



Model Curriculum

QP Name: Garbhini Mitra

QP Code: HSS/Q3801

QP Version: 3.0

NSQF Level: 3

Model Curriculum Version: 1.0

Healthcare Sector Skill Council | | Healthcare Sector Skill Council, 520, DLF Tower A, 5th Floor, Jasola District Centre, New Delhi – 110025

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Training Parameters

Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Ayurveda Allied
Country	India
NSQF Level	3
Aligned to NCO/ISCO/ISIC Code	NCO-2015/NIL
Minimum Educational Qualification and Experience	<ul style="list-style-type: none"> 8th Grade pass with 3 years of relevant experience Previous relevant Qualification of NSQF Level 2.5 with 1.5 years of relevant experience.
Pre-Requisite License or Training	
Minimum Job Entry Age	18Years
Last Reviewed On	18 th February 2025
Next Review Date	18th February 2028
NSQC Approval Date	18th February 2025
QP Version	3.0
Model Curriculum Creation Date	18th February 2025
Model Curriculum Valid Up to Date	18th February 2028
Model Curriculum Version	3.0
Minimum Duration of the Course	360 Hrs.
Maximum Duration of the Course	360 Hrs.

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner should have acquired the listed knowledge and skills.

- Explain the concept and fundamental principles of Ayurveda and Panchakarma related to Prasutitantra and Streeroga.
- Explain the concept and fundamental principles of Garbha- Garbhini Vigyana.
- Explain the concept and fundamental principles of Prasava and Sutika Vigyana.
- Demonstrate the Abhyanga, Swedana (Nadi- Swedana, Parisheka, Avagahana), YoniDhoompana Yoni prakshalana, Yoni Varti, Lepa, Basti
- Explain the concept of Ayurveda Ahara during Anti Natal and Postnatal care.
- Explain the concept of Prasava and Sutika Vigyana.
- Maintain personal hygiene, grooming and personal behaviour by organisation's standards.
- Demonstrate the process of maintaining relevant records.
- Follow biomedical waste disposal and infection control policies and procedures.
- Maintain professional and medico-legal conduct by legislation, protocols and guidelines set up by the relevant authorities.

Compulsory Modules

The table lists the modules and their duration corresponding to the Compulsory NOS of the QP.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
HSS/N3805,V1: Introduction to Prasuti and Stree Roga	10:00	20:00	15:00	00:00	45:00
Module 1:Introduction to Prasuti and Stree Roga in Ayush Healthcare delivery system	05:00	10:00	00:00	00:00	15:00
Module 2:Female Reproductive System Anatomy and Physiology (StreeRachanaSharira and KriyaSharira)	05:00	10:00	15:00	00:00	30:00

HSS/N3801,V3: Assist the clients for Pre-conception care as per the guidance of a Gynecologist(Ayurveda)	10:00	35:00	15:00	00:00	60:00
Module 3:Roles and responsibilities of Garbhini Mitra	05:00	10:00	00:00	00:00	15:00
Module 4:Garbha Vigyana (Pre-conception Care)	03:00	10:00	05:00	00:00	18:00
Module 5:Ayurvedic diet (Ahara)	02:00	15:00	10:00	00:00	27:00
HSS/N3802,V3: Assist the clients for Antenatal Care under the supervision of a Gynecologist (Ayurveda)	20:00	40:00	30:00	00:00	90:00
Module 6:Garbha-GarbhiniVigyana(Antenatal Care)	20:00	40:00	30:00	00:00	90:00
HSS/N3803,V3: Provide Support for Postnatal Careas per the guidance of a Gynecologist (Ayurveda)	15:00	15:00	30:00	00:00	60:00
Module 7:Prasava and Sutika Vigyana(Natal& Postnatal Care)	15:00	15:00	30:00	00:00	60:00
HSS/N9624,V2: Maintain a safe and secure working environment	05:00	10:00	15:00	00:00	30:00
Module 8:Safety, emergency medical response and first aid	05:00	10:00	15:00	00:00	30:00
HSS/N9622,V2: Follow sanitization and infection control guidelines	10:00	20:00	15:00	00:00	45:00
Module 9:Infection control policiesand procedures	10:00	20:00	15:00	00:00	45:00
Sub-Total	90:00	120:00	120:00	00:00	330:00

Employability Skills DGT/VSQ/N0101 (30 Hours)	30:00	00:00	00:00	00:00	30:00
Total	120:00	120:00	120:00	00:00	360:00

Module Details

Module 1: Introduction to Prasuti and Stree Roga in Ayush Healthcare delivery system Mapped to HSS/N3805,V1

Terminal Outcomes:

- Describe Prasuti Tantra and Stree Roga department in the Ayush Healthcare delivery system in India.

Duration: 05:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Understand about Prasuti Tantra and Stree Roga Department in the Ayush healthcare services in the country. Discuss the Integration of AYUSH with modern healthcare. Concept of philosophical and theoretical foundations in Ayush system. Discuss in detail about Prasava Griha, Shishu Griha, Sutika Griha.(Delivery room, Baby room and Postpartum room). 	<ul style="list-style-type: none"> Prepare a flow chart about the system followed in the Prasuti department. In a role play-demonstrate Prasava Griha, Sutika Griha and Shishu Griha along with different equipment.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster	
Tools, Equipment and Other Requirements	
Visit AYUSH Hospital in Prasooti and Stree Roga department, Prasava Griha, Sutika Griha, and Shishu Griha, along with different equipment, such as a breast and uterus model.	

Module 2: Female Reproductive System Anatomy and Physiology (Stree Rachana Sharira and Kriya Sharira)

Mapped to: HSS/N3805,V1

Terminal Outcomes:

- Demonstrate the knowledge of structure and function of the Female Reproductive System.

Duration: 5:00	Duration:10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • List down various body parts with a brief understanding of the (Rachna) anatomy and (Kriya)physiology of the female reproductive system. • Discuss in brief the female reproductive system, breast structure, menstrual cycle, ovulation, fertilization, pregnancy, infertility, gynaecological problems etc. • Explain the concept of qualities (Guna) anddisturbing factors (Dosha) in pregnancy. • Describe the plasma (Rasa Dhatu), blood (Rakta Dhatu) and muscles (Mamsa Dhatu). • Describe the dosha involvement from Garbha Dhana till Prasava Viddhi. • Describe in detail about Garbhini Paricharya, Sutika Paricharya, Shishu Roga etc. • Brief knowledge of govt initiatives for women and child Health. 	<ul style="list-style-type: none"> • Prepare a chart for the female reproductive system & Breast anatomy using charts and models. • Demonstrate various organs of the female reproductive system. • Prepare a chart of the female reproductive system, mammary gland & Menstrual cycle. • List down various doshas and their involvement in various stages of Garbhini. • In a role -demonstrate the Paricharya for Garbhini and Sutika. • List down various schemes and initiatives related to mother and child
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, AV Aids for Understanding Female Reproductive Organs, Mammary gland and its Function	
Tools, Equipment and Other Requirements	
Female Reproductive System model, Breast model, Charts and Posters on Female Reproductive Systems.	

Module 3: Roles and responsibilities of Garbhini Mitra

Mapped to: HSS/N3801,V3

Terminal Outcomes:

- Describe the roles and responsibilities of Garbhini Mitra
- Demonstrate documentation and maintain proper registers.

Duration: 5:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the role and responsibilities of Garbhini Mitra. • Discuss the scope of work and limit of competence and authority related to Garbhini Mitra's role. • Discuss proper documentation of the records of the patient. • Discuss the importance of encouraging women to embrace Ayurvedic principles for comprehensive (Garbhadhana Vidhi)(pre-conception, (Garbhini Paricharya)antenatal, (Prasava)natal, and(Sutika) postnatal care under the supervision of the expert. 	<ul style="list-style-type: none"> • Prepare a chart depicting the roles and responsibilities of Garbhini Mitra • Make a list of steps for (Garbhadhana Vidhi)(pre-conception, (Garbhini Paricharya)antenatal, (Prasava)natal, and(Sutika) postnatal care and maintaining documentation.
-Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, e-modules on CYP guidelines	
Tools, Equipment and Other Requirements	
Visit to AYUSH Hospital for field assignment, charts and models related to female organs .	

Module 4: Garbha Vigyana (Pre-conception Care)

Mapped to: HSS/N3801,V3

Terminal Outcomes:

- Demonstrate the knowledge of Pre-conceptual Care (Garbhadhana Vidhi).

Duration: 3:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the concept of achieving healthy progeny (Garbhadhana Vidhi) as per the instruction of the expert • Explain the concept of Garbhakara Bhava (factors of healthy progeny) • Discuss the Yogasana for healthy life • Explain Matrabasti. Yonipichu and Yoniprakshalana. 	<ul style="list-style-type: none"> • Make a flow chart depicting the Garbhadhana Vidhi. • List down various factors (Bhava's) for Health progeny • Demonstrate different Yoga/Pranayama/ Meditation for healthy progeny • Demonstrate various procedures like Matrabasti. Yonipichu and Yoniprakshalana.
-Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, e-modules on CYP guidelines	
Tools, Equipment and Other Requirements	
Types of equipment related to various procedures, Yoga mats, and charts related to pranayama.	

Module 5: Ayurvedic diet (Ahara)

Mapped to HSS/N3801,V3

Terminal Outcomes:

- Discuss the benefits of an Ayurvedic diet during the pre-and post-natal period
- Demonstrate the usage of Ayurvedic herbs in the diet

Duration: 2:00	Duration: 15:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Definition of Ahara and its types (Ashita, Peeta, Lehya and Khadita) as per the prescription. • Define the kriyas of dincharya. • Knowledge of Samashana, Adhyashana, Vishamshana, etc. Anupama and its importance. • Concept of balanced diet., Nidra (sleep), and Bhramacharya and its significance as guided by the Prasuti expert. • Concept of Dharaniya and Adharaniya vega and their significance in health as per the expert. • Explain about Panchkashya Kalpana preparations. 	<ul style="list-style-type: none"> • Make a chart for the Diet and lifestyle of Garbini. • List down the kriyas of dincharya. • Make a list of Dharaniya and Adharaniya vegas. • Identify medicinal plants and herbs in sa skill lab like Ocimum Sanctum – Tulsi, Azadirachta Indica – Neem, Foeniculum vulgare -shatpushpa, Zingiber officinale- Sunthi, Curcuma longa –Haldi • Demonstration of steps in Panchkashya Kalpana preparation (Swarasa, Kalka, Kashaya, Phanta, Hima) & Ksheerpaka
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, AV aids.	
Tools, Equipment and Other Requirements	
Various equipment related to the preparation of food and medicine, Ayurvedic drugs, charts related to preparation, books and guides related to the above topics.	

Module 6: Garbha-Garbhini Vigyana(Antenatal Care)

Mapped to: HSS/N3802,V3

Terminal Outcomes:

- Demonstrate the knowledge of Antenatal Care (Garbhini Vigyana)

Duration: 20:00	Duration: 40:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the signs and symptoms of Pregnancy (Prasava) as per the guidance of the expert. • Discuss the Garbha Upaghatkara Bhava (Harmful factors for the fetus). • Yogasana during the Antenatal and Post-natal period as per the prescription of the expert. • Explain the diet & lifestyle in Rajaswala and Ritumati Paricharya as per the guidance of the Prasuti expert. 	<ul style="list-style-type: none"> • Charts and Models related to signs and symptoms, Diet & lifestyle in Prasava. • Demonstrate different Yoga/ Pranayama/ Meditation during Garbhini Paricharya • Demonstration of preparation of Manda, Yavagu, Peya, Vilepi, Yusha etc.
-Classroom Aids:	
Charts, Models, Video presentations, Flip Chart, White-Board/Smart Board, Marker, Duster, e-modules on CYP guidelines	
Tools, Equipment and Other Requirements	
Visit to Prasuti department in the Ayush system, Charts and magazines related to the diet and lifestyle of Garbhini.	

Module 7: Prasava and Sutika Vigyana (Natal& Postnatal Care)

Mapped to HSS/N3803,V3

Terminal Outcomes:

- Demonstrate the knowledge of Natal Care (Prasava Vigyana)
- Demonstrate the knowledge of Post-natal Care (Sutika Vigyana)

Duration: 15:00	Duration: 15:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Discuss the essential material and accessories for Sutika(Post-natal care) • Explain the process of monitoring(Garbha)Fetalwell-being during(prasava)labour as guided by the Prasuti expert. • Explain the concept of Sutika Kala. • Explain the techniques of (Stanayapanam) Breastfeedingand Breast-care(Stanayapōṣaṇam) under the guidance of the expert. • Explain the concept of Navajata Shishu Paricharya(baby/infant care) under the guidance of the expert. • Explain the concept of Garbhanirodhak Upayah (contraceptivemethods) as written in the prescription. • Knowledge of the (Śhishu Rogapratirodhak Tikākalpah) vaccination schedule of Newborns as guided by the expert. • Understanding the process of care related to (Yonivṛttacchedamam) episiotomy wounds. • Discuss the process of enema. (Soap- water),Yoniprakshalana. • Understanding the process of Abhyanga, Swedana, and Dhoopana in Sutika as per the prescription. • Explain the process of massage technique in (navajāta) shishu newborns. • Explain the concept of (abdominal bandage) Udarapatta Bandhana as guided by the experts. 	<ul style="list-style-type: none"> • Preparation of essential material kit(like clothes and accessories) for Sutika(Mother) and newborns.(Navjata Shishu) • Write the steps for the process of Fetal well-being. • Demonstration of Enema(Soap-water),Yoniprakshalana. • Prepare a chart explaining the steps for Breast care(Stanayapōṣaṇam) • Make a list of the vaccination (Śhishu Rogapratirodhak Tikākalpah)schedule of Newborns. • Make a chart explaining the contraceptive methods(Garbhanirodhak Upayah • Demonstration of Abhyanga, Swedana, Dhoopana in Sutika. • Demonstrate the method of Udarapatta Bandhana(Abdominal bandage) • Demonstrate the steps for episiotomy wound care. • Demonstrate massage technique in (Navjat)newborns.
-Classroom Aids:	
Charts, Models, Video presentations, Flip Chart, White-Board/Smart Board, Marker, Duster, e-modules on CYP guidelines	
Tools, Equipment and Other Requirements	
Visit to Prasuti department in the Ayush system, Charts and magazines related to the Garbhini and Sutika lifestyle ,various equipment related to this unit.	

Module 8: Safety, emergency medical response and first aid

Mapped to: HSS/N9624,V2

Terminal Outcomes:

- Perform Basic Life Support or basic first aid in medical emergency situations, as and when required.
- Respond to institutional emergencies appropriately.

Duration: 05:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the Do's & Don'ts during common complications in pregnancy. • List the precautions to be taken for personal safety. • Explain the use of protective devices such as restraints and safety devices. • Identify precautions to be taken for self- safety. • Explain about disaster management techniques to deal with institutional emergencies. 	<ul style="list-style-type: none"> • Create a chart depicting different types of protective devices such as restraints and safety devices.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, Whiteboard/Smart Board, Marker, Duster.	
Tools, Equipment and Other Requirements	
first aid box, torch, physical restraints, fire extinguisher	

Module 9: Infection control policies and procedures

Mapped to: HSS/N9622,V2

Terminal Outcomes:

- Develop techniques of self-hygiene.
- Apply infection control policies and procedures during daily activities.
- Understand about bio-medical waste management.

Duration: 10:00	Duration: 20:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the concept of healthy living. • Describe the importance of infection control and prevention. • List strategies for preventing transmission of pathogenic organisms. • Describe hand hygiene guidelines. • Explain the importance of using Personal Protective Equipment (PPE). • Categorize the different types of biomedical waste. • Explain the importance of following local guidelines for biomedical waste disposal. 	<ul style="list-style-type: none"> • Demonstrate hand washing technique. • List various Personal Protective Equipment (PPE). • Create a chart depicting different types of biomedical waste and various types of color-coded bins/containers used for disposal of Biomedical waste.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, Whiteboard/Smart Board, Marker, Duster. Different coded color bins, chart for color coding of bins	

Module 10: Employability Skills (30 hours)

Mapped to DGT/VSQ/N0101,V1: Employability Skills (30 Hours)

Mandatory Duration: 30:00			
Location: On-Site			
S.N o.	Module Name	Key Learning Outcomes	Duration (hours)
1.	Introduction to Employability Skills	<ul style="list-style-type: none"> Discuss the importance of Employability Skills in meeting the job requirements. 	1
2.	Constitutional values - Citizenship	<ul style="list-style-type: none"> Explain constitutional values, civic rights, duties, citizenship, responsibility towards society etc. that are required to be followed to become a responsible citizen. Show how to practice different environmentally sustainable practices. 	1
3.	Becoming a Professional in the 21st Century	<ul style="list-style-type: none"> Discuss 21st century skills. Display positive attitude, self -motivation, problem solving, time management skills and continuous learning mindset in different situations. 	1
4.	Basic English Skills	<ul style="list-style-type: none"> Use appropriate basic English sentences/phrases while speaking. 	2
5.	Communication Skills	<ul style="list-style-type: none"> Demonstrate how to communicate in a well -mannered way with others. Demonstrate working with others in a team. 	4
6.	Diversity & Inclusion	<ul style="list-style-type: none"> Show how to conduct oneself appropriately with all genders and PwD. Discuss the significance of reporting sexual harassment issues in time. 	1
7.	Financial and Legal Literacy	<ul style="list-style-type: none"> Discuss the significance of using financial products and services safely and securely. Explain the importance of managing expenses, income, and savings. Explain the significance of approaching the concerned authorities in time for any exploitation as per legal rights and laws. 	4
8.	Essential Digital Skills	<ul style="list-style-type: none"> Show how to operate digital devices and use the associated applications and features, safely and securely. Discuss the significance of using internet for browsing, accessing social media platforms, safely and securely. 	3
9.	Entrepreneurship	<ul style="list-style-type: none"> Discuss the need for identifying opportunities for potential business, sources for arranging money and potential legal and financial challenges. 	7
10.	Customer Service	<ul style="list-style-type: none"> Differentiate between types of customers. Explain the significance of identifying customer needs and addressing them. Discuss the significance of maintaining hygiene and dressing appropriately. 	4
11	Getting ready for apprenticeship & Jobs	<ul style="list-style-type: none"> Create a biodata. Use various sources to search and apply for jobs. Discuss the significance of dressing up neatly and maintaining hygiene for an interview. Discuss how to search and register for apprenticeship opportunities. 	2

LIST OF TOOLS & EQUIPMENT FOR EMPLOYABILITY SKILLS		
S No.	Name of the Equipment	Quantity
1.	Computer (PC) with latest configurations – and Internet connection with standard operating system and standard word processor and worksheet software (Licensed) (all software should either be latest version or one/two version below)	As required
2.	UPS	As required
3.	Scanner cum Printer	As required
4.	Computer Tables	As required
5.	Computer Chairs	As required
6.	LCD Projector	As required
7.	White Board 1200mm x 900mm	As required
<i>Note: Above Tools & Equipment not required, if Computer LAB is available in the institute.</i>		

Mandatory Duration: 120:00

Module Name: On-the-Job Training

Location: On Site

Terminal Outcomes

- Demonstrate activities to be performed by Garbhini Mitra
- Demonstrate to provide support to Gynaecologist during the prasava(Natal)and (sutika)post Natal period.
- Carry out variety of works including the arrangement of equipment's, instruments, drugs and providing support to patients before, during and after the procedure.
- Perform routine patient care activities during the Prasava(Natal) and (Prasava) post-Natal procedure.
- Check and record the vital parameters to assess the physical state of the patient during the procedure.
- Check the medicines, equipment, and instruments for the preparation of the diet.
- Demonstrate to check and record vital parameters of the patient.
- Demonstrate the procedure for record keeping storage and retrieval.
- Demonstrate strong interpersonal skills, emotional intelligence, and self-awareness.
- Demonstrate the process of donning and doffing of Personal Protective Equipment (PPE).
- Demonstrate handling of biomedical waste from its segregation in different coloured dustbin as per the local biomedical waste management protocol to record entry of inventory of materials purchase for waste disposal.

Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
M.D. /M.S. degree in Prasutitantra&Str eeRoga		1		1		
Graduation	B.A.M.S	5yrs				

Trainer Certification	
Domain Certification	Platform Certification
Certified for Job Role: “Garbhini Mitra” mapped to the Qualification Pack: “HSS/Q3801,V3” with minimum score of 80%.	Recommended that the Trainer is certified for the Job Role: “Trainer (VET and Skills)”, mapped to the Qualification Pack: “MEP/Q2601, v2.0” with minimum score of 80%.

Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
M.D. /M.S. degree in Prasutitantra&StreeRoga		2		1		
Graduation	B.A.M. S	7yrs				

Assessor Certification	
Domain Certification	Platform Certification
Certified for Job Role: “Garbhini Mitra” mapped to the Qualification Pack: “HSS/Q3801, V3” with minimum score of 80%.	Recommended that the Assessor is certified for the Job Role: “Assessor (VET and Skills)”, mapped to the Qualification Pack: “MEP/Q2701, v2.0” with minimum score of 80%.

The emphasis is on 'learning-by-doing' and practical demonstration of skills and knowledge based on the performance criteria. Accordingly, assessment criteria for each job role are set and made available in qualification pack.

The assessment papers for both theory and practical would be developed by Subject Matter Experts (SME) hired by Healthcare Sector Skill Council or with the HSSC accredited Assessment Agency as per the assessment criteria mentioned in the Qualification Pack. The assessments papers would also be checked for the various outcome-based parameters such as quality, time taken, precision, tools and equipment requirement etc.

Each NOS in the Qualification Pack (QP) is assigned a relative weightage for assessment based on the criticality of the NOS. Therein each Element/Performance Criteria in the NOS is assigned marks on relative importance, criticality of function and training infrastructure.

The following tools would be used for final assessment:

1. Practical Assessment: This comprises of a creation of mock environment in the skill lab which is equipped with all equipment required for the qualification pack.

Candidate's soft skills, communication, aptitude, safety consciousness, quality consciousness etc. is ascertained by observation and marked in observation checklist. The outcome is measured against the specified dimensions and standards to gauge the level of their skill achievements.

2. Viva/Structured Interview: This tool is used to assess the conceptual understanding and the behavioral aspects with regard to the job role and the specific task at hand. It also includes questions on safety, quality, environment, and equipment etc.

3. Written Test: Question paper consisting of 100 MCQs (Hard:40, Medium:30 and Easy: 30) with questions from each element of each NOS. The written assessment paper is comprised of following types of questions:

- i. True / False Statements
- ii. Multiple Choice Questions
- iii. Matching Type Questions.
- iv. Fill in the blanks.
- v. Scenario based Questions.
- vi. Identification Questions

QA Regarding Assessors:

Assessors are selected as per the "eligibility criteria" laid down by HSSC for assessing each job role. The assessors selected by Assessment Agencies are scrutinized and made to undergo training and introduction to HSSC Assessment Framework, competency-based assessments, assessors guide etc. HSSC conducts "Training of Assessors" program from time to time for each job role and sensitize assessors regarding assessment process and strategy which is outlined on following mandatory parameters:

- 1) Guidance regarding NSQF
- 2) Qualification Pack Structure
- 3) Guidance for the assessor to conduct theory, practical and viva assessments
- 4) Guidance for trainees to be given by assessor before the start of the assessments.

- 5) Guidance on assessments process, practical brief with steps of operations practical observation checklist and mark sheet
- 6) Viva guidance for uniformity and consistency across the batch.
- 7) Mock assessments
- 8) Sample question paper and practical demonstration

References

Glossary

Sector	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/related set of functions in an industry.
National Occupational Standards (NOS)	NOS are occupational standards which apply uniquely in the Indian context.
Qualifications Pack (QP)	QP comprises the set of OS, together with the educational, training and other criteria required to perform a job role. A QP is assigned a unique qualifications pack code.

Acronyms and Abbreviations

NOS	National Occupational Standard(s)
NSQF	National Skills Qualifications Framework
QP	Qualifications Pack
CYP	Common Yoga Protocol
PPE	Personal Protective Equipment

