



Model Curriculum

QP Name: Varmam-Marma Therapy Assistant

QP Code: HSS/Q3608

Version: 1.0

NSQF Level: 3

Model Curriculum Version: 1.0

Healthcare Sector Skill Council || Healthcare Sector Skill Council, 520, DLF Tower A, 5th Floor, Jasola District Centre, New Delhi – 110025

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Training Parameters

Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Ayurveda and Siddha Therapy
Country	India
NSQF Level	3
Aligned to NCO/ISCO/ISIC Code	NCO-2015/2269
Minimum Educational Qualification and Experience	<ul style="list-style-type: none"> • 10th Grade pass with NA of experience or • Class 8th Pass with 3 years of relevant experience or • Previous relevant qualification of NSQF Level 2.5 with 1.5 years of relevant experience
Pre-Requisite License or Training	
Minimum Job Entry Age	20 Years
Last Reviewed On	22-10-2024
Next Review Date	22/10/2029
NSQC Approval Date	22-10-2024
QP Version	1.0
Model Curriculum Creation Date	22-10-2024
Model Curriculum Valid Up to Date	22-10-2024
Model Curriculum Version	1.0
Minimum Duration of the Course	480hrs
Maximum Duration of the Course	480hrs

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner should have acquired the listed knowledge and skills.

- Explain the concept and fundamental principles of the Ayurveda and Siddha systems.
- Understand the concepts of (Physiology) and (Anatomy)
- Understand the role of Varmam-Marma Therapy Assistant
- Basic understanding of self-care according to Ayurveda and Siddha Siddhanta.
- Basic understanding of the Varmam Therapy regime according to the Siddha System.
- Basic understanding of the Marmam Therapy regime according to the Ayurveda System.
- Understanding the Pre-procedure, Procedure and Post-Procedure of Varmam-Marma Therapy
- Prepare the work area to ensure the efficiency and effectiveness of the outcome.
- Maintain personal hygiene, grooming, and personal behaviour under the organisation's standards.
- Demonstrate the process of maintaining relevant records.
- Maintain a safe, healthy, and secure working environment.
- Maintain professional and medico-legal conduct as per legislation and protocols, set by the relevant authorities.
- Follow biomedical waste disposal and infection control policies and procedures.
- Maintain interpersonal relationships with others.

Compulsory Modules

The table lists the modules and their duration corresponding to the Compulsory NOS of the QP.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
1.HSS/N3624: Conduct pre-procedural requirements for Varmam-Marma Therapy procedure	30:00	45:00	30:00	00:00	105:00
Module 1: Introduction to AYUSH Healthcare System	10:00	05:00	00:00	00:00	15:00
Module 2: Basics of Anatomy and Physiology	10:00	10:00	00:00	00:00	20:00

Module 3: Prerequisites to Varmam-Marma Therapy	10:00	30:00	00:00	00:00	40:00
2.HSS/N3625: Assist in Pradhan karma related to Varmam-Marma Therapy	30:00	45:00	30:00	00:00	105:00
Module 4: Pradhan Karma of Varmam-Marma Therapy	30:00	45:00	00:00	00:00	75:00
3.HSS/N3626: Assist in Paschat karma related to Varmam-Marmam Therapy	30:00	45:00	30:00	00:00	105:00
Module 5: Paschat Karma of Varmam-Marma Therapy	30:00	45:00	00:00	00:00	75:00
4.HSS/N3628: Provide support in day-to-day activities in the unit	15:00	45:00	30:00	00:00	90:00
Module 6: Support in day-to-day activity work	15:00	45:00	30:00	00:00	90:00
5. HSS/N9624 Maintain a safe and secure working environment	05:00	05:00	20:00	00:00	30:00
Module 7: Safety, emergency medical response and first aid	05:00	05:00	00:00	00:00	10:00
7.HSS/N9618: Follow infection control policies & procedures including biomedical waste disposal protocols	05:00	05:00	05:00	00:00	15:00
Module 9: Infection control policy and procedures	03:00	03:00	00:00	00:00	06:00
Module 10: Bio medical waste management	02:00	02:00	00:00	00:00	04:00
Total Duration	120:00	180:00	150:00	00:00	450:00
Module 11: DGT/VSQ/N0101 : Employability Skills (30 Hours)	30:00	00:00	00:00	00:00	30:00
Total Duration	150:00	180:00	150:00	00:00	480:00

Module Details

Module 1: Introduction to AYUSH Healthcare Systems

Mapped to: HSS/N3624

Terminal Outcomes:

- Describe the basic structure and function of AYUSH healthcare delivery system in India.

Duration: 10:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Understand about Ayush related healthcare services in the country Discuss in detail about Siddha and Ayurveda healthcare setup and services involved. 	<ul style="list-style-type: none"> Prepare a chart about healthcare services provided at Siddha and Ayurveda healthcare organizations specific to Varmam–Marma therapy.
Classroom Aids:	
Charts, Models, Video presentations, Flip Charts, White-Board/Smart Board, Marker, Duster, and AV Aids for Understanding Human Body Structure and Function	
Tools, Equipment and Other Requirements	
Models, Charts and Posters of AYUSH healthcare delivery system in India.	

Module 2: Basic Anatomy and Physiology of the Human Body

Mapped to: HSS/N3624

Terminal Outcomes:

- Demonstrate knowledge of the basic structure and function of the human body.

Duration: 10:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • List down various body parts with a brief understanding of anatomy and physiology. • Explain the concept of homeostasis in the Siddha /Ayurveda system. • Understand the location and functions of 108 vital points (Varmam)in the human body. • Understand the location and functions about 107 (Marma) points in the body associated with different tissues such as muscles, veins, bones and ligaments. 	<ul style="list-style-type: none"> • On a manikin identify different body parts and related vital points. • Prepare a chart depicting vital points related to Varmam-Marma.
Classroom Aids:	
Charts, Models, Video presentations, Flip Charts, White-Board/Smart Board, Marker, Duster, and AV Aids for Understanding Human Body Structure and Function	
Tools, Equipment and Other Requirements	
Models, Charts and Posters related to the human body and structure including vital points related to Varmam–Marma therapy.	

Module 3: Prerequisites to Varmam-Marma Therapy Procedure

Mapped to: Mapped to: HSS/N3624

Terminal Outcomes:

- Conduct pre-procedural requirements for Varmam-Marma Therapy as per instruction.

Duration: 10:00	Duration: 30:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Discuss the Varmam-Marma therapy procedure. • Explain the importance of maintaining cleanliness and orderliness in the work area. • Discuss the importance of maintaining client privacy during the procedure. • Identify limitations or comfort areas of the client based on needs considering factors such as gender, religion, culture, language etc. • Explain about different medicaments and equipment, their description and uses according to procedure. • Describe the basic setup. required for conducting Varmam-Marma Therapy sessions. • Discuss ethics and regulations in the scope of work 	<ul style="list-style-type: none"> • Demonstrate effective interaction with patients in a role play. • Demonstrate the correct method of positioning the patient for the procedure. • Identify different equipment and medicaments in Ayurveda and Siddha systems related to Varmam-Marma Therapy. • Demonstrate the preparation of the Varmam-Marma unit.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster.	
Tools, Equipment and Other Requirements	
Different oils and medicaments, instruments, types of equipment, Charts and Posters of different methods of procedure in Ayurveda and Siddha Therapy eg- Dharai Instruments, varmam table, Sieves, mortar and pestle etc	

Module 4: Pradhan Karma Of Varmam-Marma Therapy

Mapped to: HSS/N3625

Terminal Outcomes:

- Demonstrate the procedure of Varmam-Marma Therapy

Duration: 30:00	Duration: 45:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the importance of maintaining cleanliness and orderliness in doing procedures. • Discuss the importance of maintaining client privacy during the procedure. • Explain body massage techniques, pressing techniques and utilizing specific herbs and preparations. • Describe the significance, techniques, temperature of medicaments, and rhythms during the Varmam-Marma therapy. • Understand about different types of medicaments during the procedure. • Discuss the importance of maintaining the correct position during the process. • Discuss the different processes of the undergoing procedure related to Varmam-Marma Therapy. • Develop a basic understanding of Siddha herbs and preparations. • Develop a basic understanding of Ayurveda herbs and preparations. 	<ul style="list-style-type: none"> • Demonstrate client positioning for the procedure. • Demonstrate the techniques for using different medicaments according to Ayurveda and Siddha. • In a role play, demonstrate massage techniques according to the Siddha and Ayurveda systems.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster.	
Tools, Equipment and Other Requirements	
Oils, medicines, instruments and equipment Charts and Posters of different methods of procedure in the Siddha/Ayurveda system of medicine- Dharai Instruments, Varmam table, Sieves, mortar and pestle etc.	

Module 5: Paschat Karma of Varmam-Marma Therapy

Mapped to: HSS/N3626

Terminal Outcomes:

- Carry out post-procedure activities of the Varmam-Marma Therapy
- Describe Do's and Don'ts of Post Procedure.
- Reporting and documentation

Duration: 30:00	Duration: 45:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Enlist post dos and don'ts of related Varmam-Marma Therapy as per norms. • Explain the importance of giving clear and accurate instructions on self-care. • Discuss the process of handing over personal belongings to the client. • Explain the process of maintaining client's records and confidentiality by legal and professional requirements. • List out the process of maintaining records of consumable and non-consumable items like sheets, towels, napkins etc. • Explain about safety measures of oils medicine from moisture, water, fire, rodents, insects, mites etc. • Explain the process of reporting any malfunction, damage, shortage of stock, missing item, or sub-optimal performance to the appropriate authority. 	<ul style="list-style-type: none"> • Demonstrate the process of packing and storing equipment, materials, and consumables. • Prepare a checklist of equipment, materials, and consumables for storage practices. • Prepare a chart for the Do's and Don'ts related to the procedure according to the Ayurveda and Siddha System. • In a role-play, demonstrate the procedure of reporting an incident to the appropriate authority.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster.	
Tools, Equipment and Other Requirements	
Linen, sheets, towels, napkins, gloves, masks, cleaning agents, disinfectants, sample formats of reports and records used for procedures in Ayurveda and Siddha systems of medicine eg- Dharai Instruments, Varmam table, Sieves, mortar and pestle etc.	

Module 6: Support in day-to-day activity work

Mapped to HSS/HSS/N3628

Terminal Outcomes:

- Demonstrate the activities in the daily regime.

Duration: 15:00	Duration: 45:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Understand how to prioritize tasks and manage time efficiently to support smooth daily operations. • Develop clear and concise communication, both verbal and written, to coordinate with team members, physicians, clients, and management. • Learn to maintain accuracy and thoroughness in all tasks, such as document preparation, scheduling, and reporting. • Discuss the importance of gaining the ability to prioritize multiple tasks based on urgency and importance. • Understand the importance of maintaining confidentiality, especially when dealing with sensitive information and documents. 	<ul style="list-style-type: none"> • Demonstrate safe work practices in a role play. • In a role-play, demonstrate how to answer incoming and outgoing communications such as emails, phone calls etc. • Demonstrate entering data into databases, maintaining records, and updating information as required. • In a role play, assist clients with inquiries, complaints, or requests as per the scope of a job role.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster.	
Tools, Equipment and Other Requirements	
Instruments required for different Ayurveda and Varmam-Marma procedures and documents etc.	

Module 7: Safety, emergency medical response and first aid

Mapped to: HSS/N9624, v1.0

Terminal Outcomes:

- Perform Basic Life Support or basic first aid in medical emergencies, as and when required.
- Respond to institutional emergencies appropriately.

Duration: 05:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the basics of first aid. • List the precautions to be taken for personal safety. • Discuss how to perform Basic Life Support (BLS). • Explain the use of protective devices such as restraints and safety devices. • Identify precautions to be taken for self-safety. • Explain disaster management techniques to deal with institutional emergencies. • Discuss the escalation matrix for referral and management of common emergencies. 	<ul style="list-style-type: none"> • Create a chart depicting different types of protective devices such as restraints and safety devices. • Create a flow chart depicting common emergencies and their referral mechanisms.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, Whiteboard/Smart Board, Marker, Duster.	
Tools, Equipment and Other Requirements	
Crash cart trolley, first aid box, CPR nursing manikin, Ambu bag with mask adult, torch, physical restraints, fire extinguisher	

Module 8: Infection control policies and procedures

Mapped to: HSS/N9618

Terminal Outcomes:

- Develop techniques of self-hygiene.
- Apply infection control policies and procedures during daily activities.

Duration: 03:00	Duration: 03:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the concept of healthy living. • Describe the importance of infection control and prevention. • List strategies for preventing transmission of pathogenic organisms. • Describe the nosocomial infections. • Explain the importance of incident reporting. • Explain the concept of immunization. • Describe the hand-hygiene protocols and procedures used in healthcare-settings. • Explain the importance of using Personal Protective Equipment (PPE). • Describe the process of wearing and removing each of the PPE. • Explain various vaccinations against common infectious diseases. 	<ul style="list-style-type: none"> • Prepare a chart on type of Nosocomial Infections and ways to prevent. • Demonstrate the steps of spill management. • Demonstrate the procedures of hand hygiene using hand sanitizer. • Demonstrate wearing, removing, and discarding of PPE.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster	
Tools, Equipment and Other Requirements	
Hypochlorite solution, chlorhexidine, alcohol swab. Apron, lab coat, gloves, mask, cap, shoes, safety goggles and spectacles, towels, cotton, isopropyl alcohol, Disposable cartridge and syringes, Spill Kit	

Module 9: Bio-medical waste management

Mapped to: HSS/N9618

Terminal Outcomes:

- Dispose different types of biomedical waste in appropriate colour coded bins/containers.
- Apply local protocols of biomedical waste disposal system during daily activities.

Duration: 02:00	Duration: 02:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Categorize the different types of biomedical waste as per prevailing local guidelines. • Explain the importance and mechanism of proper and safe disposal, transportation, and treatment of bio-medical waste. • Identify the various types of colour coded bins/containers used for disposal of biomedical waste. • Explain the importance of following local guidelines of biomedical waste disposal. 	<ul style="list-style-type: none"> • Segregate the biomedical waste applying the local guidelines. • Create a chart depicting different types of biomedical waste and various types of color-coded bins/containers used for disposal of biomedical waste. • Prepare a report on the observations from field assignments about the structure of transportation and treatment of bio-medical waste.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster	
Tools, Equipment and Other Requirements	
Different coded color bins, chart for color coding of bins Visit to biomedical waste treatment plant for field assignment.	

Module 10: DGT/VSQ/N0101 Employability Skills (30 hours)

Mapped to Varmam-Marma Therapy Assistant

Mandatory Duration: 30:00		
Location: On-Site		
Module Name	Key Learning Outcomes	Duration (hours)
Introduction to Employability Skills	<ul style="list-style-type: none"> Discuss the importance of Employability Skills in meeting the job requirements. 	1
Constitutional values - Citizenship	<ul style="list-style-type: none"> Explain constitutional values, civic rights, duties, citizenship, responsibility towards society etc. that are required to be followed to become a responsible citizen. Show how to practice different environmentally sustainable practices. 	1
Becoming a Professional in the 21st Century	<ul style="list-style-type: none"> Discuss 21st-century skills. Display positive attitude, self-motivation, problem-solving, time management skills and a continuous learning mindset in different situations. 	1
Basic English Skills	<ul style="list-style-type: none"> Use appropriate basic English sentences/phrases while speaking. 	2
Communication Skills	<ul style="list-style-type: none"> Demonstrate how to communicate in a well-mannered way with others. Demonstrate working with others in a team. 	4
Diversity & Inclusion	<ul style="list-style-type: none"> Show how to conduct oneself appropriately with all genders and PwD. Discuss the significance of reporting sexual harassment issues in time. 	1
Financial and Legal Literacy	<ul style="list-style-type: none"> Discuss the significance of using financial products and services safely and securely. Explain the importance of managing expenses, income, and savings. Explain the significance of approaching the concerned authorities in time for any exploitation as per legal rights and laws. 	4
Essential Digital Skills	<ul style="list-style-type: none"> Show how to operate digital devices and use the associated applications and features, safely and securely. Discuss the significance of using internet for browsing, accessing social media platforms, safely and securely. 	3
Entrepreneurship	<ul style="list-style-type: none"> Discuss the need for identifying opportunities for potential business, sources for arranging money and potential legal and financial challenges. 	7
Customer Service	<ul style="list-style-type: none"> Differentiate between types of customers. Explain the significance of identifying customer needs and addressing them. Discuss the significance of maintaining hygiene and dressing appropriately. 	4

Getting ready for apprenticeship & Jobs	<ul style="list-style-type: none"> • Create biodata. • Use various sources to search and apply for jobs. • Discuss the significance of dressing up neatly and maintaining hygiene for an interview. • Discuss how to search and register for apprenticeship opportunities. 	2
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LIST OF TOOLS & EQUIPMENT FOR EMPLOYABILITY SKILLS

S No.	Name of the Equipment	Quantity
1.	Computer (PC) with latest configurations – and Internet connection with standard operating system and standard word processor and worksheet software (Licensed) (all software should either be the latest version or one/two versions below)	As required
2.	UPS	As required
3.	Scanner cum Printer	As required
4.	Computer Tables	As required
5.	Computer Chairs	As required
6.	LCD Projector	As required
7.	White Board 1200mm x 900mm	As required

Note: Above Tools & Equipment not required, if Computer LAB is available in the institute.

Module 11: On-the-Job Training to Varmam-Marma Therapy Assistant

Mandatory Duration: 150 :00	Recommended Duration: 00:00
Location: On-Site	
<ul style="list-style-type: none"> • Support In preparation of the main procedure. • Support the patient to follow the regime according to Ayurveda and Siddha. • Demonstrate the concept of procedures in performing Ayurveda and Siddha Therapies. • Assist in various Ayurveda and Siddha procedures as prescribed by the physician. • Planning of pre-procedure, Procedure, and post-procedure of Therapy according to Ayurveda and Siddha Therapy. • Record the observations during the procedure. • Support in the basics of first aid. • List the precautions to be taken for personal safety and medico-legal conduct. • Plan measures for the safety of crude medicine from moisture, water, fire, rodents, insects, and mites etc. • Emphasize the process of the report of any incident. • Record the malfunction, damage, shortage of stock, or missing item • Plan in the process of maintaining records of consumable and non-consumable items like sheets, towels, napkins etc. • Communicate about disaster management techniques to deal with institutional emergencies. • Communicate with the patient regarding any problem related to the procedure. • Follow up for the next appointment and procedure. 	

Annexure



Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialisation	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialisation	Years	Specialisation	
Graduate	Bachelor in Siddha	1				
Graduate	Bachelor in Ayurveda	1				
Post- Graduate	Siddha/Ayurveda	1	Field experience after PG.			

Trainer Certification	
Domain Certification	Platform Certification
Certified for Job Role: “Varmam-Marma Therapy Assistant” mapped to the Qualification Pack: “HSS/Q3608” with minimum score of 80%.	Recommended that the Trainer is certified for the Job Role: “Trainer (VET and Skills)”, mapped to the Qualification Pack: “MEP/Q2601,v2.0” with a minimum score of 80%.

Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
Graduate	Bachelor in Siddha	2				
Graduate	Bachelor in Ayurveda	2				
Post-Graduation	Siddha/Ayurveda	1				

Assessor Certification	
Domain Certification	Platform Certification
Certified for Job Role: “Varmam-Marma Therapy Assistant” mapped to the Qualification Pack: “HSS/Q3608” with minimum score of 80%	Recommended that the Assessor is certified for the Job Role: “Assessor (VET and Skills)”, mapped to the Qualification Pack: “MEP/Q2701,v2.0” with minimum score of 80%.

Assessment Strategy

The emphasis is on 'learning-by-doing' and practical demonstration of skills and knowledge based on the performance criteria. Accordingly, assessment criteria for each job role is set and made available in qualification pack.

The assessment papers for both theory and practical would be developed by Subject Matter Experts (SME) hired by Healthcare Sector Skill Council or with the HSSC accredited Assessment Agency as per the assessment criteria mentioned in the Qualification Pack. The assessments papers would also be checked for the various outcome-based parameters such as quality, time taken, precision, tools and equipment requirement etc.

Each NOS in the Qualification Pack (QP) is assigned a relative weightage for assessment based on the criticality of the NOS. Therein each Element/Performance Criteria in the NOS is assigned marks on relative importance, criticality of function and training infrastructure.

The following tools would be used for final assessment:

1. Practical Assessment: This comprises of a creation of mock environment in the skill lab which is equipped with all equipment required for the qualification pack.

Candidate's soft skills, communication, aptitude, safety consciousness, quality consciousness etc. is ascertained by observation and marked in observation checklist. The outcome is measured against the specified dimensions and standards to gauge the level of their skill achievements.

2. Viva/Structured Interview: This tool is used to assess the conceptual understanding and the behavioral aspects with regard to the job role and the specific task at hand. It also includes questions on safety, quality, environment, and equipment etc.

3. Written Test: Question paper consisting of 100 MCQs (Hard:40, Medium:30 and Easy: 30) with questions from each element of each NOS. The written assessment paper is comprised of following types of questions:

- i. True / False Statements
- ii. Multiple Choice Questions
- iii. Matching Type Questions.
- iv. Fill in the blanks.
- v. Scenario based Questions.
- vi. Identification Questions

QA Regarding Assessors:

Assessors are selected as per the "eligibility criteria" laid down by HSSC for assessing each job role. The assessors selected by Assessment Agencies are scrutinized and made to undergo training and introduction to HSSC Assessment Framework, competency based assessments, assessors guide etc. HSSC conducts "Training of Assessors" program from time to time for each job role and sensitize assessors regarding assessment process and strategy which is outlined on following mandatory parameters:

- 1) Guidance regarding NSQF
- 2) Qualification Pack Structure
- 3) Guidance for the assessor to conduct theory, practical and viva assessments
- 4) Guidance for trainees to be given by assessor before the start of the assessments.
- 5) Guidance on assessments process, practical brief with steps of operations practical observation checklist and mark sheet
- 6) Viva guidance for uniformity and consistency across the batch.
- 7) Mock assessments
- 8) Sample question paper and practical demonstration

Annexure: Acronym and Glossary

Acronym

Acronym	Description
AA	Assessment Agency
AB	Awarding Body
NCrF	National Credit Framework
NOS	National Occupational Standard(s)
NQR	National Qualification Register
NSQF	National Skills Qualifications Framework

Glossary

Term	Description
National Occupational Standards (NOS)	NOS define the measurable performance outcomes required from an individual engaged in a particular task. They list down what an individual performing that task should know and also do.
Qualification	A formal outcome of an assessment and validation process which is obtained when a the competent body determines that an individual has achieved learning outcomes to given standards
Qualification File	A Qualification File (QF) is a template designed to capture necessary information of a Qualification from the perspective of NSQF compliance. The Qualification File will be normally submitted by the awarding body for the qualification.
Sector	A grouping of professional activities on the basis of their main economic function, product, service or technology.
Skill India Digital Hub (SIDH)	Skill India Digital Hub (SIDH) is specially designed and developed to skill, reskill and upskill Indian individuals through an online training platform, API-based trusted skill credentials, payment and discovery layers for jobs and entrepreneurial opportunities
Vocational Training Provider (VTP)	A Vocational Training Provider (VTP) is an organization that offers training in a specific trade or skill.
Training Centre (TC)	A Training Centre (TC) is a training set up where learners undergo skills training related to a specific task or role.

Acronyms and Abbreviations

NOS	National Occupational Standard(s)
NSQF	National Skills Qualifications Framework
QP	Qualifications Pack
PPE	Personal Protective Equipment
SOP	Standard Operating Procedure