	10:00	05:00	10:00	00:00	25:00
Module 7: Post session	05:00	05:00	00:00	00:00	10:00
HSS/N3616: Carry out Hydrotherapy procedure as per prescription	10:00	30:00	20:00	00:00	60:00
Module 8: Basics of Hydrotherapy Procedure	10:00	30:00	20:00	00:00	60:00
HSS/N3617: Carry out Mud Therapy procedure as per prescription	10:00	30:00	20:00	00:00	60:00
Module 9 : Basic of Mud therapy	10:00	30:00	20:00	00:00	60:00
HSS/N3618: Carry out Magneto Therapy/ Chromo therapy procedure as per prescription	15:00	30:00	30:00	00:00	75:00
Module 10: Basic of Magneto therapy, Chromotherapy	15:00	30:00	15:00	00:00	60:00
HSS/N3619: Carry out Acupressure/ Massage procedure as per prescription	30:00	30:00	30:00	00:00	90:00
Module 11 : Massage/Acupressure Techniques related to Naturopathy	30:00	30:00	30:00	00:00	90:00

HSS/N9625: Maintain interpersonal relationships and professional conduct	05:00	05:00	05:00	00:00	15:00
Module 12 : Maintain interpersonal relationship	05:00	05:00	05:00	00:00	15:00
HSS/N9624: Maintain a safe and secure working environment	05:00	10:00	15:00	00:00	30:00
Module 13 : Safety, emergency medical response and first aid	05:00	10:00	15:00	00:00	30:00
Module 14: : DGT/VSQ/N0101 : Employability Skills (30Hours)	30:00	00:00	00:00	00:00	30:00
Total Duration	150:00	180:00	150:00	00:00	480:00

Module Details

Module 1: Introduction to AYUSH healthcare system

Mapped to: Bridge Module

Terminal Outcomes:

- Describe the basic structure and function of AYUSH healthcare delivery system
- Discuss the importance of Naturopathy in health and wellbeing.

Duration: 05:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Describe the AYUSH healthcare system in India at primary , secondary , tertiary level. • Distinguish between private , public, and non-profit AYUSH healthcare system. • Discuss in detail about Naturopathy healthcare setup and services involved. • List the professionals involved at an Naturopathy healthcare facility along with their scope of work. 	<ul style="list-style-type: none"> • Prepare a note on the basic structure and function of AYUSH healthcare delivery system in India. • Prepare a chart of working setup of all the Naturopathy institutes .
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, yoga e-modules	
Tools, Equipment and Other Requirements	

Module 2 : Roles and Responsibility of Naturopathy Assistant.

Mapped to: Bridge Module

Terminal Outcomes:

- To Assist the Doctor in Naturopathy Procedures.
- Describe the role and responsibilities of a Naturopathy Assistant.

Duration: 05:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the role and responsibilities of a Naturopathy Assistant. • Distinguish between the scope of practice of a Naturopathy Assistant. • Explain the different procedures of Naturopathy • Explain the process of preparing a patient for the procedure. • Explain the process of keeping records. • Explain the process of consent before procedure. • Explain the importance of using computers, internet in day-to-day activities related to work. 	<ul style="list-style-type: none"> • Demonstrate effective interaction • With other professionals to promote appropriate implementation of services • Identify the equipment's required in a role of a Naturopathy Assistant in a skill lab
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, yoga e-modules	
Tools, Equipment and Other Requirements	
NA	

Module 3 : Basic structure and function of human body(Sharira and Kriya Sharira) Mapped to: Bridge Module

Terminal Outcomes:

- Demonstrate the knowledge of basic structure and function of the human body.

Duration: 05:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • List down various body parts. • Explain about basic anatomy and physiology of human body (Sharira, Kosha, Prana, Nadi, Chakra, Marma). • Explain about homeostasis, its mechanism to maintain internal environment of the body. • Introduction to sensory organs (Eyes, Nose, Ears, Tongue and Skin). • Explain the concept of Dosha-Dhatu, Mala. • Explain about Musculo Skeletal system, Respiratory System, Digestive system, Excretory system, Circulatory system, Nervous system, Endocrine system and Reproductive system • Explain the nine systems of the human body- their structure and functions and influence of Naturopathy practices on the different body systems. 	<ul style="list-style-type: none"> • Prepare a model of human body parts using waste material depicting different anatomical parts. • Prepare model and charts to explain different body parts. • Explain the Physiology of different systems of body. • Demonstrate different organs of the body.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, (marker, Duster, AV Aids for Understanding Human Body Structure and Function	
Tools, Equipment and Other Requirements	
Human Body Skeleton, Charts and Posters on body systems	

Module 4: Basic of Diet and Nutrition

Mapped to: HSS/N3615

Terminal Outcomes:

- Demonstrate the types of Diet given according to Naturopathy .
- Demonstrate the types of Nutrition given in different Naturopathy procedures.

Duration: 05:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Definition of Diet ,Nutrition. • Healthy Food Habbits – what ,when , where, how, how much, and how many times. • Types of Diet-Eliminative , Soothing, Constructive Diet. • Raw diet- Fruits, Salads and Sprouts- (Practical work) • Practical training in Naturopathic Recipes – Soups , Porridge, Daliya, Millets preparation. • Modern Nutrition – proteins, Carbohydrates, Fats, Vitamins and minerals. • Cooking and Non- cooking methods. • Selection of materials , modes of serving. • Modes of Cleanliness and Ambience. 	<ul style="list-style-type: none"> • Prepare charts to explain different methods to prepare dishes. • Practical Knowledge of food items having nutritious value. • Demonstrate different food items and ingredients in it.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, Fruits and Salads.practical preparation of different dishes.	
Tools, Equipment and Other Requirements	
Raw food items.cooked food items,	

Module 5: Concept of Yoga and Meditation in Naturopathy.

Mapped to: HSS/N3615

Terminal Outcomes:

- Explain about yoga concept of health, wellness, Rejuvenation in Naturopathy.

Duration: 10:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Discuss the types of Yoga asanas , Yoga Asnas according to different diseased condition. • Concept of Ashtanga Yoga , Suryanamaskara. • Explain about Pranayama , Bandhas , Mudras and various Kriyas. • Performing different Hath Yoga Asnas - Gomukhasna , Veerasana , kukkutasna, Dhanurasana , Bhadrasana etc. • Explanation about different Meditation and postures. • Explaining about concept of Pratyahara, Dharana , Dhyana . • Demonstrate about Spiritual meditation and concept of yoga nidra 	<ul style="list-style-type: none"> • Demonstrate different postures of Yoga • Perform all the Asnas required for different conditions of the patient • Demonstration of all the meditation postures.
-Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster,	
Tools, Equipment and Other Requirements	
Yoga mat, and all tools required for yoga, meditation posture.	

Module 6 : Preparation of participant and work area for Naturopathy Sessions Mapped to: HSS/N3615

Terminal Outcomes:

- Assist the pre-procedural preparedness for Naturopathy session.
- Demonstrate the use of equipment, tools, etc., for Naturopathy session , as per doctor.

Duration: 10:00	Duration: 05:00
<p>Theory – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Prepare unit as per organizational policies and protocols. • Discuss the significance of Naturopathy session. • Check the participant requirements and plan the session accordingly. • Identify limitations or comfort areas of participant basis on preferences considering factors such as gender, religion, culture, language etc. • Explain the importance of Naturopathy. • Discuss the precautions to be taken • Explain the complications due to Naturopathy session if any to the participant. • Communicate and behave in a professional manner when dealing with participant. 	<p>Practical – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Demonstrate safe work practices during the Naturopathy session. • Demonstrate the calm and relaxed position before starting a yoga session. • Demonstrate various voice modulation for effective sessions based on individual preference.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster,	
Tools, Equipment and Other Requirements	
Instruments required for different Naturopathy session.	

Module 7 : Post session

Mapped to: HSS/N3615

Terminal Outcomes:

- Address queries and doubts from participants.
- Carry out proper documentation and maintain confidentiality.

Duration: 05:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify the contra-indications related to various Naturopathy treatments • Explain the modifications in practices carried out during the session. • Explain the relevance and importance of feedback to participant. • Explain suitable suggestions to the patient based on performance without deviating from standard procedures or protocols. • Explain the importance of maintaining confidentiality of documents related to naturopathy session. Follow up for next session. Share phone numbers with patients, incase of any problem. 	<ul style="list-style-type: none"> • Demonstrate the process of addressing participant expectations, perceptions, knowledge, and concerns. • Demonstrate the use of effective communication skills and technical knowledge in guiding participant about the dos and don'ts after a naturopathy treatment session. • Prepare a sample of participant report and feedback form. • Prepare a sample questionnaire for participants queries and doubts.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, B	
Tools, Equipment and Other Requirements	
Sample formats of feedback forms, Sample formats of reports and records	

Module 8 : Basics of Hydrotherapy Procedure

Mapped to: HSS/N3616

- Introduction and definition of Hydrotherapy

Duration: 10:00	Duration: 30:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Definition of Hydrotherapy. • Types of Hydrotherapy .sauna bath , Steam bath , foot bath , Sitz bath, and Application of cold and hot water compresses. • Properties of Water. • Explain about Temperature and duration, Physiological effect of cold and hot on each system. • Action and Reaction. • Hydrotherapeutic treatments- method, Material Requisite, duration, Precautions, Indication ,Contraindications, Types, Temperature of each treatment.. • Efficient management of resources,equipments. 	<ul style="list-style-type: none"> • Thoroughly understanding the concept of Hydrotherapy. • Prepare charts related to different methods of Hydrotherapy. • Demonstrate the process of Hydrotherapy.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster,	
Tools, Equipment and Other Requirements	
models, Charts and Posters of different methods of Hydrotherapy.	

Module 9: Basic of Mud therapy

Mapped to: HSS/N3617

Terminal Outcomes:

- Definition of Mud Therapy
- Qualities of mud therapy
- Demonstrate the various procedures of Mud therapy.

Duration: 10:00	Duration: 30:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • List down various Mud Therapy. • Definition of mud therapy. • Explain about Qualities , properties of Mud. • Explain about the Mud processing and purification procedure. • Types of Mud application, general and local(direct and pack). • Effects of Mud bath, and local applications. • Preparation of Mud pack(cold and hot)-dimensions and duration. • Indication and Contraindication of Mud application. 	<ul style="list-style-type: none"> • Prepare a model and charts related to all the Mud therapies. • Prepare charts to explain different methods do to Mud therapy. • Demonstrate the pre procedure and procedure of all therapies. • Demonstrate the post procedure of Naturopathy.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster,	
Tools, Equipment and Other Requirements	
models, Charts and Posters of different methods of Hydrotherapy.	

Module 10: Basic of Magneto therapy, Chromotherapy

Mapped to: HSS/N3618

Terminal Outcomes:

- ☑ Demonstrate all procedure , therapies under the guidance of Physician.
- Demonstrate the procedures of Magneto therapy, Chromotherapy and Acupressure in detail.
- Definition and Types of Magneto Therapy.
- Definition ,Types and points of Acupressure
- Definition and types of Chromotherapy.

Duration: 15:00	Duration: 30:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • List down various types of Magneto therapy • Definition , properties, effects of magnets. • Types of Magnets(shape and Power). • Indications and Contraindications for using Magnets. • Definition of Acupressure. • Concepts and Basics of Acupressure. • Local point and Therapeutic application • Method of Application – Pressure and time • Definition , Importance of Chromo Therapy. • Effects of Colors - Indication and contraindications. • Charging of Water and Oil. • Chromo Thermoleum. • Sun Bath-Indication , contraindications ,choice and time duration. 	<ul style="list-style-type: none"> • Prepare charts to explain different Magneto therapy. • Knowledge of Electromagnetic field. • Demonstrate all the types and shapes of magnets. • Prepare charts to explain different methods of Acupressure. • Knowledge of pressure and time for the method of the procedure. • Demonstrate different local point • Prepare charts to explain different types of Chromo Therapy. • Knowledge Chromo Thermoleum. • Demonstrate effects of colors in Chromo Therapy , as per doctors instruction.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, Magnets, shapes of magnets .	
Tools, Equipment and Other Requirements	
Magnets (different shapes and powers),different types of lights for chromotherapy, Demonstrate different points of Acupressure.	

Module 11: Massage/Acupressure Techniques related to Naturopathy Mapped to: HSS/N3619

Terminal Outcomes:

- Explain about various techniques of massage in naturopathy.
- Demonstrate the procedures along with technique of massage therapy.

Duration: 30:00	Duration: 30:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Discuss the types and procedure of different types of massage in Naturopathy. • Definition and History of Massage. • Rules and regulation applicable to massage therapist. • Oils and lubricants in Massage. • Explain different Type of Massage – Kellogs massage , Geriatric massage , Pre and Post natal massage . • Explain about powder Massage , Pediatric massage. • Demonstrate about different Movement of Massage – Touch, Friction, Stroking, Kneading, Vibration , Percussion , Joint movements. • Therapeutic massage • Indication and Contraindication of Massage therapy. • Basics of different pressure points according to acupressure therapy • Explain about the frequency and duration of pressure at pressure points • List down the sites of acupressure points in the human body • Explain about the indications for accupessure • Describe the contraindications of accupessure therapy 	<ul style="list-style-type: none"> • Demonstrate different Types of Massage • Demonstrate different Movements of Massage. • Different charts related to massage therapy • Demonstrate different charts related to movement of massage. • Demonstrate the chart related to different pressure points • Demonstrate the technique of acupressure
-Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, e- modules on massage therapy.	
Tools, Equipment and Other Requirements	
Checklist format, different types of oils for massage.	

Module 12 : Maintain interpersonal relationship

Mapped to: HSS/N9625

Terminal Outcomes:

- Communicate effectively with participants , as per the instructions of the physician.
- Adhere to organizational code of conduct while handling conflicts.

Duration: 05:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Discuss the importance of effective communication with participants, relatives, and colleagues without using jargons and colloquial terms. • Describe the attributes of a team player. • Discuss about confidentiality and privacy practices related to participant’s information. • Discuss the importance of teamwork. • Define rapidly changing situations. • Discuss about the importance of following rules and policies of organization for maintaining code of conduct and scope of work. 	<ul style="list-style-type: none"> • Apply guidelines related to usage of technical terms to ensure effective communication. • Apply time management skills during daily activities. • Demonstrate the use of reading and writing skills during written communication. • Demonstrate problem solving and decision-making skills in different situations. • Demonstrate skills of teamwork and work prioritization in different team activities. • Apply effective participant-centric approach while delivering services. • Apply the analytical skills to complete the reports with the information gathered from observation, experience, reasoning, or communication.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster.	
Tools, Equipment and Other Requirements	
Case studies and demonstrative videos on teamwork, group dynamics	

Module 13: Safety, emergency medical response and first aid

Mapped to: HSS/N9624

Terminal Outcomes:

- Perform Basic Life Support or basic first aid in medical emergency situations, as and when required.
- Respond to institutional emergencies appropriately.

Duration: 05:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the basics of first aid. • List the precautions to be taken for personal safety. • Discuss how to perform Basic Life Support (BLS). • Explain the use of protective devices such as restraints and safety devices. • Identify precautions to be taken for self-safety. • Explain about disaster management techniques to deal with institutional emergencies. • Discuss about the escalation matrix for referral and management of common emergencies. 	<ul style="list-style-type: none"> • Create a chart depicting different types of protective devices such as restraints and safety devices. • Create a flow chart depicting common emergency situations and its referral mechanism.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, Whiteboard/Smart Board, Marker, Duster.	
Tools, Equipment and Other Requirements	
Crash cart trolley, first aid box, CPR nursing manikin, Ambu bag with mask adult, torch, physical restraints, fire extinguisher	

Module 14: Employability Skills (30 hours)

Mapped to Module: DGT/VSQ/N0101, V1.0, Employability Skills (30 Hours)

Mandatory Duration: 30:00

Location: On-Site

S.No.	Module Name	Key Learning Outcomes	Duration(hours)
1.	Introduction to Employability Skills	<ul style="list-style-type: none"> Discuss the importance of Employability Skills in meeting the job requirements. 	1
2.	Constitutional values - Citizenship	<ul style="list-style-type: none"> Explain constitutional values, civic rights, duties, citizenship, responsibility towards society etc. that are required to be followed to become a responsible citizen. Show how to practice different environmentally sustainable practices. 	1
3.	Becoming a Professional in the 21st Century	<ul style="list-style-type: none"> Discuss 21st century skills. Display positive attitude, self-motivation, problem solving, time management skills and continuous learning mindset in different situations. 	1
4.	Basic English Skills	<ul style="list-style-type: none"> Use appropriate basic English sentences/phrases while speaking. 	2
5.	Communication Skills	<ul style="list-style-type: none"> Demonstrate how to communicate in a well-mannered way with others. Demonstrate working with others in a team. 	4
6.	Diversity & Inclusion	<ul style="list-style-type: none"> Show how to conduct oneself appropriately with all genders and PwD. Discuss the significance of reporting sexual harassment issues in time. 	1
7.	Financial and Legal Literacy	<ul style="list-style-type: none"> Discuss the significance of using financial products and services safely and securely. Explain the importance of managing expenses, income, and savings. Explain the significance of approaching the concerned authorities in time for any exploitation as per legal rights and laws. 	4
8.	Essential Digital Skills	<ul style="list-style-type: none"> Show how to operate digital devices and use the associated applications and features, safely and securely. Discuss the significance of using internet for browsing, accessing social media platforms, safely and securely. 	3
9.	Entrepreneurship	<ul style="list-style-type: none"> Discuss the need for identifying opportunities for potential business, sources for arranging money and potential legal and financial challenges. 	7
10.	Customer Service	<ul style="list-style-type: none"> Differentiate between types of customers. Explain the significance of identifying customer needs and addressing them. Discuss the significance of maintaining hygiene and dressing appropriately. 	4
11	Getting ready for apprenticeship & Jobs	<ul style="list-style-type: none"> Create a biodata. Use various sources to search and apply for jobs. Discuss the significance of dressing up neatly and maintaining hygiene for an interview. 	2

- | | | | |
|--|--|--|--|
| | | <ul style="list-style-type: none"> Discuss how to search and register for apprenticeship opportunities. | |
|--|--|--|--|

LIST OF TOOLS & EQUIPMENT FOR EMPLOYABILITY SKILLS

S No.	Name of the Equipment	Quantity
1.	Computer (PC) with latest configurations – and Internet connection with standard operating system and standard word processor and worksheet software (Licensed) (all software should either be latest version or one/two version below)	As required
2.	UPS	As required
3.	Scanner cum Printer	As required
4.	Computer Tables	As required
5.	Computer Chairs	As required
6.	LCD Projector	As required
7.	White Board 1200mm x 900mm	As required
<p><i>Note: Above Tools & Equipment not required, if Computer LAB is available in the institute.</i></p>		

On-the-Job Training

Mandatory Duration : 150 :00	Recommended Duration: 00:00
Location: On-Site	
<ul style="list-style-type: none"> • Provide support and assistance during the Massage therapy procedure • Provide support and assistance during the Hydrotherapy therapy procedure • Provide support and assistance during the Mud therapy procedure • Provide support and assistance during the Magneto therapy procedure • Assist the client for Chromotherapy, Acupressure • Guide about Diet and Nutrition related intervention post and pre naturopathy procedure • Explain the concept of Yoga and Meditation in Naturopathy • Explain the benefits of naturopathy in prevention and management of lifestyle disorders. • Prepare the work area to ensure the efficiency and effectiveness of the outcome. • Support the patient to follow the position according to the area of treatment. • Demonstrate various equipment lists used in naturopathy therapy. • Record the observations during the procedure. • Support in the basics of first aid. • List the precautions to be taken for personal safety and medico-legal conduct • Plan measures for safety of crude medicament/oil etc from moisture, water, fire, rodents, insects, and mites etc. • Emphasize in the process of the report of any incident. • Communicate about disaster management techniques to deal with institutional emergencies. • Communicate with the patient regarding any problem related to procedure. 	

Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
Bachelor's	in yoga & Naturopathy (BNYS) sciences from any UGC recognized University	3		0		NA
Diploma	Diploma in Naturopathy (ND) from any UGC recognized University in any Board/Council	4		0		NA

Trainer Certification	
Domain Certification	Platform Certification
Certified for Job Role: "Naturopathy Assistant" mapped to the Qualification Pack: "HSS/Q3606 v1.0" with minimum score of 80%.	Recommended that the Trainer is certified for the Job Role: "Trainer (VET and Skills)", mapped to the Qualification Pack: "MEP/Q2601, v2.0" with minimum score of 80%.

Assessors Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
Bachelor's	in yoga & Naturopathy (BNYS) sciences from any UGC recognized University	5		0		NA
Diploma	Diploma in Naturopathy (ND) from any UGC recognized University in any Board/Council	5		0		NA

Assessor Certification	
Domain Certification	Platform Certification
Certified for Job Role: "Naturopathy Assistant" mapped to the Qualification Pack: "HSS/Q3606 v1.0" with minimum score of 80%	Recommended that the Assessor is certified for the Job Role: "Assessor (VET and Skills)", mapped to the Qualification Pack: "MEP/Q2701, v2.0" with minimum score of 80%.

Assessment Strategy

The emphasis is on 'learning-by-doing' and practical demonstration of skills and knowledge based on the performance criteria. Accordingly, assessment criteria for each job role is set and made available in qualification pack.

The assessment papers for both theory and practical would be developed by Subject Matter Experts (SME) hired by Healthcare Sector Skill Council or with the HSSC accredited Assessment Agency as per the assessment criteria mentioned in the Qualification Pack. The assessments papers would also be checked for the various outcome-based parameters such as quality, time taken, precision, tools and equipment requirement etc.

Each NOS in the Qualification Pack (QP) is assigned a relative weightage for assessment based on the criticality of the NOS. Therein each Element/Performance Criteria in the NOS is assigned marks on relative importance, criticality of function and training infrastructure.

The following tools would be used for final assessment:

1. Practical Assessment: This comprises of a creation of mock environment in the skill lab which is equipped with all equipment required for the qualification pack.

Candidate's soft skills, communication, aptitude, safety consciousness, quality consciousness etc. is ascertained by observation and marked in observation checklist. The outcome is measured against the specified dimensions and standards to gauge the level of their skill achievements.

2. Viva/Structured Interview: This tool is used to assess the conceptual understanding and the behavioral aspects with regard to the job role and the specific task at hand. It also includes questions on safety, quality, environment, and equipment etc.

3. Written Test: Question paper consisting of 100 MCQs (Hard:40, Medium:30 and Easy: 30) with questions from each element of each NOS. The written assessment paper is comprised of following types of questions:

- i. True / False Statements
- ii. Multiple Choice Questions
- iii. Matching Type Questions.
- iv. Fill in the blanks.
- v. Scenario based Questions.
- vi. Identification Questions

QA Regarding Assessors:

Assessors are selected as per the "eligibility criteria" laid down by HSSC for assessing each job role. The assessors selected by Assessment Agencies are scrutinized and made to undergo training and introduction to HSSC Assessment Framework, competency based assessments, assessors guide etc. HSSC conducts "Training of Assessors" program from time to time for each job role and sensitize assessors regarding assessment process and strategy which is outlined on following mandatory parameters:

- 1) Guidance regarding NSQF
 - 2) Qualification Pack Structure
 - 3) Guidance for the assessor to conduct theory, practical and viva assessments
 - 4) Guidance for trainees to be given by assessor before the start of the assessments.
 - 5) Guidance on assessments process, practical brief with steps of operations practical observation checklist and mark sheet
 - 6) Viva guidance for uniformity and consistency across the batch.
 - 7) Mock assessments
- Sample question paper and practical demonstration

References

Glossary

Sector	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/ related set of functions in an industry.
National Occupational Standards (NOS)	NOS are occupational standards which apply uniquely in the Indian context.
Qualifications Pack (QP)	QP comprises the set of OS, together with the educational, training and other criteria required to perform a job role. A QP is assigned a unique qualifications pack code.

Acronyms and Abbreviations

NOS	National Occupational Standard(s)
NSQF	National Skills Qualifications Framework
QP	Qualifications Pack
PPE	Personal Protective Equipment

SOP	Standard Operating Procedure
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