



QUALIFICATION PACK - OCCUPATIONAL STANDARDS FOR HEALTH CARE

What are Occupational Standards(OS)?

OS describe what individuals need to do, know and understand in order to carry out a particular job role or function

OS are performance standards that individuals must achieve when carrying out functions in the workplace, together with specifications of the underpinning knowledge and understanding

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Contents

	Introduction and Contacts	1
) - •	Qualifications Pack	2
	Glossary of Key Terms	3
1 .	OS Units	.5
5.	Annexure: Nomenclature for QP & OS	54
5.	Assessment Criteria	56

Introduction Qualification Pack- General Duty Assistant

SECTOR/S: HEALTHCARE SUB-SECTOR: Allied Health & Paramedics OCCUPATION: Non-Direct Care REFERENCE ID: HSS/Q5101 ALIGNED TO: NCO-2015/5329.0101 Brief Job Description: Individuals in this

Brief Job Description: Individuals in this job provide patient care and assist in preparing patient's unit. Some of the key responsibilities of a General Duty Assistant are to provide personal care, comfort and assistance in fulfilling the nutritional and elimination needs of the patient while ensuring their safety

Personal Attributes: The job requires the candidate to be empathetic, mature, compassionate, patient centric. The candidate must be polite and should show respect to the patients belonging to diverse cultural backgrounds. The individual should have good communication and interpersonal skills.





Job Details		Qualifications Pack Code	HSS/Q5101		
		Job Role	General Duty Assistant		
		Credits	TBD	Version number	2.0
		Sector	Healthcare	Drafted on	12/05/2013
		Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
		Occupation	Non-Direct Care	Next review date	16/12/2024
		NSQC Clearance on		NA	

Job Role	General Duty Assistant	
Role Description	Individuals in this job provide patient care and assist in preparing patient's unit. Some of the key responsibilities of a General Duty Assistant are to provide personal care, comfort and assistance in fulfilling the nutritional and elimination needs of the patient while ensuring their safety	
NSQF Level	4	
Minimum Educational Qualifications	10 th Pass	
Maximum Educational Qualifications	Not Applicable	
Prerequisite License or Training	Not Applicable	
Minimum Job Entry Age	18 Years	
Experience	Not Applicable	
Applicable National Occupational Standards (NOS)	 Compulsory: HSS/N5133: Assist patient in bathing, dressing up and grooming HSS/N5104: Support individuals to eat and drink HSS/N5105: Assist the patient in maintaining normal elimination HSS/N5134: Transferring patients and their samples, drugs, documents within the hospital HSS/N5135: Provide support in routine activities of inpatient department HSS/N5115: Carry out last office (death care) HSS/N9617: Maintain a safe, healthy and secure working environment HSS/N9618: Follow infection control policies & procedures including biomedical waste disposal protocols 	
Performance Criteria	As described in the relevant OS units	





Keywords/ Terms	Description
Sector	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/ related set of functions in an industry.
Job role	Job role defines a unique set of functions that together form a unique employment opportunity in an organisation.
Occupational Standards (OS)	OS specify the standards of performance an individual must achieve when carrying out a function in the workplace, together with the knowledge and understanding they need to meet that standard consistently. Occupational Standards are applicable both in the Indian and global contexts.
Performance Criteria	Performance criteria are statements that together specify the standard of performance required when carrying out a task.
National Occupational Standards (NOS)	NOS are occupational standards which apply uniquely in the Indian context.
Qualifications Pack (QP)	QP comprises the set of OSs, together with the educational, training and other criteria required to perform a job role. A QP is assigned a unique qualifications pack code.
Electives	Electives are NOS/set of NOS that are identified by the sector as contributive to specialization in a job role. There may be multiple electives within a QP for each specialized job role. Trainees must select at least one elective for the successful completion of a QP with Electives.
Options	Options are NOS/set of NOS that are identified by the sector as additional skills. There may be multiple options within a QP. It is not mandatory to select any of the options to complete a QP with Options.
Unit Code	Unit code is a unique identifier for an Occupational Standard, which is denoted by an 'N'
Unit Title	Unit title gives a clear overall statement about what the incumbent should be able to do.
Description	Description gives a short summary of the unit content. This would be helpful to anyone searching on a database to verify that this is the appropriate OS they are looking for.
Scope	Scope is a set of statements specifying the range of variables that an individual may have to deal with in carrying out the function which have a critical impact on quality of performance required.
Knowledge and Understanding	Knowledge and understanding are statements which together specify the technical, generic, professional and organizational specific knowledge that an individual need to perform to the required standard.
Organisational Context	Organisational context includes the way the organisation is structured and how it operates, including the extent of operative knowledge managers have of their relevant areas of responsibility.
Technical Knowledge	Technical knowledge is the specific knowledge needed to accomplish specific designated responsibilities.





Core Skills/Generic Skills	Core skills or generic skills are a group of skills that are the key to learning and working in today's world. These skills are typically needed in any work environment in today's world. In the context of the OS, these include communication related skills that are applicable to most job roles.
Keywords/ Terms	Description
HIV	Human Immunodeficiency Virus
MLC	Medico Legal Case
MTP	Medical Termination of Pregnancy
NOS	National Occupational Standard(S)
OS	Occupational Standard(S)
QP	Qualification Pack







HSS/N5133

Assist patient in bathing, dressing up and grooming

National Occupational Standard



Overview

This OS unit is about assisting the patient in bathing, dressing up and grooming to cleanse the patient's body, stimulate blood circulation and improve self-image.







HSS/N5133

Assist patient in bathing, dressing up and grooming

Unit Code	HSS/N5133		
Unit Title	Assist patient in bathing, dressing up and grooming		
(Task)			
Description	This OS unit is about assisting the patient in bathing, dressing up and grooming to cleanse the patient's body, stimulate blood circulation and improve self-image.		
Scope	 This unit/ task covers the following: Maintain patient's privacy Assist the patient in bathing Assist the patient in dressing up Assist the patient in grooming 		
Performance Criteria (PC) w.r.t. the Scope		
Element	Performance Criteria		
Maintain patient's	To be competent, the user/individual on the job must be able to:		
privacy	 PC1. ensure patient's privacy using various means like screens, curtains, locking the door, etc. PC2. drape the patient once the procedures (such as back care, dressing up, perineal care) are completed 		
Assist the patient in	PC3. identify the type of bath that is best suited as per the guidelines,		
bathing	based on the patient's condition and comfort.		
	 PC4. dry patient's skin with a towel and offer back rub after bathing or at bed time to stimulate circulation while ensuring patient's safety PC5. clean and store bathing articles (like tub, shower, chair, sponge tray, bucket, etc.) before and after each use PC6. check the water temperature before patient checks in for bathing PC7. clean the body part starting from the cleanest to the dirtiest region while performing various procedures such as perineal care, eye care or when bathing a patient with skin lesions and rashes PC8. report to the concerned authority about any unusual observation such as cyanosis, rashes, broken, dry, reddened or bruised skin, abnormal body temperature, bleeding, tenderness etc 		
Assist the patient in	PC9. use standard procedure and protocols for dressing-up a patient		
dressing up	 PC10. select appropriate clothing for patient keeping in mind the gender, age, preferences of the patient, size, weather and hospitals/procedural protocols PC11. ensure clothes and the footwear fit the patient correctly PC12. onsure the clothing is fastened with electic facteners. 		
	PC12. ensure the clothing is fastened with elastic fasteners PC13. remove all the accessories like belts, jewellery and scarfs and hand		
	over to the patient's family with proper documentation		



NOS



HSS/N5133	Assist patient in bathing, dressing up and grooming
Assist the patient in grooming	 PC14. follow standard procedure and protocols in providing oral care, hair care and nail care keeping patient's comfort and condition in mind PC15. perform care activities cautiously to avoid injuries to the skin and membranes PC16. store dentures as per latest guidelines/manufacturer's recommendations with patient's identification details to avoid confusion PC17. do part preparation for operative procedure under guidance as per directives from concerned authority PC18. report unusual findings to the concerned authority PC19. encourage patient to do as much as possible to promote independence in carrying out activities of daily living
Knowledge and Unders	tanding (K)
A. Organizational Context (Knowledge of the company / organization and its processes)	 The user/individual on the job needs to know and understand: KA1. important relevant protocols, good practices, standards, policies and procedures KA2. basic structure and function of the healthcare system in the country KA3. basic structure and function of healthcare facilities available at various levels, hospice care, clinics KA4. the nature, aims, objectives, values, policies and systems of the organization KA5. how to engage with medical team or concerned authority for support in case of requirement
B. Technical Knowledge	 The user/individual on the job needs to know and understand: KB1. how to assist patients during complete bed bath, partial bed bath or tub bath KB2. how to give a back rub to the patient KB3. how to clean dentures and store them KB4. how to perform oral care in unconscious patients or patients with altered sensorium KB5. how to prepare patient for hair care KB6. how to prepare patient before cutting the nails KB7. how to prepare patient before providing oral care KB8. how to dress and undress patient without causing discomfort KB9. dressing procedure to prevent spread of infection KB10. appropriate clothing depending upon the patient's condition and the general environment KB11. how to manage additional equipment like catheter or IV lines (intravenous) while performing the dressing task
Skills (S)	
A. Core Skills / Generic Skill	Writing Skills The user/ individual on the job needs to know and understand how to:



NOS



National Occupational Standards

HSS/N5133 Assist patient in bathing, dressing up and grooming

	SA1. use effective written communication protocols		
	Reading Skills		
	The user/ individual on the job needs to know and understand how to:		
	SA2. read and correctly interpret work related documents		
	Oral Communication (Listening and Speaking Skills)		
	The user/individual on the job needs to know and understand how to:		
	SA3. use effective communication with colleagues and other health		
	professionals		
B. Professional Skills	Decision Making		
	The user/individual on the job needs to know and understand how to:		
	Not Applicable		
	Plan and Organize		
	The user/individual on the job needs to know and understand how to:		
	SB1. develop specific goals and plans to prioritize, organize, and accomplish		
	work		
	Customer Centricity		
	The user/individual on the job needs to know and understand:		
	SB2. ensure that all activities of patient care are performed keeping in		
	consideration the patient's health benefits		
	Problem Solving		
	The user/individual on the job needs to:		
	SB3. how to seek the help of nurse for solving the problem if there is an		
	unusual finding		
	Analytical Thinking		
	The user/individual on the job needs to know and understand how to:		
	SB4. use the existing experience for improving the comfort during process		
	Critical Thinking		
	The user/individual on the job needs to know and understand how to:		
	Not Applicable		







HSS/N5133

Assist patient in bathing, dressing up and grooming

NOS Version Control

NOS Code	HSS/N5133		
Credits	TBD	Version number	1.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









Support individuals to eat and drink

National Occupational Standard



Overview

This OS unit is about assisting the patient in maintaining overall nutrition for physical and mental wellbeing, increasing energy levels, enhancing immunity and hastening the healing process.







Support individuals to eat and drink

(Task) This C Description This C physic and h	 by the patient in maintaining overall nutrition for the patient in maintaining overall nutrition for the patient wellbeing, increasing energy levels, enhancing immunity astening the healing process. nit/ task covers the following: Provide adequate support to the patient during drinking and the transmission of the patient during drinking and the transmission.
Description This C physic and h	 cal and mental wellbeing, increasing energy levels, enhancing immunity astening the healing process. nit/ task covers the following: Provide adequate support to the patient during drinking and
physic and h	 cal and mental wellbeing, increasing energy levels, enhancing immunity astening the healing process. nit/ task covers the following: Provide adequate support to the patient during drinking and
Scope This u	Provide adequate support to the patient during drinking and
	eating
Performance Criteria (PC) w.r.t	. the Scope
Element Perfo	rmance Criteria
Provide adequate To be	competent, the user/individual on the job must be able to:
support to the patient PC1.	wash one's hands and the patient to maintain hygiene and to prevent
during drinking and	spread of infections
eating PC2.	
PC3.	
DC4	
PC4.	ensure the food provided is according to the dietary prescription of the attending physician or dietician
PC5.	assist the patient in the event of symptoms of distress like coughing and regurgitation while feeding and drinking and report accordingly
Dec.	
PC6.	assist the patient to maintain elimination needs and oral care prior to feeding
PC7.	
	procedure
PC8.	maintain self-cleanliness and hygiene after feeding
PC9.	
	instruction
PC10). ensure that the patient is upright or in high Fowler's position during
	eating and drinking in order to prevent aspiration
PC11	. report dehydration as evidenced by dry skin and take proper steps for
	fluid replenishment under guidance
PC12	2. measure the details of the intake and record them appropriately
Knowledge and Understanding	
A. Organizational The us Context	ser/individual on the job needs to know and understand:







HSS/N5104	Support individuals to eat and drink		
(Knowledge of the	KA1. important relevant protocols, good practices, standards, policies and		
company /	procedures KA2. basic structure and function of the healthcare system in the country		
organization and processes)	KA3. basic structure and function of healthcare facilities available at various levels, hospice care, clinics		
	KA4. how to work with individuals to promote physical approaches to optimize health, well-being and illness prevention, through the delivery of high- quality, innovative services		
	KA5. the nature, aims, objectives, values, policies and systems of the organization		
	KA6. how to engage with medical team or concerned authority for support in case of requirement		
B. Technical	The user/individual on the job needs to know and understand:		
Knowledge	KB1. basic structure and function of the body system and associated component		
	KB2. the importance of balanced and healthy diet as prescribed by the		
	physician/ dietician KB3. appropriate diet for different medical conditions		
	KB3. appropriate diet for different medical conditions KB4. symptoms like choking or uneasiness while feeding		
	KB5. how to differentiate between types of diet including solid, semi-solid and		
	liquid		
	KB6. body regulation mechanisms including maintenance of body temperature, fluid & electrolyte balance, elimination of body wastes, maintenance of blood pressure		
Skills (S)	KB7. measures for protection from infection		
Skills (S)			
A. Core Skills /	Writing Skills		
	Writing Skills The user/ individual on the job needs to know and understand how to:		
A. Core Skills /	Writing Skills The user/ individual on the job needs to know and understand how to: SA1. use effective written communication protocols		
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A. Core Skills /	Writing Skills The user/ individual on the job needs to know and understand how to: SA1. use effective written communication protocols Reading Skills The user/ individual on the job needs to know and understand how to: SA2. read and correctly interpret work related documents		
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A. Core Skills /	Writing Skills The user/ individual on the job needs to know and understand how to: SA1. use effective written communication protocols Reading Skills The user/ individual on the job needs to know and understand how to: SA2. read and correctly interpret work related documents Oral Communication (Listening and Speaking Skills) The user/individual on the job needs to know and understand how to:		
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A. Core Skills / Generic Skills	Writing Skills The user/ individual on the job needs to know and understand how to: SA1. use effective written communication protocols Reading Skills The user/ individual on the job needs to know and understand how to: SA2. read and correctly interpret work related documents Oral Communication (Listening and Speaking Skills) The user/individual on the job needs to know and understand how to: SA3. use effective communication with colleagues and other health professionals		
A. Core Skills / Generic Skills	Writing Skills The user/ individual on the job needs to know and understand how to: SA1. use effective written communication protocols Reading Skills The user/ individual on the job needs to know and understand how to: SA2. read and correctly interpret work related documents Oral Communication (Listening and Speaking Skills) The user/individual on the job needs to know and understand how to: SA3. use effective communication with colleagues and other health professionals Decision Making		
A. Core Skills / Generic Skills	Writing Skills The user/ individual on the job needs to know and understand how to: SA1. use effective written communication protocols Reading Skills The user/ individual on the job needs to know and understand how to: SA2. read and correctly interpret work related documents Oral Communication (Listening and Speaking Skills) The user/individual on the job needs to know and understand how to: SA3. use effective communication with colleagues and other health professionals Decision Making The user/individual on the job needs to know and understand how to:		







HSS/N5104	Support individuals to eat and drink		
	SB1. arrange the file management area for easy access and efficiency		
	SB2. develop specific goals and plans to prioritize, organize, and accomplish		
	work		
	Customer Centricity		
	The user/individual on the job needs to know and understand how to:		
SB3. ensure that all activities of patient care are performed keeping			
	consideration the patient's health benefits		
	Problem Solving		
	The user/individual on the job needs to know and understand how to:		
	SB4. seek the help of nurse for solving the problem if there is an unusual		
	finding		
	Analytical Thinking		
	The user/individual on the job needs to know and understand how to:		
	SB5. use the existing experience for improving the comfort during the process		
	Critical Thinking		
	The user/individual on the job needs to know and understand how to:		
	Not Applicable		









Support individuals to eat and drink

NOS Version Control

NOS Code	HSS/N5104		
Credits	TBD	Version number	2.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









HSS/N5105

Assist the patient in maintaining normal elimination

National Occupational Standard



Overview

This OS unit is about assisting the patient in urination and defecation and maintaining hygiene during the process.



NOS



	S/N5105	Assist the patient in maintaining normal elimination
	it Code	HSS/N5105
	it Title ask)	Assist the patient in maintaining normal elimination
	scription	This OS unit is about assisting the patient in urination and defecation and
		maintaining hygiene during the process.
Sco	ope	This unit/task covers the following:
		 Support the patient during elimination needs
Pe	rformance Criteria (P	
Ele	ement	Performance Criteria
Su	pport the patient	To be competent, the user/ individual on the job must be able to:
	ring elimination	PC1. respond promptly to patients' elimination needs as per
	eds	hospitals/procedural protocols
		PC2. assist a mobile patient in going to the toilet and provide support like
		giving toilet paper if required or stabilize the commode
		PC3. wash the patient's and one's hands to prevent infection
		PC4. ensure hygiene and cleanliness of patient and surroundings
		especially in the event of spillage
		PC5. use bed pan, urinal, uro-bag and other elimination equipment as per
		procedures and guidelines based on patient's comfort and condition
		PC6. empty the uro bag frequently as per standard procedures and record
		the output under supervision
		PC7. clean and disinfect the equipment after use
		PC8. record changes in color or texture of the faeces and report unusual
		findings immediately
		PC9. measure output and record them
Kn	owledge and Unders	
Α.	Organizational	The user/ individual on the job needs to know and understand:
	Context	KA1. important relevant protocols, good practices, standards, policies and
	(Knowledge of the	procedures
	company /	KA2. basic structure and function of the healthcare system in the country
	organization and	KA3. basic structure and function of healthcare facilities available at various
	its processes)	levels, hospice care, clinics
		KA4. the nature, aims, objectives, values, policies and systems of the
		organization
		KA5. how to engage with medical team or concerned authority for support in
		case of requirement
		The user/ individual on the job needs to know and understand:
	3	KB1. how to assist immobile patient in using a bed pan
		KB2. how to assist a mobile patient to use the commode



NOS



HSS/N5105	Assist the patient in maintaining normal elimination		
	KB3. how to check for kinks and obstruction in an indwelling catheter		
	KB4. the process of cleaning and wiping the patient after elimination to		
	prevent infections		
	KB5. how to identify change in colour, odour or texture of the faeces		
	KB6. basic structure and function of the body system		
	KB7. process, condition & resources required by the body to support healthy		
	functioning		
	KB8. common medical terminologies and abbreviations used		
Skills (S)			
A. Core Skills /	Writing Skills		
Generic Skills	The user/ individual on the job needs to know and understand how to:		
	SA1. use effective written communication protocols where necessary		
	Reading Skills		
	The user/ individual on the job needs to know and understand how to:		
	SA2. read and correctly interpret work related documents		
	Oral Communication (Listening and Speaking Skills)		
	The user/individual on the job needs to know and understand how to:		
	SA3. use effective communication with colleagues and other health		
	professionals while maintaining a professional attitude		
	SA4. listen to colleagues and other health professionals		
	SA5. communicate with the concerned person if the information provided or		
	the medical records are not complete		
B. Professional Skills	Decision Making		
	The user/ individual on the job needs to know and understand how to:		
	Not Applicable		
	Plan and Organize		
	The user/individual on the job needs to know and understand how to:		
	SB1. plan the activity and organize the same with other team members if they		
	are needed		
	Customer Centricity		
	customer centricity		
	The user/ individual on the job needs to know and understand how to:		
	The user/ individual on the job needs to know and understand how to:		
	The user/ individual on the job needs to know and understand how to: SB2. ensure that all patient's care activities are performed keeping in		
	The user/ individual on the job needs to know and understand how to: SB2. ensure that all patient's care activities are performed keeping in consideration the patient's comfort and willingness		
	The user/ individual on the job needs to know and understand how to: SB2. ensure that all patient's care activities are performed keeping in consideration the patient's comfort and willingness Problem Solving		
	 The user/ individual on the job needs to know and understand how to: SB2. ensure that all patient's care activities are performed keeping in consideration the patient's comfort and willingness Problem Solving The user/ individual on the job needs to know and understand how to: 		
	 The user/ individual on the job needs to know and understand how to: SB2. ensure that all patient's care activities are performed keeping in consideration the patient's comfort and willingness Problem Solving The user/ individual on the job needs to know and understand how to: SB3. communicate patient's concerns to appropriate authority 		







HSS/N5105	Assist the patient in maintaining normal elimination
	Critical Thinking
	The user/individual on the job needs to know and understand how to:
	Not Applicable









Assist the patient in maintaining normal elimination

NOS Version Control

NOS Code	HSS/N5105		
Credits	TBD	Version number	2.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









HSS/N5134: Transferring patients and their samples, drugs, documents within the hospital

National Occupational Standard



Overview

This unit is about transferring a patient using proper body mechanics and mobility equipment. This unit also entails transferring patient samples, drugs, patient documentation (patient files, discharge summary etc.) within the hospital.







HSS/N5134: hospital Unit Code HSS/N5134 Unit Title Transferring patients and their samples, drugs, documents within the (Task) hospital Description This unit is about transferring a patient using proper body mechanics and mobility equipment. This unit also entails transferring patient samples, drugs, patient documentation (patient files, discharge summary etc.) within the hospital. This unit/task covers the following: Scope Transfer the patient Transfer patient's paraphernalia such as samples, drugs and documents within hospital Performance Criteria (PC) w.r.t. the Scope Element **Performance Criteria** To be competent, the user/individual on the job must be able to: **Transfer the patient** PC1. check patient's medical condition before transfer and estimate if additional help is required based on his/her weight and ability PC2. ensure that the correct patient is being transferred PC3. ensure the patient has comfortable clothing during transfer process PC4. maintain patient's privacy during the transfer process PC5. use the correct equipment and techniques for transferring the patients to avoid falls or injuries PC6. use proper body mechanics for transferring the patient PC7. ensure that tubings attached to patient are intact while transferring **Transfer patient's** PC8. hand over the patient's documents, samples and drugs to the concerned authority carefully paraphernalia PC9. check if patient's identity on the document and samples are coherent such as samples, drugs and documents within hospital Knowledge and Understanding (K) The user/individual on the job needs to know and understand: A. Organizational Context KA1. how to and whom to inform in case of observing something which is clinically important (Knowledge of the KA2. relevant protocols, good practices, standards, policies and procedures company / KA3. basic structure and function of the healthcare system in the country organization and KA4. basic structure and function of healthcare facilities available at various its processes) levels, hospice care, clinics KA5. professional standards and codes of practice for the area of work KA6. how to balance responsibilities as a professional with organizational and contractual requirements







 KA8. relevant legislation, standards, policies, procedure, ht perspective for patients KA9. how to engage with medical team or concerned authority for case of requirement B. Technical Knowledge The user/individual on the job needs to know and understand: K81. follow relevant protocols, good practices, standards, percedures while transferring the patient K82. use equipment and techniques correctly to avoid injury or int to the patient K83. how to use the equipment like wheelchairs and stretchers K94. how to maneuver smaller equipment like catheters while the patient K85. how to use body mechanics while transferring the patient injury or fall K86. how to determine patients' general medical condition befor K87. use of correct equipment and how to follow proper procedd. K88. how and when to use the brakes on the transferring equip the transfer process K89. ensure that all the required equipment is available for trans K810. how to assess the patient's size and understand if one ne transfer the patient safely K811. how to move the patient/equipment on ramps, slopes, ladd surfaces, etc. K812. how to handover the document and drugs and a acknowledgment K814. the hazards and risks associated with handling medic precautions to be taken and appropriate handling and repo of emergency. K815. basic structure and function of the body system K816. process, condition & resources required by the body to sup functioning K817. how to communicate with the patient and count till three patient knows when to move K818. significance of asking the patient if he is comfortable transferring process. K819. when to check and make request for assistance if required K820. how to check all equipment before moving the patient and eduited to body to sup functional process. 	ems of th uman right
 case of requirement B. Technical Knowledge The user/individual on the job needs to know and understand: KB1. follow relevant protocols, good practices, standards, procedures while transferring the patient KB2. use equipment and techniques correctly to avoid injury or int to the patient KB3. how to use the equipment like wheelchairs and stretchers KB4. how to use body mechanics while transferring the patient KB5. how to use body mechanics while transferring the patient KB5. how to use body mechanics while transferring the patient injury or fall KB6. how to determine patients' general medical condition befor KB7. use of correct equipment and how to follow proper proced. KB9. ensure that all the required equipment is available for transfer for process KB9. ensure that all the required equipment is available for transfer the patient safely KB1. how to protect special attachments like drainage tubing during transfer KB12. how to move the patient/equipment on ramps, slopes, ladde surfaces, etc. KB13. how to handover the document and drugs and acknowledgment KB14. the hazards and risks associated with handling medic precautions to be taken and appropriate handling and repo of emergency. KB15. basic structure and function of the body system KB16. process, condition & resources required by the body to sup functioning KB17. how to communicate with the patient and count till three patient knows when to move KB18. significance of asking the patient if he is comfortable transferring process. KB19. when to check and make request for assistance if required KB20. how to assist the patient in moving from the b stretcher/wheelchair or vice versa by using correct body me	C
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KB20. how to assist the patient in moving from the b stretcher/wheelchair or vice versa by using correct body me	during th
of additional equipment like catheter while moving the patie	ensure safet





	KB23. the location where the patient needs to be transferred to
Skills (S)	
A. Core Skills /	Writing Skills
Generic Skills	The user/ individual on the job needs to know and understand how to:
	SA1. record when and where the patient is being moved as per the
	protocols
	Reading Skills
	The user/individual on the job needs to:
	SA2. read and correctly interpret work related documents
	Oral Communication (Listening and Speaking Skills)
	The user/individual on the job needs to know and understand how to:
	SA3. use effective communication with colleagues and other health
	professionals
A. Professional Skills	Decision Making
	The user/individual on the job needs to know and understand how to:
	Not Applicable
	Plan and Organize
	The user/individual on the job needs to know and understand how to:
	SB5. develop specific goals and plans to prioritize, organize, and accomplis
	work
	Customer Centricity
	The user/individual on the job needs to know and understand:
	SB6. ensure that all activities of patient care are performed keeping in
	consideration the patient's health benefits
	Problem Solving
	The user/individual on the job needs to:
	SB7. how to seek the help of nurse for solving the problem if there is an
	unusual finding
	Analytical Thinking
	The user/individual on the job needs to know and understand how to:
	SB8. use the existing experience for improving the comfort during process
	Critical Thinking
	The user/individual on the job needs to know and understand how to:
	Not Applicable







HSS/N5134: Transferring patients and their samples, drugs, documents within the hospital

NOS Version Control

NOS Code	HSS/N5134		
Credits	TBD	Version number	1.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









HSS/N5135 Provide support in routine activities of in-patient department

National Occupational Standard



Overview

This OS unit is about assisting the nurse in making observations and reporting changes in patient's condition; taking appropriate measurements and cleaning basic clinical equipment, changing/ transferring/ managing laundry/ linen on the floor.







/	Unit Code	HSS/N5135	
	Unit Title (Task)	Provide support in routine activities of in-patient department	
	Description	This OS unit is about assisting the nurse in making observations and reporting changes in patient's condition; taking appropriate measurements and cleaning basic clinical equipment, changing/ transferring/ managing laundry/ linen on the floor.	
	Scope Performance Criteria (F	 This unit/task covers the following: respond to call promptly observe and report changes in patient's overall condition support the healthcare team in measurement of patient's parameters decontaminate commonly used basic patient care equipment manage changing and transporting laundry/ linen on the floor PC) w.r.t. the Scope 	
	Element	Performance Criteria	
	respond to call promptly	 To be competent, the user/individual on the job must be able to: PC1. respond to call bell and identify if the call is for a medical need or a non-medical need and communicate it to the nurse accordingly and appropriately PC2. meet patient's needs whenever required, courteously and sensitively PC3. observe and ensure the call bell is turned off after the purpose is served PC4. survey the patients' surrounding and take appropriate action like checking if drinking water is available in the room. 	
	Observe and report changes in patient's overall condition	 PC5. report color changes like bluish or yellowish discoloration of the skin PC6. report changes in odour or consistency of urine and stools PC7. communicate the observations in an appropriate language PC8. differentiate between immediate and routine reporting requirements 	
	support the healthcare team in measurement of patient's parameters	 PC9. assist the nurse in measuring patient's height and weight using different types of scales including manual and digital PC10. ensure that patient is comfortable and positioned correctly while taking measurements PC11. ensure patient's safety to prevent a fall or an injury 	
	Decontaminate commonly used basic patient care equipment	 PC12. identify best method of decontamination and assemble required material for the purpose in consultation with concerned authority PC13. follow standard operating procedures for decontamination as per manufacturer's instructions/ organizational policies PC14. handle equipment safely or seek the help of nurse while decontamination PC15. use appropriate protective clothing and equipment while decontamination PC16. report to concerned authority about the equipment that are unsuitable for use PC17. dispose off any waste safely and according to organization protocol PC18. maintain proper documentation and records 	







	Support in routine activities of in-patient department
Manage changing	PC19. prepare bed as per the type and protocols in line with organizational policy
and transporting	PC20. ensure linen receptacles that have not been filled or secured correctly in line
laundry/ linen on the	with local policy are not collected or transported
floor with care to	PC21. ensure that trolleys or vehicles are cleaned, with or without disinfection, and
	check that they are in working condition before use.
prevent the spread of	PC22. isolate the unclean or infected trolley or vehicle and report the same.
infection	PC23. collect and transport clean linen avoiding cross contamination with used linen
	PC24. use a trolley or vehicle specifically designated for the delivery of clean linen
	PC25. transport the used linen to the designated department as per hospital policy
	keeping log of the daily records
	PC26. segregate the blood-stained linen separately and disinfect before transport
	PC27. apply personal protective equipment & personal hygiene practices while
	handling linen
Knowledge and Unders	standing (K)
A. Organizational	The user/individual on the job needs to know and understand:
Context	KA1. how to and whom to inform in case of observing something which is clinically
(Knowledge of the	important
company/	KA2. relevant protocols, good practices, standards, policies and procedures
organization and	KA3. basic structure and function of the healthcare system in the country
-	KA4. basic structure and function of healthcare facilities available at various levels,
its processes)	hospice care, clinics
	KA5. how to work with individuals to promote physical approaches to optimizing
	health, well-being and illness prevention, through the delivery of high-quality,
	innovative services
	KA6. professional standards and codes of practice for the area of work
	KA7. how to balance responsibilities as a professional with organizational and
	contractual requirements
	KA8. the nature, aims, objectives, values, policies and systems of the organization
	KA9. relevant legislation, standards, policies, procedure, human rights perspective
	for patients
	KA10. how to engage with both medical team or concerned authority for support in
D. Tashuisal	case of requirement
B. Technical	The user/individual on the job needs to know and understand:
Knowledge	KB1. procedures and codes to be followed in case of call bell in operating call bell
	KB2. the emergency protocols to be followed in case of call bell being pressed to
	urgent needs
	KB3. how response time is linked with patient's satisfaction
	KB4. common reasons for call bells like elimination, need for drinking water or
	turning off the light.
	KB5. the critical reasons for call bells and communicate them promptly to the senior
	healthcare team
	KB6. how to operate patient's bed for different bed positions like propping up.
	KB7. how to place the call button within reach and encourage them to call when in
	need
	KB8. how to use different types of scales including digital, manual, standard, chair
	now to use unterent types of seales including digital, manual, standard, enality







	KB9. how to read the scales correctly and avoid errors
	KB10. the standard procedure while measuring weights like empty bladder, empty
	bowel and light clothing
	KB11. safety and security of the patient
	KB12. different types of observations and how they can impact patient's health
	KB13. different changes in skin colour and their implications
	KB14. different changes such as odour, consistency of urine and faeces and their
	implication
	KB15. skin abrasions or injuries
	KB16. subjective patient's complaints like dizziness, disorientation
	KB17. infection control policies such as using PPE and washing hands frequently
	KB18. how to calibrate the different types of scales
	KB19. how to make adjustments in measurements to ensure correct recordings
	KB20. how to place/position the patient on the scales to avoid faulty recordings
	KB21. how to measure the urine output
	KB22. how to report unusual findings
	KB23. how to clean the equipment
	KB24. how to dispose off waste safely
	KB25. the hazards and risks associated with handling medical samples, precautions
	to be taken and appropriate handling and reporting in case of emergency.
	KB26. how to clean the linen trolleys
	KB27. how to use personal protective equipment
	KB28. to report an incident of exposure while transporting clean linen
	KB29. document the incident following organizational policies
Skills (S)	
Skills (S) A. Core Skills /	
	KB29. document the incident following organizational policies Writing Skills
A. Core Skills /	KB29. document the incident following organizational policies Writing Skills The user/ individual on the job needs to know and understand how to:
A. Core Skills /	KB29. document the incident following organizational policies Writing Skills The user/ individual on the job needs to know and understand how to: SA4. write clearly and concisely and in a proper format
A. Core Skills /	KB29. document the incident following organizational policies Writing Skills The user/ individual on the job needs to know and understand how to: SA4. write clearly and concisely and in a proper format SA5. use effective written communication protocols
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The user/individual on the job needs to know and understand:
SB10. ensure that all activities of patient care are performed keeping in
consideration the patient's health benefits
Problem Solving
The user/individual on the job needs to:
SB11. how to seek the help of nurse for solving the problem if there is an unusual
finding
Analytical Thinking
The user/individual on the job needs to know and understand how to:
SB12. use the existing experience for improving the comfort during process
Critical Thinking
The user/individual on the job needs to know and understand how to:
Not Applicable









HSS/N5135 Provide support in routine activities of in-patient department NOS Version Control

NOS Code	HSS/N5135		
Credits	TBD	Version number	1.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









HSS/N5115

Carry out last office (death care)

National Occupational Standard



Overview

This OS unit is about carrying out the last office i.e. providing death care to the deceased person.







National Occupational Standards

HSS/N5115

Carry out last office (death care)

Unit Code	HSS/N5115
Unit Title (Task)	Carry out last office (death care)
Description	This OS unit is about providing basic care and transferring a patient's body post death.
Scope	 This unit/task covers the following: Providing death care while preserving privacy and dignity of the deceased
Performance Criteria (P	C) w.r.t. the Scope
Element	Performance Criteria
Providing death care	To be competent, the user/individual on the job must be able to:
while preserving privacy and dignity of the deceased	 PC1. attend to hygiene needs specially hair care, nail care and oral hygiene PC2. close all orifices of the dead body as per organizational policy PC3. attempt to close the eyes, using a small piece of clinical tape if required PC4. attach identification labels/wrist bands according to local guidelines and organizational policy PC5. dress the body in a gown/shroud or own clothes, as required PC6. place an incontinence pad underneath to contain any soiling PC7. respect the cultural/religious beliefs and personal wishes of family wherever possible PC8. remove jewelry and any personal items, unless requested or advised otherwise. PC9. place the body in the sheet, securing it with an adhesive tape as per organizational instructions, post completing any necessary documentation by nurse/physician PC10. ensure that appropriate records are made of any personal items left on the body or otherwise. PC11. use personal protective equipment while handling the body PC12. follow personal hygiene practices and protocols while providing death care
Knowledge and Unders	
A. Organizational Context (Knowledge of the company / organization and its processes)	 The user/individual on the job needs to know and understand: KA1. relevant protocols, good practices, standards, policies and procedures KA2. basic structure and function of the healthcare system in the country KA3. sensitization to the mortuary and its related operational aspects KA4. basic structure and function of healthcare facilities available at various levels, hospice care, clinics KA5. professional standards and codes of practice for the area of work KA6. how to balance responsibilities as a professional with organizational and contractual requirements KA7. the nature, aims, objectives, values, policies and systems of the organization KA8. relevant legislation, standards, policies, procedure, human rights perspective for patients







HSS/N5115	Carry out last office (death care)			
	KA9. how to engage with medical team or concerned authority for support in case			
	of requirement			
B. Technical	The user/individual on the job needs to know and understand:			
Knowledge	KB1. the correct use of equipment and techniques to avoid inconvenience during death care			
	KB2. the use of personal protective equipment (PPE) i.e. gloves, plastic apron and surgical mask if required			
	KB3. the Standard Operating Procedures of packing the body			
	KB4. the correct method of labelling the body			
	KB5. basic structure and function of the body systems and associated structures			
	KB6. the hazards and risks associated with handling medical samples, precautions to be taken during transfer			
Skills (S)				
A. Core Skills /	Writing Skills			
Generic Skill	The user/ individual on the job needs to know and understand how to:			
	SA9. write clearly and concisely and in a proper format			
	SA10. use effective written communication protocols			
	Reading Skills			
	The user/ individual on the job needs to know and understand how to:			
	SA11. read and correctly interpret work related documents			
	Oral Communication (Listening and Speaking Skills)			
	The user/individual on the job needs to know and understand how to:			
	SA12. use effective communication with colleagues and other health professionals			
	SA13. listen to colleagues and other health professionals			
B. Professional Skills	Decision Making			
	The user/individual on the job needs to know and understand how to:			
	Not Applicable			
	Plan and Organize			
	The user/individual on the job needs to know and understand how to:			
	SB1. develop specific goals and plans to prioritize, organize, and accomplish work			
	Customer Centricity			
	The user/individual on the job needs to know and understand how to:			
	SB2. ensure that all activities of patient care are performed keeping in			
	consideration the patient's health benefits			
	SB3. communicate effectively with patients and their family, physicians, and			
	other members of the health care team			
	SB4. be responsive and listen empathetically to establish rapport in a way that			
	promotes openness on issues of concern			
	SB5. be sensitive to potential cultural differences			
	SB6. maintain confidentiality			
	SB7. respect the rights of the patient(s)			



NOS



HSS/N5115	Carry out last office (death care)			
	Problem Solving			
	The user/ individual on the job needs to know and understand how to:			
	SB8. seek the help of nurse for solving the problem if there is an unusual finding			
	Analytical Thinking			
	The user/individual on the job needs to know and understand how to:			
	SB9. use the existing experience for improving the comfort during process			
	Critical Thinking			
	The user/individual on the job needs to know and understand how to:			
	Not Applicable			









HSS/N5115

Carry out last office (death care)

NOS Version Control

NOS Code	HSS/N5115		
Credits	TBD	Version number	2.0
Industry	Healthcare	Drafted on	12/05/2013
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019
Occupation	Non-Direct Care	Next review date	16/12/2024









HSS/N9617 Maintain a safe, healthy and secure working environment

National Occupational Standard



Overview

This OS unit is about monitoring the working environment and ensuring safe, healthy, secure and effective working conditions.






Unit Code HSS/N9617 Unit Title Maintain a safe, healthy and secure working environment (Task) Description This OS unit is about monitoring the working environment and ensuring safe, healthy, secure and effective working conditions. This unit/task covers the following: Scope Comply the health, safety and security requirements and procedures for • workplace • Handle any hazardous situation with safely, competently and within the limits of authority Report any hazardous situation and breach in procedures to ensure a safe, healthy, secure working environment Performance Criteria (PC) w.r.t. the Scope Element **Performance Criteria** To be competent, the user/individual on the job must be able to: Comply the health, PC1. identify individual responsibilities in relation to maintaining workplace safety and security health safety and security requirements requirements and PC2. comply with health, safety and security procedures for the workplace procedures for PC3. comply with health, safety and security procedures and protocols for workplace environmental safety To be competent, the user/individual on the job must be able to: Handle any hazardous identify potential hazards and breaches of safe work practices situation with safely, PC4. competently and PC5. identify and interpret various hospital codes for emergency situations within the limits of PC6. correct any hazards that individual can deal with safely, competently and authority within the limits of authority provide basic life support (BLS) and first aid in emergency situations, PC7. whenever applicable PC8. follow the organization's emergency procedures promptly, calmly, and efficiently PC9. identify and recommend opportunities for improving health, safety, and security to the designated person PC10. complete any health and safety records legibly and accurately To be competent, the user/individual on the job must be able to: **Report any hazardous** situation and breach PC11. report any identified breaches in health, safety, and security procedures to in procedures to the designated person ensure a safe, healthy, PC12. report the hazards that individual is not allowed to deal with to the relevant secure working person and warn other people who may get affected promptly and environment accurately Knowledge and Understanding (K)

HSS/N9617 Maintain a safe, healthy and secure working environment







HSS/N9617 Maintain a safe, healthy and secure working environment

	in a safe, nealthy and secure working environment			
A. Organizational	The user/individual on the job needs to know and understand:			
Context	KA1. importance of health, safety, and security in the workplace			
(Knowledge of the	KA2. basic requirements of the health and safety and other legislations and			
company /	regulations that apply to the workplace			
organization and	KA3. person(s) responsible for maintaining healthy, safe and secure workplace			
its processes)	KA4. the relevant up-to-date information on health, safety, and security that			
	applies to the workplace			
	KA5. responsibilities of individual to maintain safe, healthy and secure workplace			
	KA6. how to report the hazard			
B. Technical	The user/individual on the job needs to know and understand:			
Knowledge	KB1. requirements of health, safety and security in workplace			
	KB2. how to create safety records and maintaining them			
	KB3. importance of being alert to health, safety, and security hazards in the work			
	environment			
	KB4. common health, safety, and security hazards that affect people working in			
	an administrative role			
	KB5. how to identify health, safety, and security hazards			
	KB6. importance of warning others about hazards and how to do so until the			
	hazard is dealt with			
Skills (S)				
A. Core Skills/	Writing Skills			
Generic Skills	The user/ individual on the job needs to know and understand how to:			
	SA1. report and record incidents			
	Reading Skills			
	The user/individual on the job needs to know and understand how to:			
	SA2. read and understand company policies and procedures			
	Oral Communication (Listening and Speaking skills)			
	The user/individual on the job needs to know and understand how to:			
	SA3. report hazards and incidents with the appropriate level of urgency clearly			
B. Professional Skills	Decision Making			
	The user/individual on the job needs to know and understand how to:			
	SB1. make decisions pertaining to the area of work			
	Plan and Organize			
	The user/individual on the job needs to know and understand how to:			
	SB2. plan for safety of the work environment			
	Customer Centricity			
	The user/individual on the job needs to know and understand how to:			
	SB3. communicate effectively with patients and their family, physicians, and other members of the health care team			







HSS/N9617 Maintain a safe, healthy and secure working environment

SB4. be capable of being responsive, listen empathetically to establish rapport in a					
way that promotes openness on issues of concern					
Problem Solving					
The user/individual on the job needs to know and understand how to:					
SB5. identify hazards, evaluate possible solutions and suggest effective solutions					
Analytical Thinking					
The user/individual on the job needs to know and understand how to:					
SB6. analyze the seriousness of hazards					
Critical Thinking					
The user/individual on the job needs to know and understand how to:					
SB7. analyze, evaluate and apply the information gathered from observation,					
experience, reasoning, or communication to act efficiently					









HSS/N9617 Maintain a safe, healthy and secure working environment

NOS Version Control

NOS Code	HSS/N9617				
Credits	TBD	Version number	1.0		
Industry	Healthcare	Drafted on	12/05/2013		
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019		
Occupation	Generic	Next review date	16/12/2024		









HSS/N9618 Follow infection control policies & procedures including biomedical waste disposal protocols

National Occupational Standard



Overview

This OS unit is about the safe handling and management of health care waste and following the infection control polices.







Unit Code	HSS/N9618				
Unit Title	Follow infection control policies & procedures including biomedical waste				
(Task)	disposal protocols				
Description	This OS unit is about the safe handling and management of health care waste and following the infection control polices.				
Scope	This unit/ task covers the following:				
	Classification of the waste generated, segregation of biomedical waste,				
	proper collection and storage of waste				
	 Comply with effective infection control protocols that ensures the safety 				
	of the patient (or end-user of health-related products/ services)				
	 Maintain personal protection and preventing the transmission of infection 				
	from person to person				
Performance Criteria (P					
Element	Performance Criteria				
Classification of	To be competent, the user/individual on the job must be able to:				
the waste	PC1. handle, package, label, store, transport and dispose of waste				
generated,	appropriately to minimize potential for contact with the waste and to				
segregation of	reduce the risk to the environment from accidental release				
biomedical	PC2. store clinical or related waste in an area that is accessible only to				
waste, proper	authorized persons				
collection and	PC3. minimize contamination of materials, equipment and instruments by				
storage of waste	aerosols and splatter				
Comply with effective	To be competent, the user/individual on the job must be able to:				
infection control	PC4. apply appropriate health and safety measures following appropriate				
protocols that ensures	personal clothing & protective equipment for infection prevention and				
the safety of the	control				
patient(or end-user of	PC5. identify infection risks and implement an appropriate response within				
health-related	own role and responsibility in accordance with the policies and				
products/ services)	procedures of the organization				
	PC6. follow procedures for risk control and risk containment for specific risks.				
	Use signs when and where appropriate				
	PC7. follow protocols for care following exposure to blood or other body fluids as required				
	PC8. remove spills in accordance with the policies and procedures of the				
	organization				
	PC9. clean and dry all work surfaces with a neutral detergent and warm water				
	solution before and after each session or when visibly soiled				
	PC10. demarcate and maintain clean and contaminated zones in all aspects of				
	health care work				







	disposal protocols				
	PC11. confine records, materials and medicaments to a well-designated clean				
	zone				
	PC12. confine contaminated instruments and equipment to a well-designated				
	contaminated zone				
	PC13. decontaminate equipment requiring special processing in accordance				
	with quality management systems to ensure full compliance with				
	cleaning, disinfection and sterilization protocols				
	PC14. replace surface covers where applicable				
	PC15. maintain and store cleaning equipment				
	PC16. report and deal with spillages and contamination in accordance with				
	current legislation and procedures				
Maintain personal	To be competent, the user/ individual on the job must be able to:				
protection and	PC17. maintain hand hygiene following hand washing procedures before and				
preventing the	after patient contact and/or after any activity likely to cause				
transmission of	contamination				
infection from person	PC18. cover cuts and abrasions with water-proof dressings and change as				
to person	necessary				
	PC19. change protective clothing and gowns/aprons daily, more frequently if				
	soiled and where appropriate, after each patient contact				
	PC20. perform additional precautions when standard precautions alone may				
	not be sufficient to prevent transmission of infection				
Knowledge and Under	standing (K)				
A. Organizational	The user/ individual on the job needs to know and understand:				
Context	KA1. relevant up-to-date information on health, safety, and security that applies				
(Knowledge of the	to the organization				
company /	KA2. organization's emergency procedures and responsibilities for handling				
organization and	hazardous situations				
its processes)	KA3. person(s) responsible for health, safety, and security in the organization				
	KA4. good personal hygiene practice including hand care				
	KA5. the current national legislation, guidelines, local policies and protocols				
	which affect work practice				
B. Technical	The user / individual on the job needs to know and understand:				
Knowledge	KB1. importance of and how to handle, package, label, store, transport and				
	dispose of waste appropriately to minimize potential for contact with				
	the waste and to reduce the risk to the environment from accidental				
	the waste and to reduce the risk to the environment from accidental				
	the waste and to reduce the risk to the environment from accidental release				







	disposal protocols
	risk assessments and how to provide these
	KB4. the required actions and reporting procedures for any accidents,
	spillages and contamination involving waste
	KB5. the requirements of the relevant external agencies involved in the
	transport and receipt of your waste
	KB6. the importance of organizing, monitoring and obtaining an assessment
	of the impact the waste may have on the environment
	KB7. identification and management of infectious risks in the workplace
	KB8. aspects of infectious diseases including opportunistic organisms,
	pathogens
	KB9. basic microbiology including bacteria and bacterial spores, fungi, viruses
	KB10. the path of disease transmission including direct contact and
	penetrating injuries, risk of acquisition
	KB11. susceptible hosts including persons who are immune suppressed, have
	chronic diseases such as diabetes and infants or elderlies
	KB12. routine surface cleaning procedures at the start and end of the day,
	managing a blood or body fluid spill
	KB13. sharps handling and disposal techniques
	KB14. effective hand hygiene including hand wash, surgical hand wash, when
	hands must be washed
	KB15. how to use personal protective equipment
	KB16. the personal clothing and protective equipment required to manage the
	different types of waste generated by different work activities
Skills (S)	
A. Core Skills /	Writing Skills
Generic Skills	The user/ individual on the job needs to know and understand how to:
	SA1. report and record incidents
	Reading Skills
	The user/individual on the job needs to know and understand how to:
	SA2. read and understand company policies and procedures pertaining to
	managing biomedical waste and infection control and prevention
	Oral Communication (Listening and Speaking Skills)
	The user/individual on the job needs to know and understand how to:
	SA3. listen patiently
	SA4. clearly report hazards and incidents with the appropriate level of urgency
B. Professional Skills	Decision Making
	The user/individual on the job needs to know and understand how to:
	SB1. take into account opportunities to address waste minimization,
	environmental responsibility and sustainable practice issues







National Occupational Standards

	disposal protocols
SB2.	apply additional precautions when standard precautions are not sufficient
Plan ar	nd Organize
The us	er/ individual on the job needs to know and understand how to:
SB3.	consistently follow the procedure for washing and drying hands
SB4.	consistently maintain clean surfaces and limit contamination
Custon	ner Centricity
The us	er/ individual on the job needs to know and understand how to:
SB5.	make exceptional effort to keep the environment and work place clean
Proble	m Solving
The use	er/ individual on the job needs to know and understand how to:
SB6.	identify hazards and suggest effective solutions to identified problems
	pertaining to hospital waste and related infections
Analyt	ical Thinking
The use	er/ individual on the job needs to know and understand how to:
SB7.	analyze the seriousness of hazards pertaining to hospital waste and related infections
Critica	I Thinking
The us	er/ individual on the job needs to know and understand how to:
SB8.	apply, analyze, and evaluate the information gathered from observation,
	experience, reasoning, or communication, as a guide to act
SB9.	take into account opportunities to address waste minimization, prevent
	And A Contract of the second s







HSS/N9618 Follow infection control policies & procedures including biomedical waste disposal protocols

NOS Version Control

NOS Code	HSS/N9618				
Credits	TBD	Version number	1.0		
Industry	Healthcare	Drafted on	12/05/2013		
Industry Sub-sector	Allied Health & Paramedics	Last reviewed on	16/12/2019		
Occupation	Generic	Next review date	16/12/2024		





Qualification Pack for General Duty Assistant



Annexure

Nomenclature for QP and NOS



Back to top....





The following acronyms/codes have been used in the nomenclature above:

Sub-sector	Range of Occupation numbers
Diagnostic	01-20
Curative Services	21-50
Non-direct Care	51-75
Community Related	76-85
Generic/ General Health	96-99

Sequence	Description	Example		
Three letters	Industry Name	HSS		
Slash	/	/		
Next letter	Whether Q P or N OS	Q		
Next two numbers	Occupation code	01		
Next two numbers	OS number	01		





Job Role General Duty Assistant

Qualification Pack HSS/Q5101

Sector Skill Council Healthcare Sector Skill Council

Guidelines for Assessment

1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC.

2. The assessment for the theory part will be based on knowledge bank of questions created by the SSC.

3. Assessment will be conducted for all compulsory NOS, and where applicable, on the selected elective/option NOS/set of NOS.

4. Individual assessment agencies will create unique question papers for theory part for each candidate at each examination/training center (as per assessment criteria below).

5. Individual assessment agencies will create unique evaluations for skill practical for every student at each examination/training center based on this criterion.

6. To pass the Qualification Pack, every trainee should score a minimum of 70% of aggregate marks to successfully clear the assessment.

7. In case of *unsuccessful completion*, the trainee may seek reassessment on the Qualification Pack.

Assessment outcomes	Element	Assessment Criteria for outcomes	Total Marks per NOS	Theory	Viva	τιο	Skills Practical
HSS/N5133 : Assist patient in bathing, dressing up and grooming	Maintain patient's privacy	 PC1. ensure patient's privacy using various means like screens, curtains, locking the door, etc. PC2. drape the patient once the procedures (such as back care, dressing up, perineal care) are completed 	316	10	5	10	
	Assist the patient in bathing	PC3. identify the type of bath that is best suited as per the guidelines, based on the patient's condition and comfort. PC4. dry patient's skin with a towel and offer back rub after bathing or at		30	10	10	5 5





						1
		bed time to stimulate circulation				
		while ensuring patient's safety				
		PC5. clean and store bathing articles				5
		(like tub, shower, chair, sponge tray,				
		bucket, etc.) before and after each				
		use				
		DCC shock the water temperature				10
		PC6. check the water temperature				10
		before patient checks in for bathing				
		PC7. clean the body part starting				5
		from the cleanest to the dirtiest				
		region while performing various				
		procedures such as perineal care,				
		eye care or when bathing a patient				
		with skin lesions and rashes				
		PC8. report to the concerned				5
		authority about any unusual				
		observation such as cyanosis, rashes,				
		broken, dry, reddened or bruised				
		skin, abnormal body temperature,				
		bleeding, tenderness etc				
A	ssist the	PC9. use standard procedure and	30	10	10	10
p	atient in	protocols for dressing-up a patient				
d	ressing					
u	р	PC10. select appropriate clothing for				10
		patient keeping in mind the gender,				
		age, preferences of the patient, size,				
		weather and hospitals/procedural				
		protocols				
		PC11. ensure clothes and the				5
		footwear fit the patient correctly				-
		PC12. ensure the clothing is fastened				5
		with elastic fasteners				
		PC13. remove all the accessories like				5
		belts, jewellery and scarfs and hand				
		bens, jewenery and scarts and hallu				





		over to the patient's family with proper documentation					
	Assist the patient in grooming	PC14. follow standard procedure and protocols in providing oral care, hair care and nail care keeping patient's comfort and condition in mind		30	10	10	10
		PC15. perform care activities cautiously to avoid injuries to the skin and membranes					5
		PC16. store dentures as per latest guidelines/manufacturer's recommendations with patient's identification details to avoid confusion					5
		PC17. do part preparation for operative procedure under guidance as per directives from concerned authority					6
		PC18. report unusual findings to the concerned authority					6
HSS/N5104 Support individuals to eat and	Provide adequate support to the	PC1. wash one's hands and the patient to maintain hygiene and to prevent spread of infections	78	30	10	10	2
drink	to the patient during drinking and eating	PC2. make the patient comfortable and encourage them to eat and drink independently as much as possible					2
		PC3. use appropriate cutlery while feeding the patient, keeping in view the food temperature					2
		PC4. ensure the food provided is according to the dietary prescription of the attending physician or dietician					2





			I		1	<u> </u>	
		PC5. assist the patient in the event					2
		of symptoms of distress like					
		coughing and regurgitation while					
		feeding and drinking and report					
		accordingly					
		PC6. assist the patient to maintain					2
		elimination needs and oral care prior					
		to feeding					
		PC7. wipe the patients' hands and					3
		mouth and clean their dress after					
		the procedure					
		PC8. maintain self-cleanliness and					2
		hygiene after feeding					
		PC9. provide water or liquid diet to					3
		the patient according to the					
		prescribed instruction					
		PC10. ensure that the patient is					3
		upright or in high Fowler's position					
		during eating and drinking in order					
		to prevent aspiration					
		PC11. report dehydration as					3
		evidenced by dry skin and take					
		proper steps for fluid replenishment					
		under guidance					
		PC12. measure the details of the					4
		intake and record them					
		appropriately					
HSS/N5105	Support	PC1. respond promptly to patients'	89	30	10	10	2
Assist	the	elimination needs as per					
patient in		hospitals/procedural protocols					
maintainin g normal	during eliminatio	PC2. assist a mobile patient in going					5
elimination	n needs	to the toilet and provide support like					
Cimination	ii neeus	giving toilet paper if required or					
		stabilize the commode					





						. <u> </u>	
		PC3. wash the patient's and one's					5
		hands to prevent infection					
							-
		PC4. ensure hygiene and cleanliness					2
		of patient and surroundings					
		especially in the event of spillage					
		PC5. use bed pan, urinal, uro-bag					10
		and other elimination equipment as					
		per procedures and guidelines based					
		on patient's comfort and condition					
		PC6. empty the uro bag frequently as					5
		per standard procedures and record					
		the output under supervision					
		PC7. clean and disinfect the					8
		equipment after use					
		PC8. record changes in color or					8
		texture of the faeces and report					
		unusual findings immediately					
		PC9. measure output and record					5
		them					
HSS/N5134	Transfer	PC1. check patient's medical	116	35	10	10	2
:Transferrin	the	condition before transfer and					
g patients	patient	estimate if additional help is					
and their		required based on his/her weight					
samples,		and ability					
drugs,		PC2. ensure that the correct patient					2
documents		is being transferred					2
within the							
hospital		PC3. ensure the patient has					2
		comfortable clothing during transfer					
		process					
		·					
		PC4. maintain patient's privacy					2
		during the transfer process					





		PC5. use the correct equipment and					2
		techniques for transferring the					
		patients to avoid falls or injuries					
		PC6. use proper body mechanics for					2
		transferring the patient					2
		PC7. ensure that tubings attached to					2
		patient are intact while transferring					
Trans	Transfer	PC8. hand over the patient's		23	10	8	3
	patient's	documents, samples and drugs to					
	parapher nalia such as samples,	the concerned authority carefully					
							2
		PC9. check if patient's identity on					3
		the document and samples are coherent					
	drugs and						
	document						
	s within						
	hospital						
HSS/N5135	respond	PC1. respond to call bell and identify	215	18	10	5	2
Provide	to call	if the call is for a medical need or a					
support in	promptly	non-medical need and communicate					
routine		it to the nurse accordingly and					
activities of		appropriately					
in-patient		PC2. meet patient's needs whenever					1
departmen		required, courteously and sensitively					1
t							
		PC3. observe and ensure the call bell					1
		is turned off after the purpose is					
		served					
		PC4. survey the patients'					2
		surrounding and take appropriate					
	I						
		action like checking if drinking water					
		action like checking if drinking water is available in the room.					
		is available in the room.					
	Observe and			15	10	5	2



Qualification Pack for General Duty Assistant



report	PC6. report changes in odour or				2
changes	consistency of urine and stools				
in					
patient's	PC7. communicate the observations				2
overall condition	in an appropriate language				
condition	PC8. differentiate between				3
	immediate and routine reporting				
	requirements				
support	PC9. assist the nurse in measuring	13	10	10	2
the	patient's height and weight using				
healthcar	different types of scales including				
e team in	manual and digital				
measure	DC10 answer that notions is				2
ment of	PC10. ensure that patient is				2
patient's	comfortable and positioned correctly				
paramete	while taking measurements				
rs	PC11. ensure patient's safety to				2
	prevent a fall or an injury				
Deconta	PC12. identify best method of	17	10	10	3
minate	decontamination and assemble				
commonl	required material for the purpose in				
y used	consultation with concerned				
basic	authority				
patient	PC13. follow standard operating				3
care	procedures for decontamination as				5
equipmen	per manufacturer's instructions/				
t	organizational policies				
	PC14. handle equipment safely or				3
	seek the help of nurse while				
	decontamination				
	PC15. use appropriate protective				3
	clothing and equipment while				
	decontamination				





	PC16 report to concerned authority				2
	PC16. report to concerned authority				2
	about the equipment that are				
	unsuitable for use				
	PC17. dispose off any waste safely				1
	and according to organization				
	protocol				
	PC18. maintain proper				3
	documentation and records				
Manage	PC19. prepare bed as per the type	14	10	10	3
changing	and protocols in line with				
and	organizational policy				
transporti	PC20. ensure linen receptacles that				3
ng	have not been filled or secured				
laundry/	correctly in line with local policy are				
linen on	not collected or transported				
the floor					
with care	PC21. ensure that trolleys or vehicles				2
to	are cleaned, with or without				
prevent	disinfection, and check that they are				
the spread of	in working condition before use.				
infection	PC22. isolate the unclean or infected				3
	trolley or vehicle and report the				
	same.				
	PC23. collect and transport clean				3
	linen avoiding cross contamination				
	with used linen				
	PC24. use a trolley or vehicle				3
	specifically designated for the				
	delivery of clean linen				
	PC25. transport the used linen to the				2
	designated department as per				2
	hospital policy keeping log of the				
	daily records				





		PC26. segregate the blood-stained linen separately and disinfect before transport					3
		PC27. apply personal protective equipment & personal hygiene practices while handling linen					2
HSS/N5115 Carry out last office (death	Providing death care while preservin	PC1. attend to hygiene needs specially hair care, nail care and oral hygiene	63	14	15	10	4
care)	g privacy and	PC2. close all orifices of the dead body as per organizational policy					3
	dignity of the deceased	PC3. attempt to close the eyes, using a small piece of clinical tape if required				3	
		PC4. attach identification labels/wrist bands according to local guidelines and organizational policy					3
		PC5. dress the body in a gown/shroud or own clothes, as required					3
		PC6. place an incontinence pad underneath to contain any soiling					3
		PC7. respect the cultural/religious beliefs and personal wishes of family wherever possible					3
		PC8. remove jewelry and any personal items, unless requested or advised otherwise.					3
		PC9. place the body in the sheet, securing it with an adhesive tape as per organizational instructions, post completing any necessary documentation by nurse/physician					3





		T					
		PC10. ensure that appropriate					3
		records are made of any personal					
		items left on the body or otherwise.					
		DC11					-
		PC11. use personal protective					3
		equipment while handling the body					
		PC12. follow personal hygiene					1
		practices and protocols while					
		providing death care					
HSS/N9617	Complyin	PC1. identify individual	59	7	10	2	
Maintain a	g the	responsibilities in relation to					
safe,	health,	maintaining workplace, health safety					
healthy and safety	and security requirements						
secure		PC2. comply with health, safety and					
working	security						
environme	requirem	security procedures for the					
nt	nt ents and	workplace					
	procedur	PC3. comply with health, safety and					
	es for	security procedures and protocols					
	workplac	for environmental safety					
	е						
	Handling	PC4. identify potential hazards and		8	10	5	
	hazardou	breaches of safe work practices		0	10	5	
	S	breaches of sale work practices					
	situation	PC5. identify and interpret various					
	Situation	hospital codes for emergency					
		situations					
		PC6. correct any hazards that an					
		individual can deal with safely,					
		competently and within the limits of					
		authority					
		PC7. provide basic life support (BLS)					
		and first aid in emergency situations,					
	1						
		whenever applicable					
		whenever applicable					
		whenever applicable PC8. follow the organization's					





	Reporting any hazardou s	 PC9. identify and recommend opportunities for improving health, safety, and security to the designated person PC10. complete any health and safety records legibly and accurately PC11. report any identified breaches in health, safety, and security procedures to the designated person 		5	10	2	
	situation	PC12. report the hazards that individual is not allowed to deal with to the relevant person and warn other people who may get affected					
HSS/N9618 Follow infection control policies & procedures including biomedical waste disposal protocols	Classificat ion of the Waste Generate d, Segregati on of Biomedic al Waste ,Proper collection and storage of Waste	 PC1. handle, package, label, store, transport and dispose of waste appropriately to minimize potential for contact with the waste and to reduce the risk to the environment from accidental release PC2. store clinical or related waste in an area that is accessible only to authorized persons PC3. minimize contamination of materials, equipment and instruments by aerosols and splatter 	64	5	10	3	
	Complyin g with effective infection control protocols	 PC4. apply appropriate health and safety measures following appropriate personal clothing & protective equipment for infection prevention and control PC5. identify infection risks and implement an appropriate response within own role and responsibility in accordance with the policies and procedures of the organization 		8	10	5	





PC6. follow procedures for risk		
control and risk containment for		
specific risks. Use signs when and		
where appropriate		
PC7. follow protocols for care		
following exposure to blood or other		
body fluids as required		
PC8. remove spills in accordance		
with the policies and procedures of		
the organization		
PC9. clean and dry all work surfaces		
with a neutral detergent and warm		
water solution before and after each		
session or when visibly soiled		
PC10. demarcate and maintain clean		
and contaminated zones in all		
aspects of health care work		
PC11. confine records, materials and		
medicaments to a well-designated		
clean zone		
PC12. confine contaminated		
instruments and equipment to a		
well-designated contaminated zone		
PC13. decontaminate equipment		
requiring special processing in		
accordance with quality		
management systems to ensure full		
compliance with cleaning,		
disinfection and sterilization		
protocols		
PC14. replace surface covers where		
applicable		
PC15. maintain and store cleaning		
equipment		



Qualification Pack for General Duty Assistant



Maintai ng persona protecti n and	following hand washing procedures before and after patient contact /or	8	10	5	
g the transmi on of infectio from person person	 necessary PC19. change protective clothing and gowns/aprons daily, more frequently 				